

# **Contents Guide for the Wisconsin WIC Toolkit for CYSHCN**

## **Model for Identification and Intervention of Infants and Children with Special Health Care Needs**

This document provides an introduction to the Wisconsin CYSHCN-WIC Network and the purpose of this reference toolkit.

## **Flow Chart for Identification and Intervention for Infants and Children with Special Health Care Needs**

The flow chart outlines the steps a family with an infant or child with special health care needs that presents at a WIC Project would be interviewed, screened for nutrition high or low risk, assessed, and have a plan for intervention developed, including food package, referrals and follow-up.

## **Guidance for Italicized Questions in the WIC ROSIE Health and Diet Tabs**

**Health Questionnaire:** The Wisconsin WIC ROSIE computer system contains interview questions that are italicized in the Health Tab. Answers to these questions may indicate that the infant or child may have a special need. This document contains clarifying questions. The Health Tab guidance form gives common nutritional concerns that occur with medical conditions. ROSIE questions allow recording of known diagnoses. However, some children may have been lost to follow-up and present without a medical diagnosis yet demonstrate a developmental delay for age. These children are candidates for referral to CYSHCN regional centers and local Birth to Three Programs. If the child is already in a Birth to Three Program or seeing other specialists, complete requested data regarding health professionals or programs. Best practice is to obtain and send a release of information form to the specialist or therapist to keep communication open between WIC and the clinicians.

**Diet Questionnaire:** In the Diet Tab of the Wisconsin WIC ROSIE computer system, italicized questions alert you to an infant or child with a special nutrition or feeding problem. The clarifying questions in this document help provide a better description of the problem and provide the documentation for referral to health care providers for need of special formulas, evaluation by specialized feeding teams or MNT Registered Dietitians at pediatric specialty clinics.

## **Medical Conditions Table with Nutrition Implications**

The table provides a brief description of 32 medical conditions and related potential nutrition or feeding problems. Online references are listed for additional resource information.

### **Birth Defects and ICD-9 Codes**

This chart provides a listing of the birth defects listed in the Wisconsin Birth Defects Registry, easy to understand description of the conditions and frequency of occurrence. A Powerpoint presentation with photos of Birth Defects is linked to the document.

### **Alternative Special Needs Growth Charts**

The document provides the CDC recommendations regarding use of standard charts for Special Needs Children and also provides references and links to alternative growth charts used by many practitioners.

### **Wisconsin CYSHCN Resources and Partners**

This document contains a listing of professional and consumer resources to assist families with special health care needs. Included is contact information for the five regional CYSHCN centers, the WIC-CYSHCN network of Registered Dietitians, and a list of agencies that are collaborative partners.

Many tertiary hospitals and pediatric specialty clinics have Registered Dietitians that work with CYSHCN. This reference provides a list of RDs that work in hospital and outpatient pediatric settings in Wisconsin and eastern Minnesota.

### **WIC Referral and Communication Forms**

Sample forms regarding pregnant mothers and children are available in ROSIE under "Letters" that can be sent to the client's health care provider to indicate your nutritional concerns. The forms allow a place for signature of parent or guardian for release of information.

### **WAPC Neonatal Nutrition Discharge Plan**

This plan was developed by the Nutrition Committee of the Wisconsin Association for Perinatal Care to assist in the transition from the hospital to the community for infants in the neonatal intensive care unit with special nutritional needs. It was designed to be completed by the discharge coordinating nurse, dietitian or other appropriate health care professional. It does not take the place of WIC referral or prescriptions for infants on exempt formulas. It is, however, an excellent means of communicating client discharge plan and feeding status with WIC, public health nursing and other health professionals. The PDF form and form-fillable version are available from the WAPC website [www.perinatalweb.org](http://www.perinatalweb.org) under the Materials and Publications.

### **Fact Sheet: WIC Formulas for Infants/Children**

The document promotes breastfeeding, discusses formulas (standard contract, exempt) formulas and medical foods, and other possible resources for products that can not be provided by Wisconsin WIC program.

### **Fact Sheet: WIC Services for Infants, Children and Pregnant/Post Partum/Breastfeeding Women with Special Health Care Needs**

The document provides information regarding eligibility, WIC services for clients with special health care needs, listing of WIC approved prescribed formulas and medical food products, and alternative resources for products exceeding availability through WIC food packages.

### **WIC Prescriptions/Clinical Data Form for Infants**

This document is a required form to be completed by the health care provider for the WIC client to receive a food package with an allowed prescription-required exempt infant formula.

### **WIC Prescriptions/Clinical Data Form for Children**

This document is a required form to be completed by the health care provider for the WIC child client to receive a food package with an allowed prescription-required formula (standard or exempt) or medical food.

### **WIC Prescriptions/Clinical Data Form for Women**

This document is a required form to be completed by the health care provider for the WIC pregnant and postpartum breastfeeding and non-breastfeeding woman client to receive a food package with allowed prescribed medical food.

### **Table of Infant Formulas - Contract Standards**

The table provides information on standard contract WIC-approved formulas for infants including: descriptions and use of formula, allowable medical conditions for WIC provision and contraindications for use, calories per ounce, protein, carbohydrate and fat sources, product form and the amount WIC provides monthly. The allowed WIC amount is also broken down into prepared ounces per day.

### **Table of Infant Formulas - Exempt - Prescription-Required**

The table provides information on WIC approved exempt formulas for infants. A prescription from a medical provider is required. The following information is provided: descriptions and use of formula, allowable medical conditions for WIC provision, unallowable reasons for provisions and contraindications for use; calories per ounce, protein, carbohydrate and fat sources, product form and the amount WIC provides monthly. The allowed WIC amount is also broken down into prepared ounces per day.

## **Table of Child Formulas, Medical Foods and Other Foods - Prescription Required**

The table provides information on WIC-approved contract standard and exempt formulas, medical foods and other prescription-required products for children one through four years of age. A prescription from a medical provider is required, including for soy beverage and for whole milk for children age 2 and older. The following information is provided: descriptions and use of the product, allowable medical conditions for WIC provision, unallowable reasons for provisions and contraindications for use; calories per ounce, protein, carbohydrate and fat sources, product form and the amount WIC provides monthly. The allowed WIC amount is also broken down into prepared ounces per day.

## **Table of Women's Medical Foods and Other Foods - Prescription Required**

The table provides information on WIC-approved medical foods and whole milk for pregnant adolescent and adult women and postpartum breastfeeding and nonbreastfeeding mothers. A prescription from a medical provider is required for the medical foods and whole milk. The following information is provided: descriptions and use of the product, allowable medical conditions for WIC provision, unallowable reasons for provision and contraindications for use, calories per ounce, protein, carbohydrate and fat sources, product form and the amount WIC provides monthly. The allowed WIC amount is also broken down into prepared ounces per day.

## **WIC Prescription Clarification Letter**

This is a form letter that can be adapted and completed as needed and given to the parent/guardian or mailed to the health care provider regarding the reason WIC is unable to provide a specific formula or medical food or other prescription-required product.

## **MA Prior Authorization for Medically Needed Enteral Nutrition Products**

This document provides links to the online Forward Health prior authorization enteral nutrition form and guidance for the health care providers.

## **Fact Sheet: Medicaid Funding of Vitamins & Mineral Supplements**

*Currently under construction!*

## **Birth to Three Screening Tool**

This document may be used to determine if a child is at high nutritional risk and may qualify to receive a nutrition assessment and medial nutrition therapy visit via the Wisconsin Health Check Program or the Wisconsin Birth to Three Program. Send a referral to the child's primary health care provider regarding the need for additional nutritional counseling.

**WIC CYSHCN Nutrition Consultant Network**

The document describes the roles and requirements of WIC CPAs providing basic, intermediate and expertise levels of service to families with children with special health care needs. The levels I, II and III are listed with competencies.

**Wisconsin CYSHCN-WIC Mentoring Project**

This document provides description of mentoring, value and benefits of this method of training to work with clients of WIC families with birth defects and special health care needs.