



Presented by:  
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Angie Alexander, Pine Valley Healthcare and  
Rehabilitation Center  
Julie Glendenning, HospiceCare Inc.  
Sue Kentop, St. Elizabeth Hospital  
Carla Stadel, Monroe Clinic Home Care

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## Wisconsin Pressure Ulcer Coalition Overview

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## WPUC Advisory Board

- WAHSA
- WHCA
- DQA
- WHA
- RWHC
- ORH
- HOPE
- Home Health
- NC Region WOCN
- The Laureate Group
- Michael Berry
- MetaStar

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## WPUC Goals

- Decrease the incidence of pressure ulcers in Wisconsin
- Foster cross setting collaboration

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## History

- Board formation 2007
- Membership, charter, goals established
- 2008 year long project begun to work on goals
  - 120 organizations including LTC, hospitals, home health, assisted living and hospice
  - Coincided with CMS project with specific hospitals and nursing homes

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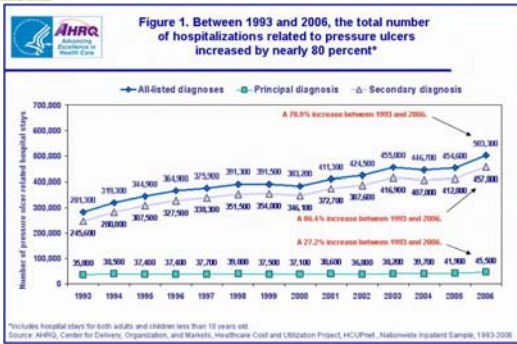
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## WHY?




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### WI Nursing Home Pressure Ulcer Prevalence Data




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### The Project

- Learning Sessions
- Teleconferences
- Email list
- Cross-setting sharing and communication
- Data monitoring

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### Project Measures

- Timely pressure ulcer risk assessment on admission
- Timely skin assessment on admission
- Timely institution of preventive measures for those at risk
- Percent of residents/patients with pressure ulcers
- Percent of residents with pressure ulcers acquired in your facility

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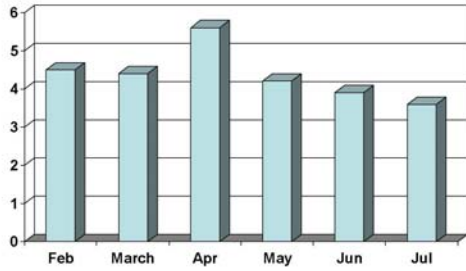
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## Facility-acquired Rate



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## The Pressure Ulcer Reduction Journey

**Sue Kentop, R.N., B.S.N.**

**Manager**

Medical Oncology/Case Management

Affinity Health System Wound Team

Outpatient Wound Clinic

St. Elizabeth Hospital

Appleton, WI

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## St. Elizabeth Hospital, Appleton, WI



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### Education

- Partnered with Convatec to develop education on wound and pressure ulcer care
- Staging of pressure ulcers
- Products available for staff
- When to use each of the available products

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### Standardization

- Wound care products were standardized at Affinity Health System
- Streamlined formulary
- Nursing unit wound cart
- Nursing resource guide – products according to ulcer stage

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### Wound and Skin Team Website

- Online Bed algorithm
- Skin Tear protocol
- FAQs
- Wound and skin care definitions
- “Top 10 services the Wound and Skin team can do for you”
- Pressure ulcer definitions
- Online videos such as “Helping Skin to Win”

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### Additional Training

- Wound Champions
- New Hires
  - Orientation boxes
  - Training videos
- Doctors – standing orders for wound care

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### Additional Measures

- Established partnership with area pharmacies
- Revised policies
  - Braden risk assessment
  - Wound assessment
  - Nursing admission assessment

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### Prevention Education for Nursing Staff

- Hourly rounding
- Braden scale
  - Admission
  - Daily
  - Condition change
- Braden score triggers
  - Skin care plan
  - WOCN evaluation
- Braden subset triggers

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### Additional Measures

- Flexiseal education and competencies
- OR evaluation
  - New mattresses
  - Communication tool
- ER
  - Skin assessments
  - New patient carts
  - Wound supply cart

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### Monitoring

- Daily Braden report – WOCN follow-up
- Chart audits
- Monthly WPUC data collection

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### Next Steps

- Ancillary staff education
  - Radiology
  - Lab
  - Housekeeping
- Patient and family education
- Staff education – ongoing and consistent
- Continue work with regional SNFs

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## Goals Accomplished with WPUC

**Angie Alexander, R.N., W.C.C.**

**Director of Nursing**

Pine Valley Healthcare and

Rehabilitation Center

Richland Center, WI

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## Goal #1 – Reduce Pressure Ulcers

- Skin assessment within 8 hours of admission
- Risk assessment
  - > Within 8 hours of admission
  - > Weekly for four weeks
  - > Quarterly
  - > Upon change of condition
- Preventive measures within 24 hours of admission

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## Tissue Tolerance Testing (TTT)

- Identify individualized repositioning needs
- Establish resident-specific repositioning schedules
- Allow additional time in their w/c or chair
- Improve resident compliance with turning and repositioning

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### TTT

- Incorporated into policies and procedures
- Done for
  - Residents at risk
  - Residents with current or history of ulcers
- Performed
  - On admission
  - Annually
  - On change of condition

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### Steps in Starting TTT

- Develop form
- Develop policy and procedure
- Review by Donna Sardina of Wound Care Educational Institute
- Finalize forms

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### Goals Accomplished with WPUC

Data Summary for WPUC  
Pressure Ulcer Project  
Pine Valley Healthcare and  
Rehabilitation Center

	Timely Risk Assessment	Timely Skin Assessment	Timely implementation of preventative measures	Pressure Ulcer Prevalence	Facility Acquired Pressure Ulcers
January	31.25%	100%	100%	4.17%	3.13%
February	100%	100%	100%	5.00%	4.00%
March	100%	100%	100%	6.12%	4.08%
April	100%	100%	100%	6.12%	5.10%
May	100%	100%	100%	6.06%	2.02%
June	100%	100%	100%	3.06%	1.02%

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## Goal #2: Foster Cross-Setting Collaboration

- Improve communication about skin risk related plans of care
- Share resources across the continuum of care
  - Facility P&Ps
  - Educational resources
  - Expertise of WOCN, WCC nurses within our organizations
- Discuss/share wound care protocols
- Discuss continuation of the Regional Meetings
- Explore expanding the Regional Meetings

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## Collaboration

- Initial cross-setting meeting
- Attend monthly teleconferences together
- 90 minute inservice for hospital CNA staff

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## WPUC Mission and Lessons Learned

**Julie Glendenning, R.N., N.P., C.H.P.N.,  
Clinical Team Leader**  
HospiceCare Inc.  
Madison, WI

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## HospiceCare Inc. Madison, WI



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## Mission for HospiceCare as WPUC Member

- Pressure Ulcer Prevention
  - Provide tools & education to facilitate improvement
  - Improve quality of life at the end of life
  - Save money, time, resources

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### Lessons Learned

#### Communicate

- Across shifts, across teams
- Use consistent terminology
- Use standardized forms

➢ "Bundle"

#### Be Realistic

- Do not make too many changes at once
- Educate effectively and efficiently

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### Lessons Learned

#### Get the right team together

- Be open to change, education
- Include different roles, different shifts
- MUST have "BUY-IN!"

➢ Patients, families, direct caregivers, management

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### Unique Experience of HospiceCare Population

- Acknowledge that wound may not heal
- Acknowledge that LOS affects data
- Goal: implement change, Braden Scale completed, increase knowledge
- Respect goals of patients and families
  - Nutrition
  - Repositioning, positioning
  - Wound care
  - Pain management

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## The Benefit of WPUC to Home Care

**Carla Stadel R.N., B.S.N.**  
**Director of Home Care, Hospice, Social Services, Pastoral Care, and Life Line**  
Monroe Clinic Home Care  
Monroe, WI

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## Monroe Clinic



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## Monroe Clinic

- Monroe clinic is a not-for-profit, single hospital system serving communities in southern Wisconsin and northern Illinois.
- Sponsored by the Congregation of Sisters of St. Agnes, the system includes a multi-specialty physician practice with 77 employed providers, 11 clinic locations, a 24 hour emergency room, a home care and hospice agency, a retail health clinic and primary care sites offering preventive, curative, palliative and rehabilitation care.
- For more information, please visit [monroeclinic.org](http://monroeclinic.org)

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### General Approach

- Identify current practices throughout hospital and home care
- Standardize prevention and treatment of pressure ulcers

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### Areas of Focus

- Complete wound formulary and make available on Intranet
- Develop interventions based on subsets of the Braden Scale
- Trial skin products on inpatient units
- Provide education on the Braden Scale and identify expectations for completion
- Provide education for the Wound Committee

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### Accomplishments - 1

- Wound formulary is complete, including descriptions of each product
- Wound formulary is available on Intranet
- Interventions based on subsets of the Braden Scale are in draft form
- Implementation plan for interventions has been developed
- Interventions being adapted for home care setting

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### Accomplishments - 2

- Trial of skin care products to start this fall
- Home care RNs doing Braden risk assessment at specific time points consistently
- Physical therapy to be educated on Braden Scale
- ICU staff training using the NDNQI Pressure Ulcer Training Module
- Education ongoing

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### The Future

- Still more work to do
- Expand collaboration – engage local nursing homes
- Understand we have a common goal across the organization – eliminate/reduce pressure ulcers

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### Questions?

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