

Resources for Family Caregivers

Wisconsin Bureau of Aging & Disability Resources

<http://dhfs.wisconsin.gov/aging/>

Family Caregivers play an important role in providing care to older people. **The National Family Caregiver Support Program (NFCSP)** was designed to meet the needs of people through the following five main components to this service:

- Information to caregivers about available services.
- Assistance to caregivers in gaining access to services.
- Individual counseling, support groups, and training to caregivers.
- Respite care to help caregivers take a break from providing care.
- Supplemental services.

To learn about the Family Caregiver Support Program in your area, contact your [County or Tribal Aging Unit](#). They can be your first stop for help. Every county and tribe has an aging unit to serve older adults in Wisconsin.

The Alzheimer's Family and Caregiver Support Program or AFCSP

Alzheimer's Association Greater Wisconsin Chapter: www.alz.org/gwwi

Alzheimer's Association of Southeastern Wisconsin: www.alz.org/sewi

Alzheimer's Association South Central Wisconsin Chapter: www.alz.org/scwisc

This program was created by the Wisconsin legislature in 1985 in response to the stress and service needs of families caring at home for someone with irreversible dementia. To be eligible, a person must have a diagnosis of Alzheimer's disease or a related disorder, and be financially eligible. The program is coordinated by the Wisconsin Bureau of Aging and Disability Resources and is available in every county throughout the state.

The U.S. Administration on Aging (AoA)

<http://www.aoa.gov/prof/aoaprogram/caregiver/caregiver.asp>

The Administration on Aging (AoA) web site is designed to provide a comprehensive overview of a wide variety of topics, programs and services related to aging. Whether you are an older individual, a caregiver, a community service provider, a researcher, or a student, you will find valuable information provided in a user-friendly way. For over 35 years, the AoA has provided home and community-based services to millions of older persons through the programs funded under the Older Americans Act. The home-delivered meals programs or nutrition services in congregate settings, transportation, adult day care, legal assistance or health promotion programs are among the programs. **The National Family Caregiver Support Program (NFCSP)** provides a variety of services to help people in caring for family members who are chronically ill or have disabilities.

Extension Family Caregiving

www.extension.org

The Extension Family Caregiving website has information on health, nutrition, housing, employment, and finances.

Wisconsin Alliance for Family Caregiving

<http://www.uwex.edu/ces/flp/caregiving/> The Alliance is a network of individuals with a common goal of educating, connecting and supporting organizations and individuals who work with family

caregivers. The website is designed to help professionals working with family caregivers find resource materials, research, training and networking opportunities. Family caregivers will also find the site helpful for locating family caregiving classes and caregiving resources that address everyday needs and concerns.

The League of Experienced Family Caregivers (LEFC)

<https://www4.uwm.edu/lefc/index.cfm>

At the University of Wisconsin–Milwaukee Helen Bader School of Social Welfare, Applied Gerontology, a registry of family members who care for their spouses, parents, or other elderly relatives and who want to help other families by sharing information about their experiences as caregivers. Family caregivers who enroll in the registry are part of a research program working to help create better services and resources to support family caregivers throughout the country.

Wisconsin Alzheimer's Chapters

http://alzheimers.about.com/od/wisconsinchapters/Wisconsin_Alzheimers_Chapters.htm

Information on:

- Support for Alzheimer's
- Advocates for Alzheimer's
- How to get involved
- Laws
- Insurance updates
- Finding your local chapter.

National Alzheimer's Association

<http://www.alz.org/>

The Alzheimer's Association is the leading voluntary health organization in Alzheimer care, support and research. Mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's disease.

National Alliance for Caregiving (NAC)

www.caregiving.org.

Resources for building family caregiver coalitions and suggestions for activities for November Caregiving Awareness Days. Subscribe to free online newsletter for suggested calendar items for coalition Caregiver Awareness Day planning. The newsletter also includes information and tips on coalition sustainability, advocacy capacity-building, media successes and tools, as well as ideas on how to strengthen local coalitions. If you have suggestions based on previous experience with events such as this, please contact NAC so that the information can be shared with others. Stay in touch with NAC staff to help you stay on track, and provide you with the tools you need. Contact Dee Dee Eberle at deedee@caregiving.org, or at (913) 704-8144 if you need information or support.

Rosalynn Carter Institute for Caregiving

<http://www.rosalynncarter.org/>

Promotes caring competence in caregiving.

National Women's Health Information Center

www.womenshealth.gov

The National Women's Health Information Center (NWHIC) is the most reliable and current

information resource on women's health today offering FREE women's health information on more than 800 topics through our call center and web site.

<http://www.4woman.gov/faq/caregiver.htm#b>

AARP Resources for family caregivers

www.aarp.org/foundation <http://www.aarp.org/families/caregiving/>