

Biggest Loser Challenge

MPL Edition

Join your MPL Co-Workers in the Biggest Loser Challenge: MPL Edition

Who: Any interested MPL Staff

What: Friendly (competitive) weight loss challenge

When: March 1st - May 31st

Cost: \$5 to join the challenge. Pay when you weigh-in.

How do I win? Lose the largest percentage of body weight.

Prize: Cash! Biggest Loser wins the pool of \$5 contributions co-workers pay to join.

Details: Weigh-in will be held February 29th. Neighborhood library staff may weigh-in after the All Staff Meeting. Central library staff may weigh-in anytime that day in the Business Office. Weigh-out will be held Monday, June 2nd. Your weight information will be kept confidential, using your employee ID number. Only you and Jackie Jones (Secretarial Support) will see your numbers. Be sure to have your employee ID badge handy when you weigh-in.

Want to Join: E-mail WIT at MPLWIT@milwaukee.gov by 4pm Thur, February 28th.

