

**A Foundation for Collaboration:
The Integration of Physical Health, Mental
Health and Substance Use, and Addiction**

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Mental Health Teleconference- August 7, 2008

An Initiative of:

- Maternal and Child Health Program Advisory Committee
- WI Division of Public Health
- WI Division of Mental Health and Substance Abuse Services

Background

- Directly Addresses 3 Health Priorities of Healthiest Wisconsin 2010
 - Alcohol and Other Substance Use and Addiction
 - Mental Health and Mental Disorders
 - Tobacco Use and Exposure

As well as cross-cutting the other 8 Health Priorities and the 5 System Priorities

- Identified areas of concern for WI
 - Depression, anxiety disorders, disruptive behaviors, suicide, substance use, and addiction issues
 - Lack of supports and culturally competent workforce to promote optimum care
 - Access to screening, prevention services, early identification, and treatment
 - Lack of coordination, continuity, seamless systems of support, and funding streams

Overarching Initiatives and Plans

U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration and the National Institutes of Health.(1999) *Mental Health: A Report of the Surgeon General*. Washington, D.C.

U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration and the National Institutes of Health.(2001) *Mental Health, Culture, Race and Ethnicity. A Supplement to the Mental Health: A Report of the Surgeon General*. Washington, D.C.

Healthiest Wisconsin 2010: A Partnership Plan to Improve the Health of the Public

Identifies 11 health priorities including Health Priority # 8

- Mental Health and Mental Disorders

Four outcome objectives

- » Screening and Referral
- » Discrimination/Anti-Stigma
- » Cultural Competence
- » Access to Care

**Healthiest Wisconsin 2010:
Mental Health and Mental Disorders**

Promotes the goal to improve mental health and ensure access to appropriate, quality mental health services.

Identifies and incorporates several key objectives in the areas of:

- suicide and adolescent suicide attempts,
- serious mental illness among homeless adults,
- eating disorder relapses,
- primary care screening and assessment, and
- treatment for children with mental health problems, as well as those with co-occurring disorders.

**The President's New Freedom Commission on
Mental Health**

**Achieving the Promise: Transforming Mental
Health Care in America, Final Report (2003)**

Key State Policy Initiatives

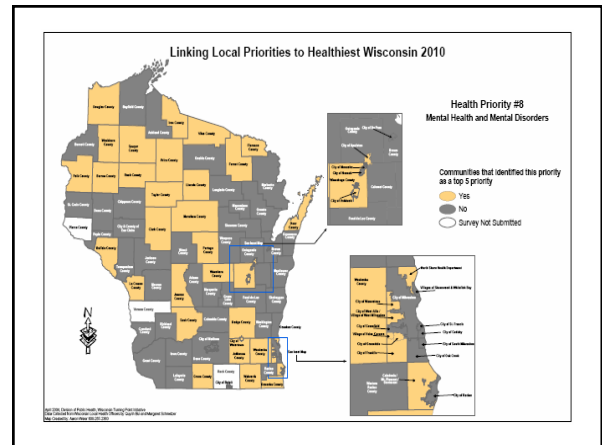
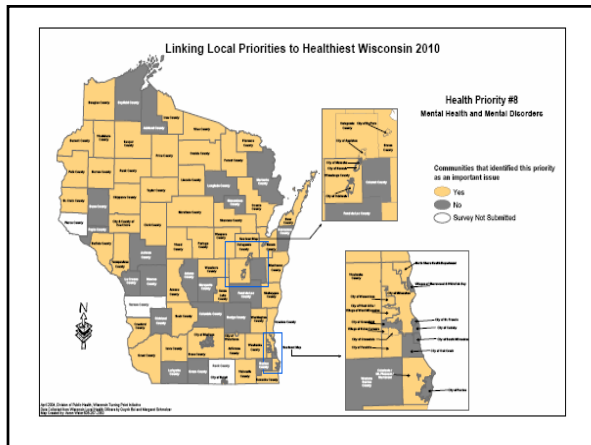
**KidsFirst:
The Governor's Plan to Invest in Wisconsin's Future,
Governor Jim Doyle, Spring 2004**

Promotes early childhood mental health and the implementation of the recommendations from the *Infant and Early Childhood Mental Health Plan, January 2004*.

**Transforming Mental Health Care in America, The
Federal Action Agenda: First Steps,
U.S. Department of Health and Human Services, July 2005**

**Lieutenant Governor's Task Force on Women and
Depression in Wisconsin Report, May 2006**

Recognizes that depression and mental health are key factors in overall productivity and quality of life; there are costs to untreated depression, and that there are significant gender differences in depression.



Actions

1. Finalize the Joint Statement promoting the integration of physical health, mental health, substance abuse, and addiction.
 - ✓ Build bridges of shared responsibility for support of optimum mental, physical, social, emotional and spiritual health for children and families in our state.
 - ✓ Enhance collaboration – shared values, principles and priorities.
 - ✓ Promote system changes needed to improve health outcomes.

Joint Statement

We aspire to become a society that optimizes the mental, physical, social, emotional, and spiritual health of all persons.



Prevention, screening, intervention, and treatment will be person and family-centered, accessible, and appropriate to the gender, culture, and language of the individuals. These principles build resiliency, facilitate recovery, and eliminate stigma.



Actions

2. Finalize Action Guide

Present Joint Statement and Action Guide for endorsement to DHFS Divisions

- Public Health
- Mental Health & Substance Abuse Services
- Children and Family Services
- Enterprise Services
- Health Care Access & Accountability
- Quality Assurance
- Long Term Care

3. Address 6 Focus Areas for Integration

- A) Business/Workplace
- B) Schools and Child Providers Infant – 18
- C) Technical Colleges, Colleges, and Universities
- D) Communities and Local and Others Agencies
- E) Providers and Health Care Systems
- F) Strengthen State Government Role in Developing Linkage

4. Provide Objective List (20 Objectives)

Accomplishments

Key Organizational Partners

- Department of Public Instruction
- Department of Children and Families
- State Alcohol and Other Drug Abuse Council
- The Wisconsin Council on Mental Health
- Wisconsin Association of Local Health Departments and Boards (WALHDB)
- Wisconsin Public Health Association

Next Steps

- All DHS Divisions have made endorsements
- Secure the support of DHS Secretary
- Place Joint Statement, Action Guide & Endorsement Documents on DHS Website for a "Call to Action"
- Promote Joint Statement principles in community groups, organizations, strategic plans, etc.
- Public launch of initiative for promotion during awareness events and activities - Sept. and Oct.