SAMPLE FAMILY CHILD CARE DAILY SCHEDULE

6:00 am Arrival – greet families and children, select an activity

8:00 am Breakfast

8:30 am Choice Time and Small Groups – Interest areas

10:30 am Outdoor Time
Teacher-led Physical Activity – ½ hour
Choice Time – ½ hour Observe and interact with children

ADJUSTMENTS
8:30 - 10:30 am MWF – Child-directed free play to meet child's individualized goals/needs
Group or solitary play
9:00 – 10:30 am TTH – Teacher-directed time
Stories, arts, crafts, singing, music/movement, active games, finger plays, experiments/discovery, etc.
Activities may be inside or outside weather permitting in the time frame

11:00 am Lunch

12:00 pm Rest Time and quiet time puzzles, books, manipulative, computer, art

2:00 pm Child-directed free play, group or solitary (manipulative bins, sand/water Sensory/discovery bottles, puzzles, art, handwriting, stories, feltboard, puppets, climbing, dance, active games, dramatic play, blocks, cars & trucks, or snuggling

3:00 pm Snack and Quite Activities

3:30 pm Outdoor Time
Teacher-led Physical Activity – ½ hour
Choice Time – ½ hour Observe and interact with children

4:30 pm Choice Time and Small Groups

5:00 pm Closing and Departure

SAMPLE