

## Aging and Disability Resource Centers

Before you decide...

# Let Us Help

Whether you are looking for the security of a facility now, or want to stay in the comfort of your own home for a while longer, staff at your local Aging and Disability Resource Center (ADRC) can help you learn about the choices that are available and guide you as you consider all your options.

ADRCs offer current and comprehensive information, help you to weigh the pros and cons of your choices, and empower you to make the best decisions for you or a loved one.

### Expert Information

Resource Center staff are professionals who specialize in helping people with issues and concerns related to aging, disability and long-term care.

### Objective, Independent Perspective

Resource Centers are not affiliated with any business or service provider. The ADRC does not promote any type of service or provider and does not benefit financially from the choice you make.

### In-Person Consultation

Resource Center staff are available to meet with you in your home, at the Resource Center, or at another location that is convenient for you and your family.

### Free Services

There is no charge for preadmission consultation, nor any other Resource Center service.

### Apply for Financial Assistance

People who need help paying for long-term care services and support can apply at the ADRC.

## Paying for Long-Term Care

Moving to a facility is an expensive and life changing decision. Do not rely on a facility to tell you about government programs. If you are concerned about your ability to afford care, now or in the future, it is important to know before you move whether financial assistance will be available. Ask the ADRC:

- What is the **cost** of care in different settings? How does the facility I'm considering compare?
- How long will my personal funds last? How can I make my **money last longer**?
- **What will happen** if I run out of money? Will I need to move?
- What **financial help** is available and how do I become eligible? Medicare does not pay for long-term stays in a nursing home or assisted living facility.
- **Will I be able to stay** in the facility I am considering if I need Medicaid to pay? Not all facilities qualify for or accept government funding.



## How Can We Help You?

Before you apply for admission to a facility, consultation is available from your Aging and Disability Resource Center (ADRC). Talking to professionals at an ADRC can provide answers to vital questions:

- **Your Needs and Preferences**  
Why are you looking for a nursing home or assisted living? Your situation, needs, resources, likes and dislikes are important considerations in evaluating your choices.
- **Care Options Available**  
Which options best match your needs, preferences and resources? Explore the full range of long-term care options, including nursing homes, assisted living, in-home care, apartments, adult day care, and other community services.
- **Facilities and Service Providers**  
What's available? Are you familiar with all the facilities and services that are available in your community? The ADRC can provide detailed information.
- **Factors to Consider and Compare**  
How do the options and facilities you are considering compare in terms of cost, quality of care, location, compatibility with your lifestyle and preferences?
- **Paying for Long-Term Care**  
How can you make smart use of your financial resources? What aid may be available if you need help to pay for your care now or in the future?

For more information, visit

[www.dhs.wisconsin.gov/lcicare/adrc](http://www.dhs.wisconsin.gov/lcicare/adrc)

Contact your local **Aging and Disability Resource Center** for a phone consultation or to arrange an in-person appointment:

ADRC of Southwest Wisconsin--South  
(Serving Grant, Green, Iowa &  
Lafayette Counties)  
N3152 State Road 81  
Monroe WI 53566  
608-328-9499  
Toll Free: 877-794-2372  
TTY/TDD/Relay #: 608-328-9463  
Email: [resourcecenter@gchsd.org](mailto:resourcecenter@gchsd.org)  
<http://adrcswwi.org/>

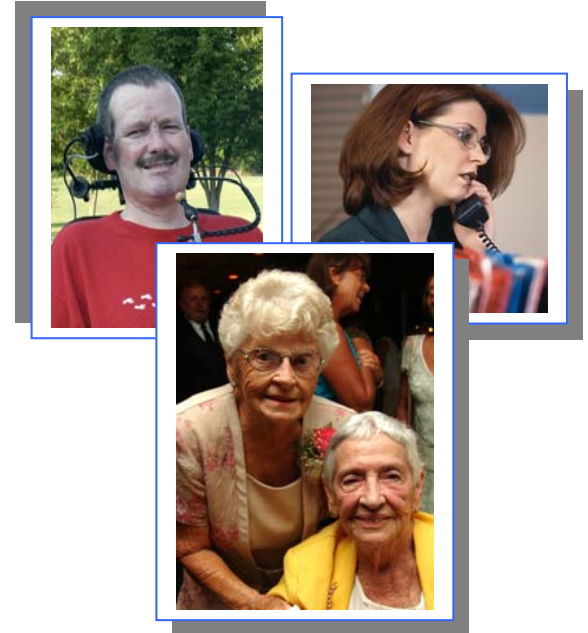
Nursing homes, community-based residential facilities and residential care apartment complexes are required to give a copy of this brochure to prospective residents when first providing written information about their facility. Provision of this brochure constitutes the information and referral required by Chapter 50, Wisconsin Statutes.



STATE OF WISCONSIN  
Department of Health Services  
Division of Long Term Care  
Bureau of Aging and Disability Resources  
Form P-00040 (04/2011)

## Considering Assisted Living or a Nursing Home?

*What you need to know...*



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