

Psychotropic Med Reviews in CBRF's

2011



Perspective

- ❑ Historical Negative Outcomes
- ❑ Heavily Dependent on Patient History/Interview
- ❑ Medications Carry Risk including black box warnings
- ❑ Require monitoring based on identified symptoms/plan

Regulation: DHS 83.37(1)(h)1&2

- Scheduled Psychotropic medications
 - Quarterly review
 - Desired response and side effects
 - Documented in resident record
 - Care staff must understand the potential benefits and side effects



Regulation

- Must look at desired responses
 - That means there is documentation somewhere that shows what the desired response is expected to be. Treatment Goal.
 - Example less crying with Paxil for depression.
 - Then there must be documentation that shows they are monitoring desired effect.
 - Example behavior monitoring sheet showing amounts of crying behavior

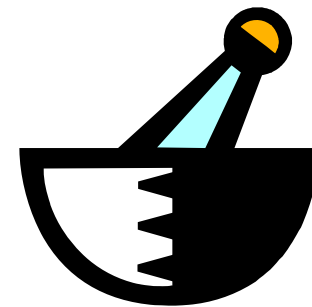
Regulation

- Must look at possible side effects
 - That means staff must understand the potential common side effects.
 - That also means that there must be means to monitor and document side effects.



Proof

- ❑ Documentation that indicates the goals of treatment
- ❑ Documentation/interview that support staff know potential side effects.
- ❑ Facility has a process for documenting side effects and goals



Proof

- Documentation that physician or pharmacist or registered nurse has reviewed the medications.
 - Key point...were these individuals provided the data that they need to complete the review.
(documentation of side effects and outcomes)



Surveyor Action

- ❑ Interview staff to see if they know the purpose of the drug and have identified outcomes.
- ❑ Ask if they document any outcomes.
- ❑ Ask if they provide that documentation to the resident or physician for the assessment.



Surveyor Action



- ❑ Interview the physician/pharmacist/registered nurse as to what they do when they conduct the review. Do they receive anything from the facility..e.g. data?
- ❑ If this is something where the facility just provides a form for them to sign and there is not real data provided and nothing really assessed then that would not meet the criteria for the quarterly review.

What are the requirements for PRN Psychotropics?



PRN Psychotropic

- ❑ 1. The resident's individual service plan shall include the rationale for use and a detailed description of the behaviors which indicate the need for administration of PRN psychotropic medication.
- ❑ 2. The administrator or qualified designee shall monitor at least monthly for the inappropriate use of PRN psychotropic medication, including but not limited to, use contrary to the individual service plan, presence of significant adverse side effects, use for discipline or staff convenience, or contrary to the intended use.

PRN Psychotropic

- 3. Documentation in the resident's record shall include the rationale for use, description of behaviors requiring the PRN psychotropic medication, the effectiveness of the medication, the presence of any side effects, and monitoring for inappropriate use for each PRN psychotropic medication given.

Questions

