

Bo Butterfield Scenario

Bo Butterfield

Your life:

- You have Cerebral Palsy, Seizure Disorder, and a history of verbal and physical aggression.
- You moved to Sunnyfield 6 months ago.
- Your mom and dad come to visit you a lot and you like that.
- You are very artistic and enjoy going to the Activity Center. You are currently working on a painting for your mom.
- Sometimes you get very angry when people tell you what to do, but you haven't acted out for the past few months.

You value:

- Not being told what to do
- Finding a safe space to go when you are mad or upset
- Doing arts and crafts

You appear in Scene One

Summary of the Scenario

Bo Butterfield is a 25-year-old male resident of Sunnyfield Community-Based Residential Facility (CBRF). Bo has Cerebral Palsy and Seizure Disorder. He also has a history of verbal and physical aggression. Since moving to Sunnyfield six months ago, he has worked closely with his therapist Maria to manage his anger. Bo has developed a trusting relationship with Maria.

One day, Bo is scheduled to go to the Activity Center. Bo usually likes to work on his arts and crafts at the Activity Center. On this occasion though, Bo refuses to go, saying he doesn't feel well. CNA Ann Anderson manages to get Bo on the van to go to the center, but her tactics disregard Bo's rights and may even be abusive. Ann's actions are observed by two other caregivers, Bailey and Kim.

After Bo tells Maria about the incident, she convinces Bo to report it to the administrator, Toua Yang. Toua informs Bo's parents of the incident and immediately begins an investigation into possible caregiver misconduct.

Lives

- **Bo Butterfield**, a CBRF resident
- **Maria Garcia**, Occupational Therapist
- **Kim Carson**, CNA with 2 years of experience
- **Bailey Barnes**, a new caregiver being mentored by CNA Ann
- **Toua Yang**, Administrator of Sunnyfield CBRF
- **Deena Butterfield**, Bo's mother
- **Dan Butterfield**, Bo's father
- **Ron Records**, Documentation Specialist

Who is in each Scene

- **Scene One** (on Blue paper): Bo and Maria
- **Scene Two** (Green): Kim and Bailey
- **Scene Three** (Yellow): Toua, Deena, and Dan
- **Scene Four** (Pink): Kim, Bailey, Maria

Bo Butterfield, age 25

Starter page

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Props: VCR tape

Scenes you are in: One (Blue)

Warm-Up

Bailey, Kim, and Toua in the break room:

- Toua, ask Bailey how his training is coming along.
- Bailey, tell Toua training is ok – interesting, but challenging.
- Kim, tell Toua that you think Bailey is beginning to fit in well, and say something else nice about his way with the residents.

All can talk about the weather and/or driving to work.

Bo, Maria, and Ron go to Bo's room:

- Maria, ask Bo about his newest project at the Activity Center.
- Bo, tell Maria about the picture you're painting for your mom. Also, show Maria and Ron the new John Wayne movie your mom and dad brought last week.
- Ron, talk about how well Bo is adjusting at Sunnyfield.

Butterfields at home:

- Talk about your plans for visiting Bo later in the week. (If no Dan, Deena can talk to the Facilitator about how well Bo seems to be doing at Sunnyfield.)

Scene One: Blue

Time: Thursday morning, 2 days after the incident, Maria's office
Participants: Maria and Bo

Maria: Hi, Bo. It's good to see you. Is something bothering you? You look a little upset today.

Bo: Well, on Tuesday, I didn't feel very good. I just wanted to go to my room and lay down. Nobody told me we were going to the Activity Center.

Maria: What happened then, Bo?

Bo: You know Ann, the mean one? She and that new person got really mad at me when I said I didn't feel good.

Maria: What did Ann do?

Bo: Well...she pulled on my mattress. I fell on the floor. I went and sat in my closet so Ann couldn't get to me. I tried to tell Ann I wanted my own space.

Maria: I'm proud of you for not losing your cool, Bo. You headed for a safe place like we practiced during your sessions. Then what happened?

Bo: Ann pulled me out of the closet by my arm. It still hurts. Then she made me put on my shoes. They made me get in the van and go to the Activity Center.

Maria: Do you want to talk to Toua about what happened, Bo? I'll be glad to go with you.

Bo: I'm afraid to tell Toua what happened — Ann might be really mad then!

Maria: I have a duty to report this to Toua. It's our job to protect you, Bo.

Bo: Well, ok, I'll go. But I'm really mad at Ann and that new guy. I'm not talking to them anymore.

Written Statement of Ann Anderson, CNA

As usual, Bo didn't want to cooperate when we came to help him get ready to go to the Activity Center. He didn't want to go, but we had to get him up and ready. Bailey was helping me get him up. Bo likes to make excuses and swear at us when we try to get him to do something. He is better off when he's active, so we wanted him to go to the Activity Center. He was talking about how he didn't feel good. He wanted to stay in his room all day. We knew that he was feeling OK because he was just walking down the hall and looked fine.

When we came in the room, Bo was lying in bed with the covers over his head. He didn't want to get out of bed, so I just tilted the mattress a little bit to get him going.

When he entered the closet to hide out, we had to talk to him for a long time to get him to come out. He came out of the closet by himself and we got his shoes on him. Everything was fine after that. Bo hasn't really talked to me that much since then. Maybe he's still a little upset, but he'll be OK. Bo just needs a little discipline.

I never pushed him or pulled him out of the closet. Bo is just making up stories just to get me in trouble.

Ann Anderson, CNA

Bo Butterfield, Individualized Service Plan

(excerpted)

Diagnosis:

- Anxiety
- Post-Traumatic Stress Disorder
- Impulse Control Disorder
- Cerebral Palsy
- Seizure Disorder
- History of verbal and/or physical aggression
- Anger management issues
- Speech is slow and labored, but clear

Personal interests:

- Jazz music—very soothing to Bo
- Old western movies—loves John Wayne
- Making arts and crafts at the Activity Center

Communication strategies:

- Offer support and empathetic listening
- Stay calm. Loud voices and commands make Bo anxious
- Offer choices
- Retreat and re-approach later if Bo becomes anxious or uncooperative

Safety:

- Likes advance notice of changes in facility activities, especially leaving
- Offer choices. Bo is easily angered/rattled. Leave alone to find own “safe place” if upset

Services:

- Occupational Therapy (OT) and Physical Therapy (PT)
(Note: Bo has a very good relationship with OT Maria)