

WISCONSIN WIC-APPROVED FORMULAS AND MEDICAL FOODS

Manufacturers: Mead Johnson (Mead Johnson Nutritionals, www.meadjohnson.com), Nestlé (Nestlé USA, www.nestle-nutrition.com),
 Nutricia (Nutricia North America, www.shsna.com), Ross (Ross Products Division of Abbott Laboratories, www.rosspediatrics.com).

Wisconsin WIC-Approved Contract Standard Formulas for Infants (Birth – 1 st Birthday)	Product Form and Container Size	Maximum Number Cans Per Month	Prepared Ounces Per Day
<p>GOOD START[®] SUPREME DHA & ARA (Nestlé): Cow’s milk-based; 20 kcal per fl oz. Protein: 100% whey; Carbohydrate: lactose and corn maltodextrin; Fat: vegetable oils, DHA & ARA. Use: For routine feeding of non- or partially-breastfed infants. Note: This formula is 100% hydrolyzed whey, while Similac Advance is 52:48 casein:whey, Enfamil LIPIL is 40:60, and the lactose-free versions of Similac and Enfamil are 100% casein. Human milk is estimated to be 40:60, but because cow’s milk whey is primarily lactoglobulin and human milk whey is primarily lactalbumin, an advantage of a particular casein:whey ratio has not been established. Contraindications: Not to be used in babies with a cow’s-milk allergy or lactose intolerance.</p>	Powder, 12 oz can Concentrate, 13 fl oz can Ready to Feed ¹ , 32 fl oz can	10 31 25	29.0 fl oz 26.9 fl oz 26.7 fl oz
<p>GOOD START[®] SUPREME SOY DHA & ARA (Nestlé): Soy-based, lactose-free formula, 20 kcal per fl oz. Protein: hydrolyzed soy; Carbohydrate: corn maltodextrin; Fat: vegetable oils, DHA & ARA. Use: Milk-free, lactose-free. Alternative for term infants whose needs are not met from breast milk or milk-based formula; for vegetarians, galactosemia, hereditary lactase deficiency, documented lactose intolerance, and IgE-mediated allergy to cow milk protein. Not for infants with documented cow’s milk protein-induced enteropathy or enterocolitis, or for preterm infants <1800 gm. No proven value in prevention of atopic disease or colic. Contraindications: Not to be used in infants with a soy allergy.</p>	Powder, 12.9 oz can Concentrate, 13 fl oz can Ready to Feed ¹ , 32 fl oz can	9 31 25	27.3 fl oz 26.9 fl oz 26.7 fl oz
<p>GOOD START[®] SUPREME Natural Cultures DHA & ARA (Nestlé): Cow’s milk-based; 20 kcal per fl oz. Protein: 100% whey; Carbohydrate: lactose and corn maltodextrin; Fat: vegetable oils, DHA & ARA. Use: For routine feeding of non- or partially-breastfed infants. 100% hydrolyzed whey. Contains probiotic <i>Bifidus lactis</i> cultures which, Nestlé claims, may have benefits such as decreasing the frequency, duration, or severity of diarrhea and colic (more research needs to be done). Contraindications: Not to be used in babies with a cow’s-milk allergy or lactose intolerance.</p>	Powder, 12 oz can	10	29.0 fl oz
<p>GOOD START[®] SUPREME (no added DHA & ARA) (Nestlé): Cow’s milk-based; 20 kcal per fl oz. Protein: 100% whey; Carbohydrate: lactose and corn maltodextrin; Fat: vegetable oils. Use: Same as Good Start Supreme with Iron DHA & ARA. Contraindications: Not to be used in babies with a cow’s milk allergy or lactose intolerance.</p>	Powder, 12 oz can	10	29.0 fl oz

¹May be provided *only* when the WIC nutritionist verifies that the water supply is unsafe to drink or if the caregiver has difficulty mixing powder or concentrate properly.

Special (Exempt) Formulas for Infants <i>Prescription required. Prescription must contain the formula prescribed, medical diagnosis (and ICD-9 code) and intended length of use. WIC RD approval required.</i>	Product Form and Container Size	Maximum Number Cans Per Month	Prepared Ounces Per Day
Enfamil EnfaCare LIPIL (Mead Johnson): Transitional formula for older premature infants; Cow's milk-based; 22 kcal per fl oz. Protein: 60:40 whey:casein blend; Carbohydrate: lactose and corn syrup solids; Fat: vegetables oils, medium chain triglyceride oil, DHA & ARA. Use: Contains extra amounts of important nutrients for the nutritional management of conditions such as prematurity. Contraindications: Not to be used in babies with a cow's milk allergy or lactose intolerance	Powder, 12.8 oz can Ready to Feed ¹ , 32 fl oz can	10 25	27.3 fl oz 26.7 fl oz
Similac NeoSure DHA & ARA (Ross): Transitional formula for older premature infants: Cow's milk-based; 22 kcal per fl oz. Protein: whey; Carbohydrate: lactose and corn syrup solids; Fat: vegetables oils, medium chain triglyceride (MCT) oil, DHA & ARA. Use: A special formula for conditions such as prematurity with higher levels of protein, vitamins, minerals, calcium and phosphorus than standard term formulas Contraindications: Not to be used in babies with a cow's milk allergy or lactose intolerance.	Powder, 12.8 oz can Ready to Feed ¹ , 32 fl oz can	10 25	28.3 fl oz 26.7 fl oz
Enfamil Nutramigen LIPIL (Mead Johnson): Hypoallergenic formula for infants sensitive to intact protein found in milk-based and soy-based formulas; 20 kcal per fl oz. Protein: casein hydrolysate, amino acids; Carbohydrate: corn syrup solids and modified corn starch; Fat: vegetable oils, DHA & ARA. Use: Lactose- and sucrose-free infant formula for term infants who have intact milk protein intolerance, severe or multiple food allergies, galactosemia, or persistent diarrhea. Contraindications: Not recommended for routine use in very-low-birth-weight infants.	Powder, 16 oz can Concentrate, 13 fl oz can Ready to Feed ¹ , 32 fl oz can	8 31 25	29.9 fl oz 26.9 fl oz 26.7 fl oz
Similac Alimentum DHA & ARA (Ross): Lactose-free, hypoallergenic formula; 20 kcal per fl oz. Protein: casein hydrolysate, amino acids; Carbohydrate: sucrose and modified tapioca starch; Fat: vegetable oils, DHA & ARA, MCT oil. Use: For severe food allergies, sensitivity to intact protein, protein maldigestion or fat malabsorption.	Powder, 16 oz can Ready to Feed ¹ , 32 fl oz can	8 25	30.7 fl oz 26.7 fl oz
Enfamil AR LIPIL (Mead Johnson): Milk-based infant formula with added rice starch; 20 kcal per fl oz. Protein: milk-based; Carbohydrate: lactose, rice starch, maltodextrin; Fat: vegetable oils, DHA & ARA. Use: For regurgitation/reflux. The formula thickens when it comes in contact with the acid environment of the stomach. Contraindications: Not recommended for use in pre-term infants.	Powder, 12.9 oz can Ready to Feed ¹ , 32 fl oz can	9 25	27.9 fl oz 26.7 fl oz
Enfamil Pregestimil LIPIL (Mead Johnson): Lactose and sucrose free hypoallergenic formula with 55% of fat from MCT oil; 20 kcal per fl oz. Protein: casein hydrolysate, amino acids; Carbohydrate: corn syrup solids, dextrose and modified corn starch; Fat: MCT oil, vegetable oils, DHA & ARA. Use: For fat malabsorption or steatorrhea due to cystic fibrosis, short bowel syndrome, intractable diarrhea and sever protein calorie malnutrition. Also used with infants who have galactosemia. Contraindications: Not recommended for use in pre-term infants.	Powder, 16 oz can	8	29.9 fl oz
Elecare (Ross): Elemental formula for those who need an amino acid-based medical food; Protein: 100% free amino acids; 20 kcal per fl oz. Carbohydrate: corn syrup solids; Fat: MCT oil, vegetable oils. Use: Does not contain milk protein, fructose, galactose, lactose, gluten, or soy protein; for intolerance to intact protein, maldigestion, malabsorption, severe food allergies, short-bowel syndrome, eosinophilic disorders, gastrointestinal tract impairment, and other conditions requiring elemental diet.	Powder, 14.1 oz can	9	28.5 fl oz

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Neocate (or Neocate Infant) (Nutricia): Hypoallergenic, amino acid based infant formula; 20 kcal per fl oz. Protein: 100% free amino acids; Carbohydrate: corn syrup solids; Fat: vegetable oils. Use: For cow's milk and soy milk allergy or multiple food protein intolerance including protein hydrolysate intolerance, maintenance nutrition during elimination diets, short bowel syndrome, eosinophilic esophagitis, gastroesophageal reflux, transition from parenteral to enteral nutrition or as a placebo for diagnosis of cow's milk allergy.	Powder, 14 oz can	9	25.5 fl oz
Similac PM 60/40 (Ross): Low-mineral infant formula; 30 kcal per fl oz. Protein: 60:40 whey:casein blend; Carbohydrate: lactose; Fat: vegetable oils. Use: For infants predisposed to or being treated for hypo-calcemia due to hyper-phosphatemia or for those whose renal, digestive or cardiovascular functions would benefit from lowered mineral intake. Contraindications: For those infants who do not require a lowered mineral intake.	Powder, 14.1 oz can	9	30.6 fl oz

¹May be provided *only* when the local WIC Project RD verifies that the water supply is unsafe to drink or if the caregiver has difficulty mixing powder or concentrate properly.

Wisconsin WIC-Approved Formulas and Medical Foods for Children (Ages 1 through 4) <i>Prescription required. Prescription must contain the formula prescribed, medical diagnosis (and ICD-9 code) and intended length of use. WIC RD approval required.</i>	Product Form and Container Size	Number of Cans Per Month²		Prepared Ounces Per Day (for Max)
		Usual	Max	
GOOD START[®] SUPREME DHA & ARA (Nestlé) See description on page 1.	Powder, 12 oz can Concentrate, 13 fl oz can Ready to Feed ¹ , 32 fl oz can	10 31 25	12 35 28	34.8 fl oz 30.3 fl oz 29.9 fl oz
GOOD START[®] SUPREME SOY DHA & ARA (Nestlé) See description on page 1.	Powder, 12.9 oz can Concentrate, 13 fl oz can Ready to Feed ¹ , 32 fl oz can	9 31 25	11 35 28	33.4 fl oz 30.3 fl oz 29.9 fl oz
GOOD START[®] SUPREME Natural Cultures DHA & ARA (Nestlé) See description on page 1.	Powder, 12 oz can	10	12	34.8 fl oz
GOOD START[®] SUPREME (Nestlé): See description on page 1.	Powder, 12 oz can	10	12	34.8 fl oz
Enfamil EnfaCare LIPIL (Mead Johnson) See description on page 2.	Powder, 12.8 oz can Ready to Use ¹ , 32 fl oz can	10 25	11 28	30.1 fl oz 29.9 fl oz
Similac NeoSure DHA & ARA (Ross) See description on page 2.	Powder, 12.8 oz can Ready to Use ¹ , 32 fl oz can	10 25	11 28	31.2 fl oz 29.9 fl oz
Enfamil Nutramigen LIPIL (Mead Johnson) See description on page 2.	Powder, 16 oz can Concentrate, 13 fl oz can Ready to Use ¹ , 32 fl oz can	8 31 25	9 35 28	33.9 fl oz 30.3 fl oz 29.9 fl oz
Similac Alimentum DHA & ARA (Ross) See description on page 2.	Powder, 16 oz can Ready to Use ¹ , 32 fl oz can	8 25	9 28	34.5 fl oz 29.9 fl oz

Wisconsin WIC-Approved Formulas and Medical Foods for Children (Ages 1 through 4) <i>Prescription required.</i> Prescription must contain the formula prescribed, medical diagnosis (and ICD-9 code) and intended length of use. WIC RD approval required.	Product Form and Container Size	Number of Cans Per Month ²		Prepared Ounces Per Day (for Max)
		Usual	Max	
Enfamil AR LIPIL (Mead Johnson) See description on page 2.	Powder, 12.9 oz can Ready to Use ¹ , 32 fl oz can	9 25	11 28	34.1 fl oz 29.9 fl oz
Enfamil Pregestimil LIPIL (Mead Johnson) See description on page 2.	Powder, 16 oz can	8	9	33.6 fl oz
Neocate Junior (Nutricia): Hypo-allergenic amino acid-based; 30 kcal per fl oz. Protein: 100% free amino acids; Carbohydrate: corn syrup solids; Fat: fractionated coconut oil, canola oil, high oleic safflower oil. Use: Gastrointestinal tract impairment, malabsorption, cow's and soy milk allergy, multiple food protein intolerance, eosinophilic esophagitis or other medical conditions requiring an amino acid-based diet.	Powder, 14 oz can	9	10	20.6 fl oz
Neocate One+ (Nutricia): Hypoallergenic, powdered amino-acid based medical food; 30 kcal per fl oz. Protein: 100% free amino acids; Carbohydrates: corn syrup solids; Fat: fractionated coconut oil, canola oil, high oleic safflower oil. Use: Cow and soy milk allergy, multiple food protein intolerance, eosinophilic esophagitis, gastroesophageal reflux, and other medical conditions for which an amino acid-based diet is required.	Powder, Box of 10, 100-gm packets, or Box of 15, 60-gm packets	3 boxes	4 boxes	17.3 fl oz (Box of 10) or 16 oz (Box of 15)
Pediatric EO28/EO28 Splash (Nutricia): Ready-to-feed amino acid-based; 30 kcal per fl oz. Protein: 100% free amino acids; Carbohydrate: maltodextrin, sucrose; Fat: fractionated coconut oil, canola oil, high oleic safflower oil, MCTs. Use: Gastrointestinal tract impairment, eosinophilic esophagitis, gastroesophageal reflux or other medical conditions for which an amino acid-based diet is required.	Ready to use, Case of 27, 8-fl oz boxes	3 ½ cases ³	4 cases	28.8 fl oz or 3 boxes + 4.8 ounces
Similac PM 60/40 (Ross): See description on page 3.	Powder, 14.1 oz can	9	10	34 fl oz
Elecare (Ross): See description on page 2. Standard dilution for children is 30 kcal per fl oz.	Powder, 14.1 oz can	9	10	21.3 fl oz
Portagen (Mead Johnson): Cow's milk-protein based powder with MCTs; 30 kcal per fl oz. Protein: sodium caseinate; Carbohydrate: corn syrup solids, sucrose; Fat: 87% MCTs, corn oil. Use: For malabsorption and steatorrhea associated with gastrectomy, intestinal resection, lymphangiectasia, and pancreatic insufficiency. Those with chyluria, chylothorax, and congenital β-lipoprotein deficiency may also benefit from diets high in medium chain triglycerides. Contraindications: Not for parenteral (IV) use. Not for galactosemia.	Powder, 16 oz can	8	9	21 fl oz
Pediasure (any kind) (Ross): Lactose and gluten-free, for oral feeding; 30 kcal per fl oz. Protein: sodium caseinate, whey protein; Carbohydrate: sucrose, maltodextrin (corn), Fat: vegetable oils, MCTs. Use: For decreased food intake/fluid restriction, or increased nutrient requirements. Contraindications: Not for galactosemia or milk allergy.	Ready to use, 6-pack of 8-fl oz cans	16 6-packs	18 6-packs	28.8 fl oz or 3 cans + 4.8 fl oz

¹May be provided *only* when the WIC RD verifies that the water supply is unsafe to drink or if the caregiver has difficulty mixing powder or concentrate properly.

²Maximums are provided only when the WIC RD verifies that it is nutritionally needed. Otherwise, the usual quantity is provided.

³Cases cannot always be split for ordering from manufacturers or wholesalers, or for selling retail.

Wisconsin WIC-Approved Medical Foods for Women <i>Prescription required.</i> Prescription must contain the medical food prescribed, medical diagnosis (and ICD-9 code) and intended length of use. WIC RD approval required.	Product Form and Container Size	Number Cans Per Month²		Prepared Ounces Per Day
		Usual	Max	
Ensure (regular, Fiber, Glucerna, Glucerna OS, High Protein, Plus, Plus HN) (Ross)	6-pack of 8 fl oz cans or bottles	16 6-packs	18 6-packs	28.8 fl oz or 3 cans + 4.8 fl oz
Ensure (regular, Fiber, Plus) (Ross)	32 fl oz container	25	28	29.9 fl oz
Boost (regular, Fiber, Plus, High Protein) (Mead Johnson)	6-pack of 8 fl oz cans or bottles	16 6-packs	18 6-packs	28.8 fl oz or 3 cans + 4.8 fl oz

²Maximums are provided only when the WIC RD verifies that it is nutritionally needed. Otherwise, the usual quantity is provided.