

F325 Webcast Handout

-Assessment and Monitoring Determinations-

Determine if the resident's weight and nutritional status were assessed in the context of his/her overall condition and prognosis, if nutritional requirements and risk factors were identified, and if causes of the resident's nutritional risks or impairment were sought.

In addition, you need to determine:

- Whether the facility identified a resident's desirable weight range and identified weight loss/gain.
- Whether the facility identified the significance of any weight changes and what interventions were needed.
- Whether there have been significant changes in the resident's overall intake.
- Whether the reasons for the change were identified and if appropriate interventions were implemented.
- Whether the facility has calculated nutritional needs (i.e. calories, protein and fluid requirements) and identified risk factors for malnutrition.
- Whether the facility met those nutritional needs and if not, why.
- Whether the resident's weight stabilized or improved as anticipated.
- Whether a need for a therapeutic die was identified and implemented, consistent with the current standards of practice.
- Whether the facility indicated the basis for dietary restrictions.
- Whether the reasons for dietary changes were identified and appropriate interventions implemented and tolerated.
- Whether the facility accommodated the resident's choice, individual food preferences, allergies, food intolerances, and fluid restrictions and if the resident was encouraged to make choices;
- Whether the facility identified and addressed underlying medical and functional causes (i.e. oral cavity lesions, mouth pain, decayed teeth, poorly fitting dentures, refusal to wear dentures, gastroesophageal reflux, or dysphagia) of any chewing or swallowing difficulties to the extent possible;
- Whether the facility identified residents requiring any type of assistance to eat and drink (i.e. assistive devices/utensils, cues, hand-over-hand, and extensive assistance), and provided such assistance;
- Whether the facility has identified residents receiving any medications that are known to cause clinically significant medication/nutrient interactions or that may affect appetite, and determined risk/benefit;
- Whether the facility identified and addressed to the extent possible medical illnesses and psychiatric disorders that may affect overall intake, nutrient utilization, and weight stability;
- Whether the facility reviewed existing abnormal laboratory test results and either implements interventions, if appropriate, or provided a clinical justification for not intervening (see note in Laboratory/Diagnostic Evaluation);
- Whether the resident's current nutritional status is either at or improving towards goals established by the care team; and
- Whether alternate interventions were identified when nutritional status is not improving or clinical justification is provided as to why current interventions continue to be appropriate.