SAMPLE PRESCHOOL DAILY SCHEDULE

6:00 am	Arrival – greet families and children, select an activity
8:00 am	Breakfast
8:30 am	Group Meeting Talk about day's activities – choices for the morning Fingerplay, Story, Poem, Movement Song/Rhythm Music and Movement Activity/Stationary Physical Movement
9:00 am	Choice Time and Small Groups – Interest areas
9:45 am	Cleanup
9:50 am	Group Meeting Music and Movement Activity/Physical Movement Record Ideas of what children did or write experience story
10:15 am	Outdoor Time Teacher-led Physical Activity – ½ hour Choice Time – ½ hour Observe and interact with children
11:15 am	Clean up and Story Time Movement Song/Rhythm
11:30 am	Lunch
12:15 pm	Rest Time
2:15 pm	Snack and Quite Activities
2:45 pm	Group Activity Transition Read aloud Movement Song/Rhythm
3:00 pm	Outdoor Time Teacher-led Physical Activity – ½ hour Choice Time – ½ hour Observe and interact with children
4:00 pm	Choice Time and Small Groups Interest Centers
5:00 pm	Closing and Departure

SAMPLE