

What Moms Tell Us

Wisconsin PRAMS

Statewide Advisory Committee on
Eliminating Racial and Ethnic Disparities in Birth Outcomes

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What Moms Tell Us



Thank you for doing these types of research. My son was in the NICU for a while and it was very hard.



Prenatal care is so important to ensuring a healthy pregnancy.

Wisconsin is a great place to have and raise a baby. I wish there were more classes/seminars on how to raise & care for a baby after he/she is born.

I think healthcare providers and family members should watch closely for post partum depression.



Get the word out about how much better, and enjoyable, breastfeeding is. Many of my family, friends, co-workers, etc. have the wrong ideas regarding breastfeeding because they did not have the knowledge or support to do it successfully.

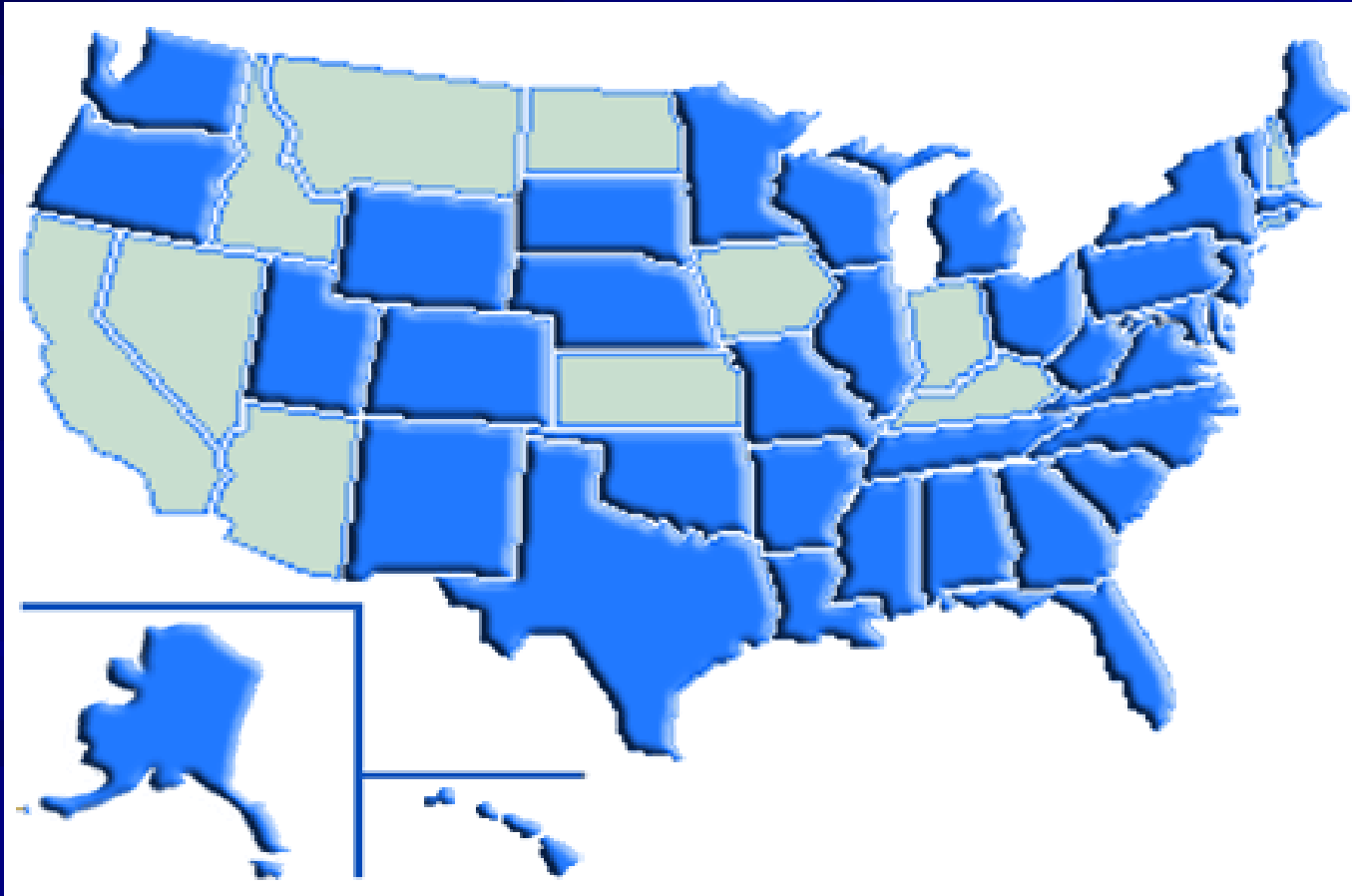


CDC Cooperative Agreement



PRAMS States

Thirty-seven states, New York City, and South Dakota (Yankton Sioux Tribe) participate in PRAMS



Methods - PRAMS

- Mailed questionnaire to random sample of new moms 2 to 4 months after birth
- Sampling strata – about 155/month
 - White, non-Hispanic
 - Black, non-Hispanic
 - Other (inc. Hispanic/Latina)
- Follow-up phone calls to moms after 3 survey mailings and one letter/reminder



What Moms Tell Us

Comments from PRAMS

- “Women should be warned about post-partum depression, and get more help.”
- “A mother’s healthy body is her baby’s healthy body.”
- “Do the best you can with your child, ‘cause if you do you'll feel like the best mom !!”

Data Highlights

What Moms Told Us in 2007-2008

- Statistically significant (95%) disparities by race/ethnicity for Black, non-Hispanic compared to White, non-Hispanic.
 - Racism
 - Household Income
 - Pregnancy Intention
 - Safe Sleep
 - Depression



Racism



During the *12 months before your baby was born*, did you feel emotionally upset as a result of how you were treated *based on your race*?

<u>Race/ethnicity</u>	<u>Yes</u>
White, non-Hispanic	3%
Black, non-Hispanic	22%
Hispanic/Latina	21%
Other, non-Hispanic	19%

Household Income





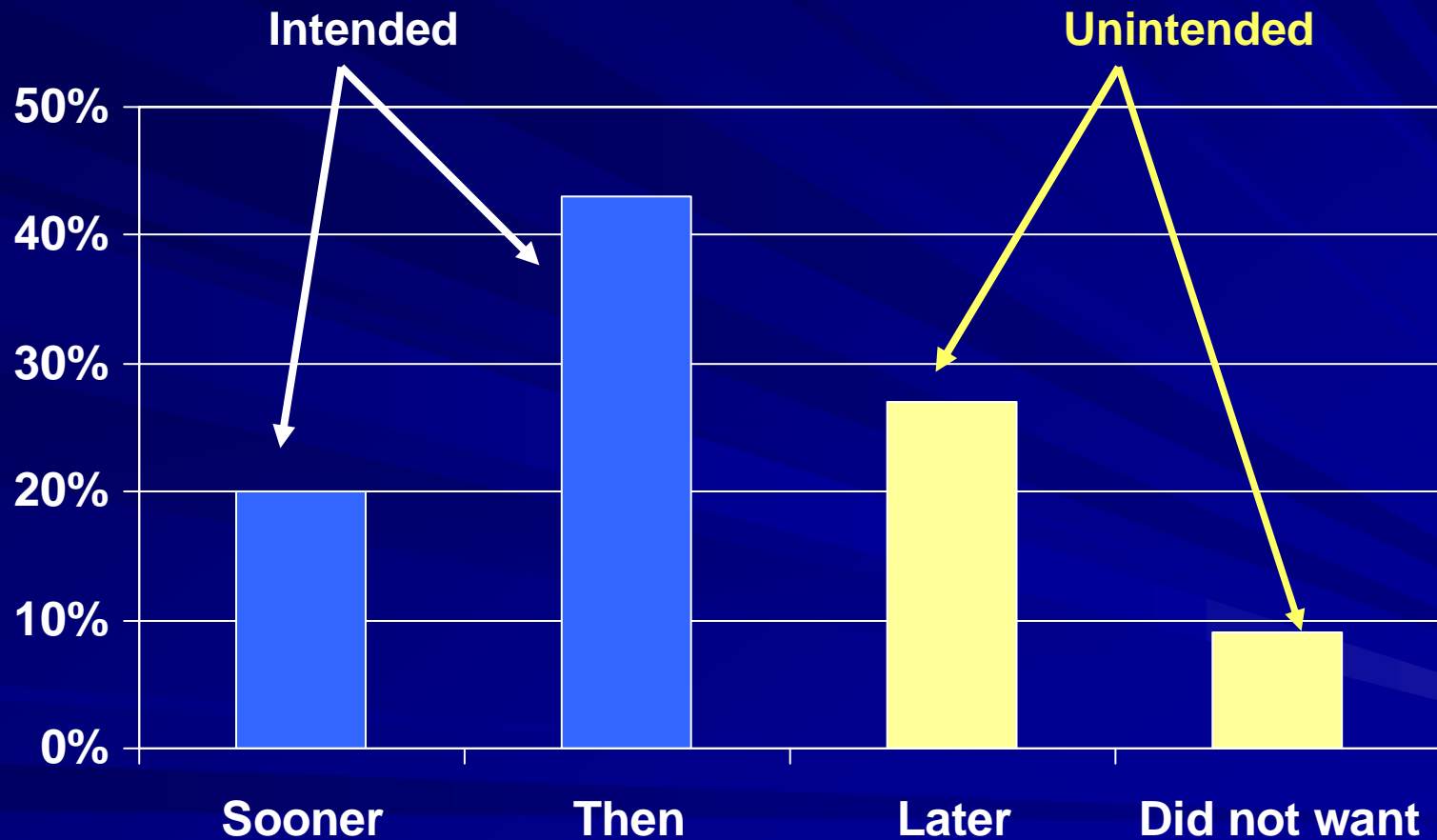
Total Household Income before Taxes

<u>Race/ethnicity</u>	<u>Less than \$10,000</u>	<u>More than \$50,000</u>
White, non-Hispanic	10%	49%
Black, non-Hispanic	48%	6%
Hispanic/Latina	32%	5%
Other, non-Hispanic	22%	6%

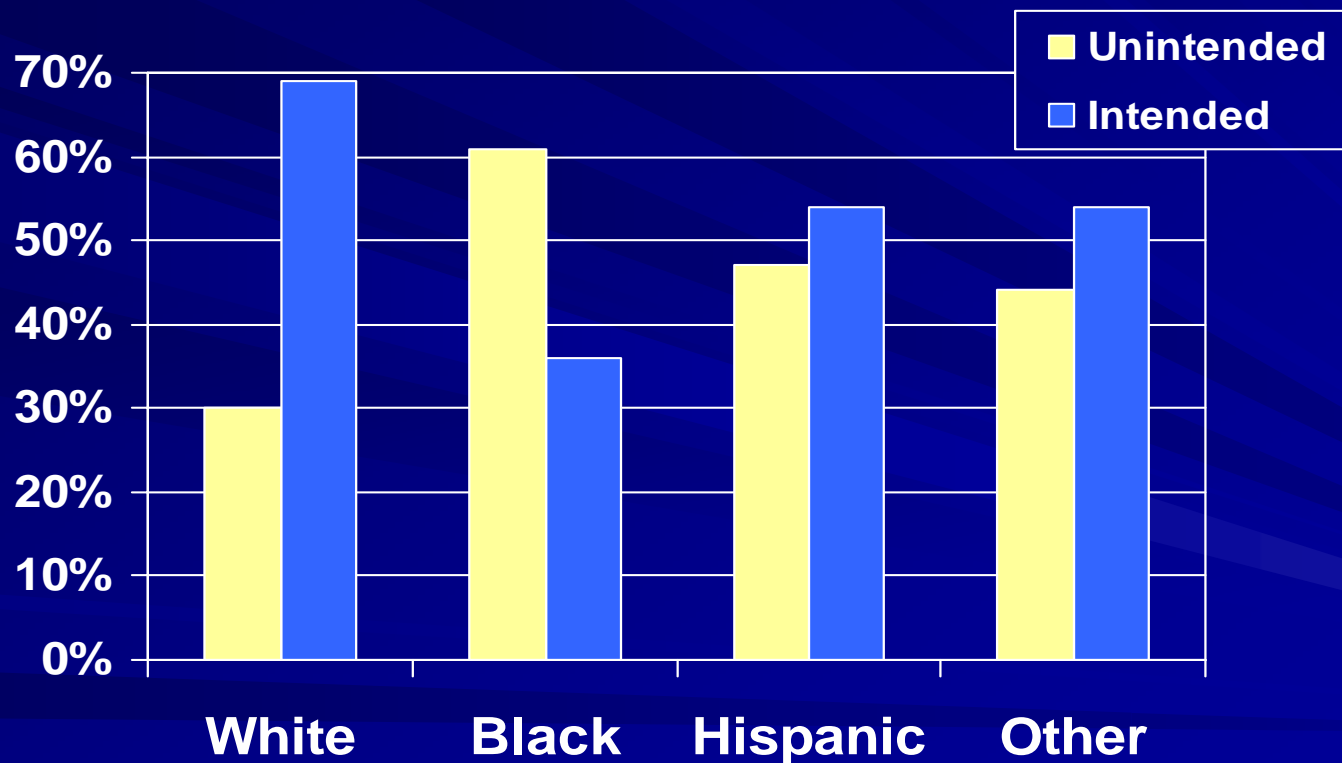
Pregnancy Intention



Pregnancy Intention



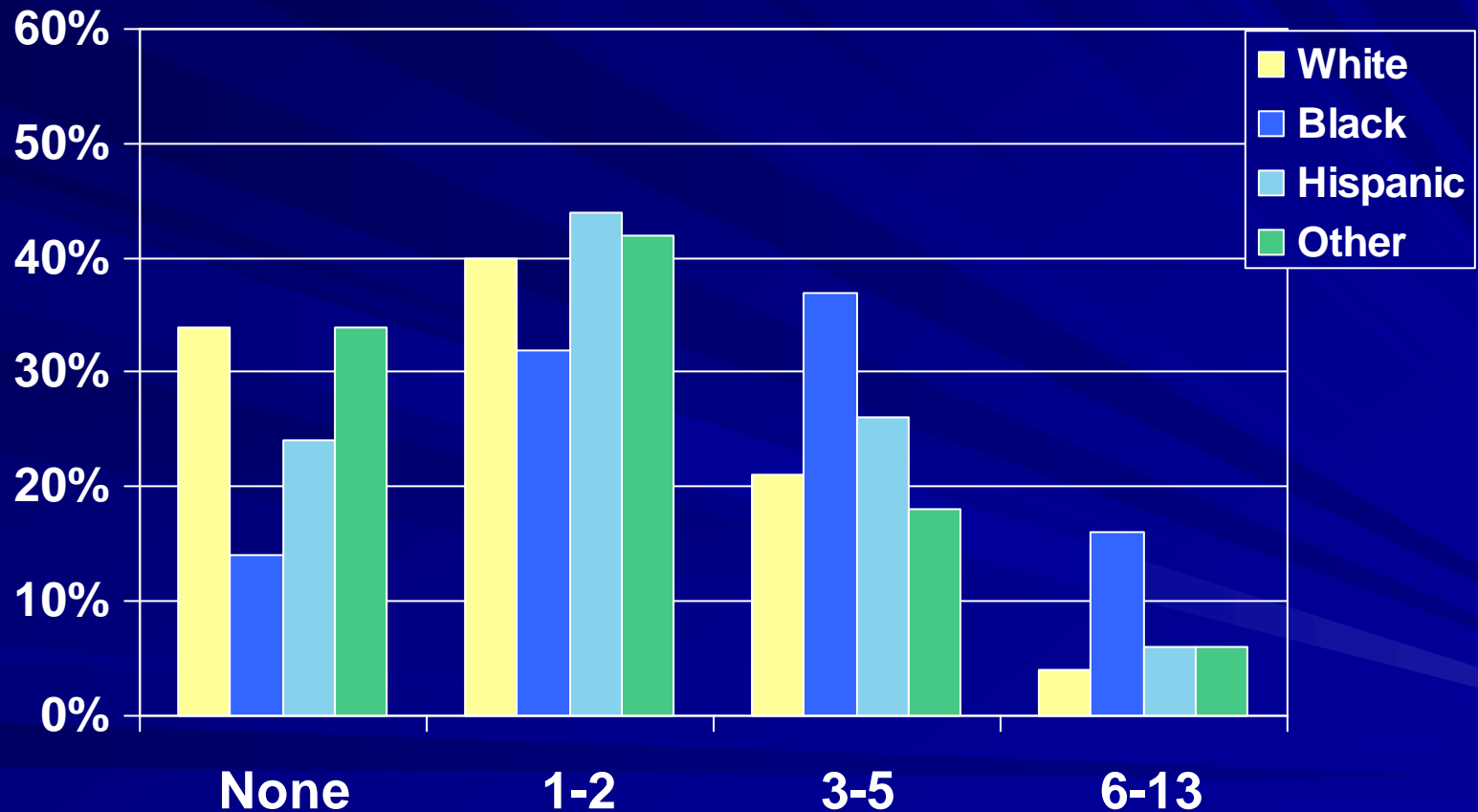
How do you feel about becoming pregnant?



Stress



Number of Stressful Events before Baby Was Born



Categories of Stressful Events



Emotional



Partner

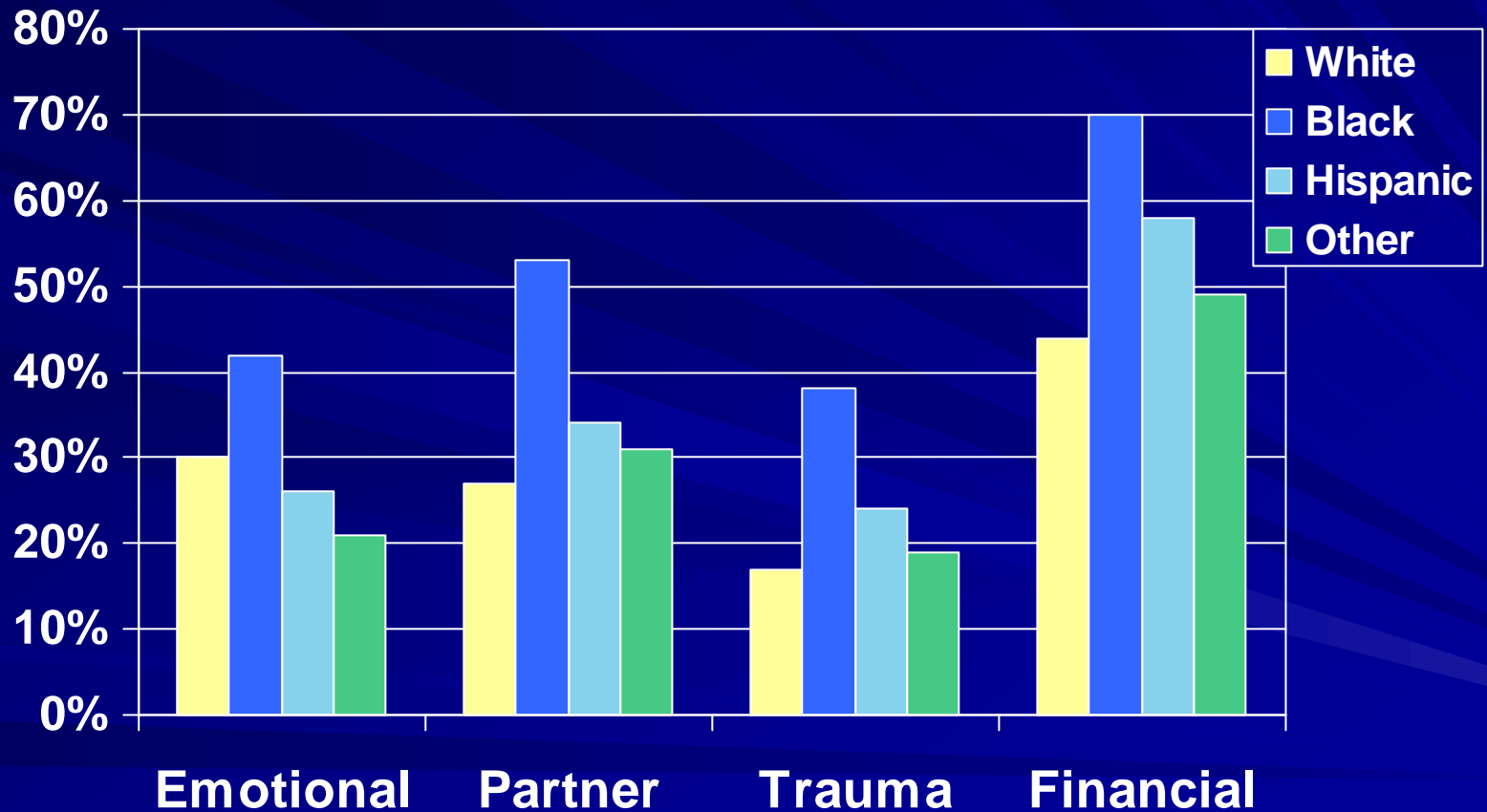


Trauma



Financial

Stressful Events by Type



Safe Sleep



Safe Sleep

Race/ethnicity	Back	Side	Stomach
White, non-Hispanic	79%	7%	10%
Black, non-Hispanic	61%	11%	13%
Hispanic/Latina	79%	7%	4%
Other, non-Hispanic	75%	13%	3%

Safe Sleep Practices

How often does your new baby sleep in the same bed with you or someone else?

Race/ethnicity	Always	Sometimes	Never
White, non-Hispanic	4%	53%	41%
Black, non-Hispanic	23%	51%	21%
Hispanic/Latina	21%	51%	24%
Other, non-Hispanic	19%	58%	18%

Moms report symptoms of depression since birth of new baby

<u>Race/ethnicity</u>	<u>Yes *</u>
White, non-Hispanic	11%
Black, non-Hispanic	26%
Hispanic/Latina	18%
Other, non-Hispanic	21%
Total	14%



* = Always or Often

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Wisconsin PRAMS

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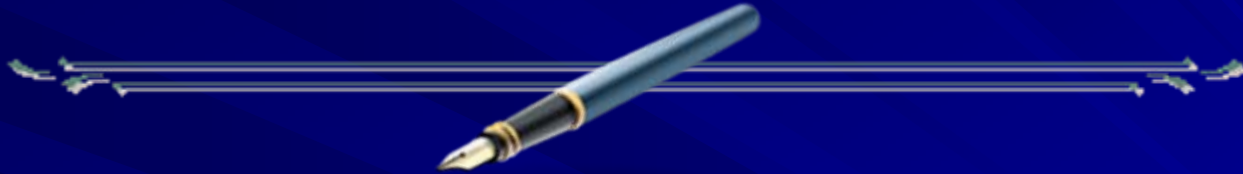
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From a PRAMS Mom



“Thank you for allowing me to answer the questions in this survey; and I do hope that my answers will be of help to women out there including members of my family.”

Many Thanks!

Thanks!

Thanks!

Thanks!

¡Gracias!

Thanks!



Hey!
Thanks!

Thanks!

¡Gracias!

Thanks!

Thanks!

¡Gracias!

Thanks!