

Expedited Partner Therapy for Trichomoniasis (or Trich)

Information for Sexual Partners

Someone you have had sex with has taken medicine to treat an infection called trichomoniasis (pronounced tri-kuh·muh·nai·uh·suhs). You may also have trichomoniasis. It is important for you to get treated for this infection as soon as possible.

Trichomoniasis is a very common infection people can get from having sex.

- Many people who have trichomoniasis don't know they have it because they do not have any symptoms.
- Some people may have symptoms. Some symptoms can be burning when peeing, itching, or discharge from the penis or vagina.

Trichomoniasis is easy to treat. Get treated now.

- Both you and your sex partner(s) should get treated as soon as possible. The **best** way to do this is for you to see a health care provider as soon as possible.
- Your sex partner got medicine or a prescription for medicine to give to you. A health care provider gave your partner this medication to treat **you**.
- If you can't see a health care provider in the next several days, take the medicine right away following instructions on page 2.

Make a plan to get tested as soon as possible.

- It is important to follow up with your health care provider even if you took the medicine your partner gave to you.
- People can have more than one sexually transmitted infection (STI) at the same time. It is important that you get tested for other STIs as soon as possible.
- Anyone you've had sex with in the last 60 days should also get tested.

Ask your partner where they got tested and treated or call your local health department for information on where to get care: www.dhs.wi.gov/lh-depts/counties.htm.



“It wasn't easy hearing about this but I'm glad I got treated right away.”

- Anonymous patient

Find a clinic near you by visiting: www.dhs.wi.gov/std/clinics.htm or by scanning the QR code.



Here's how to take the pills:

The prescription or medication you have is for metronidazole (also known as Flagyl). Take the pill(s) as prescribed.

- **Drink a full glass of water with each dose and with food.** If you take the pills with food, you are less likely to get an upset stomach. It also helps the medicine work better in your body.
- **Drinking alcohol while taking this medication can make you very sick.** Do not take the pills if you have alcohol in the past 12 hours. Do not drink any alcohol for at least 24 hours after taking the pills.

Even if you take the medicine for trichomoniasis, you can still get it again.

It is best not to have sex until after you and your sex partner(s) have taken the medication, and your symptoms are gone.



The pills are very safe for most people. You should not take the pills if you:

- Have ever had a bad reaction, rash, or allergy to antibiotics.
- Have a serious illness such as kidney, heart, or liver disease.
- Are currently taking another prescribed medication.
- Are or may be pregnant or breastfeeding.
- Have lower belly or pelvic pain, pain or swelling in the testicles, pain during sex, vomiting, or fever.

If any of these are true, or if you are not sure, do not take the pills. Instead, you should talk to your health care provider or pharmacist as soon as possible. They will find the best treatment for you.

Possible side effects of this medicine:

Most people will not have any of these problems when taking this medicine. Some people may have mild side effects from the medicine that include feeling dizzy, dry mouth or change in taste, headache, upset stomach, or diarrhea. These problems are not serious and will go away on their own.

Signs of an allergic reaction:

Allergic reactions are rare. Possible signs of an allergic reaction from this medicine include trouble breathing, feeling of throat closing, swelling of lips or tongue, or itchy red bumps or splotches on the skin (known as hives). These problems are serious. If you have any of these problems, call 911 or go to the nearest emergency room.

Questions?

Contact your doctor, pharmacist, local or Tribal health department, or email DHS at DHSDPHBCD@dhs.wi.gov.

