

Guidance for Italicized Questions in the WIC ROSIE Diet and Health Tabs

Required Italicized Questions	Optional Additional Assessment	Potential Indicators/Implications
<p>Infant Diet Tab <i>3. Does your baby have any feeding problems? Chokes and gags? Tube fed?</i></p> <p>Child Diet Tab <i>9. Does your child have any problems with eating or feeding himself/herself? Chokes and gags? Tube fed?</i></p>	<p>Clarifying questions:</p> <ul style="list-style-type: none"> • Can you describe the problem? • How long has this been a problem? • Does your baby (child) choke or gag with every feeding (meal) or every once and a while? If it is not with every feeding (meal), can you tell when your child is more likely to choke or gag? • Is anyone helping you with this problem? • How is baby (child) being fed? (e.g., if he/she is held, in what position, drink from a cup or bottle, self feeding skills) <p>Check anthropometric measurements and history.</p> <p>Check for other medical concerns or conditions.</p> <p>Check diet questions to evaluate appropriateness of food types and textures and behaviors for developmental age.</p>	<p>Inability or refusal to eat certain foods due to:</p> <ul style="list-style-type: none"> • delay in the development of feeding skills • neuromotor dysfunction • structural defects • psychosocial factors. <p>Choking or gagging may result from:</p> <ul style="list-style-type: none"> • strong let down during nursing • larger than appropriate nipple size of bottle. • feeding position challenges their ability to swallow <p>Consider need for referral to health care provider, feeding team, registered dietitian or Birth-3 for further evaluation of:</p> <ul style="list-style-type: none"> • mechanical feeding problems, • problematic feeding behaviors • developmental concerns • dietary adequacy <p>Identify the professional/s for referral, or to coordinate educational approaches and food package prescriptions.</p> <p>Additional Resources: Nutrition strategies, information and handouts from the University of Southern California. (WIC Training Connection)</p> <ul style="list-style-type: none"> • Tube feeding • Feeding skills <p>NFSMI factsheet-Inadequate intake</p> <p>Related to feeding challenges, home blenderized feedings: http://www.mealtimenotions.com/AboutUs.htm</p>
<p>Infant Diet Tab <i>6. Length of time of feedings:</i></p> <p>Child Diet Tab <i>10. Length of time for usual meal:</i></p>	<p>If most feedings are lasting greater than 30-45 minutes:</p> <p>Clarifying questions:</p> <ul style="list-style-type: none"> • Describe a typical feeding (meal). • How do you know when your child is done with his/her feeding (meal)? • Where does your child eat? • Are there any distractions during the feeding (meal). 	<p>Potential concerns/ issues:</p> <ul style="list-style-type: none"> • inefficient eating skills or abilities • maladaptive parent child interactions • ineffective feeding/eating behaviors • expenditure of excessive calories during feeding • infant tiring out during the feeding/meal

	<p>Check infant diet question #4 to assess whether caregiver recognizes hunger and satiety cues.</p> <p>Check diet questions to assess appropriateness of number of feedings/meals.</p> <p>Check the anthropometric measures to assess growth.</p>	<p>Consider need for referral to health care provider or a feeding team for further evaluation. Identify the professional/s for referral, or to coordinate educational approaches and food package prescriptions.</p>
<p>Child Diet Tab <i>7. Is your child following a special diet?</i> <i>Lactosefree</i> <i>Tube fed</i> <i>Diabetes</i> <i>Very low calorie</i> <i>Vegan or macrobiotic</i></p>	<p>Clarifying questions:</p> <ul style="list-style-type: none"> • Was this diet prescribed by a health care provider? • Can you tell me about the special diet? • Do you have any questions about the diet? 	<p>Potential concerns/issues:</p> <ul style="list-style-type: none"> • parents understanding/lack of understanding of prescribed special diets • child on a tube feeding/special diet but not receiving ongoing assessment by Registered Dietitian • child on a non-prescribed nutrient limited diet • special diet may influence food prescription choice <p>Consider need for referral to health care provider and registered dietitian for further evaluation. Identify the professional/s for referral, or to coordinate educational approaches and food package prescriptions.</p> <p>Additional Resources: Nutrition strategies, information and handouts from the University of Southern California. (WIC Training Connection)</p> <p>Tube feeding</p> <ul style="list-style-type: none"> • Food intolerance • Inadequate intake <p>Wisconsin Essential Diabetes Care Guidelines</p>

Additional guidance for the italicized questions in the WIC ROSIE Health Tabs

Required Italicized Questions	Optional Additional Assessment	Indicators/Implications
<p><u>Infant Health Tab</u> <i>3. Do you or your doctor have any concerns about your baby or your baby's growth?</i></p> <p><u>Child Health Tab</u> <i>3. Do you or your doctor have any concerns about your child or your child's growth?</i></p>	<p>Clarifying questions:</p> <ul style="list-style-type: none"> • Who has the concern? • What is the concern? • Is anyone helping you with this concern? (If the concern is the parent's rather than the clinician's) • Do you need additional information or help? • Are you currently doing anything about it? 	<p>Slow growth could be associated with:</p> <ul style="list-style-type: none"> • chronic medical condition • acute illness • feeding relationship issue • oral/motor or developmental problem • caregiver/child relationship concern • premature infant need for catch-up growth

	<ul style="list-style-type: none"> • How much projectile or spit up? 	<p>diarrhea.</p> <p>Vomiting: Concerns/risks:</p> <ul style="list-style-type: none"> • postprandial irritability • feeding difficulties • failure to thrive • aspiration • dehydration <p>Consider need for referral to health care provider/s for further evaluation. Identify the professional/s for referral, or to coordinate educational approaches and food package prescriptions.</p> <p>Refer to their health care professional if there appears to be a problem that puts the child at risk.</p> <p>Additional Resources: Nutrition strategies, information and handouts from the University of Southern California. (WIC Training Connection)</p> <ul style="list-style-type: none"> • Vomiting • Constipation
<p><u>Infant Health Tab</u> <i>5. Is your baby currently taking any medications?(other than vitamins)</i></p> <p><u>Child Health Tab</u> <i>5. Is your child currently taking any medications?(other than vitamins)</i></p>	<p>Clarifying questions:</p> <ul style="list-style-type: none"> • Is this medication a prescribed, over the counter or a home remedy? • What kind of advice have you received about this medicine and from whom? • Have you observed or were you told of any possible side effects? • Do you have any questions about the medication? <p>Assess for nutrient and drug interactions food intolerances or dysfunctional feeding behaviors.</p> <p>Check anthropometric measurements and history.</p> <p>Check for documented medical conditions.</p>	<p>Medications can cause drug nutrient interactions. Combinations of medications can cause additional side effects.</p> <p>Anticonvulsants: Used to treat seizure disorders. Potential side effects:</p> <ul style="list-style-type: none"> • deficiencies of vitamin D, folic acid,B6 and B12 • nausea, vomiting or diarrhea • lethargy • weight loss or weight gain • decrease body calcium <p>Laxatives: Used to treat constipation. Potential side effects:</p> <ul style="list-style-type: none"> • Mineral oil - impaired absorption of vitamins A, D, E and K • Ex-lax/Dulcolax - potassium deficiency and a loss of a variety of nutrients

		<p>Stimulants: Used to treat ADHD Potential side effects:</p> <ul style="list-style-type: none"> • loss of appetite • impaired growth <p>Diuretics: Used for diuresis (e.g., cardiac defects or chronic lung disease) Potential side effects:</p> <ul style="list-style-type: none"> • increase the excretion of minerals • decreased appetite • gastrointestinal distress <p>Corticosteroids: Used in a variety of situations. Potential side effects:</p> <ul style="list-style-type: none"> • increase bone resorption • decreased absorption of calcium and phosphorus, sodium and water retention • insulin resistance • increased or decreased appetite <p>Antibiotics: Used to treat infection Potential side effects:</p> <ul style="list-style-type: none"> • nausea and vomiting • mouth and tongue sores • altered gut flora decreasing vitamin K production. <p>Consider need for referral to health care provider/s for further evaluation. Identify the professional/s for referral, or to coordinate educational approaches and food package prescriptions.</p> <p>Additional Resources: Nutrition strategies, information and handouts from the University of Southern California. (WIC Training Connection)</p> <ul style="list-style-type: none"> • Medication • Supplements <p>Related to medications and lactation: http://toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?LACT</p> <p>Breastfeeding situations: http://www.breastfeedingonline.com/newman.shtml</p>
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<p><u>Infant Health Tab</u> <i>6. Does your infant currently have any medical conditions, illnesses or developmental problems?</i></p> <p><u>Child Health Tab</u> <i>6. Does your child currently have any medical conditions, illnesses or developmental problems?</i></p>	<p>Clarifying questions:</p> <ul style="list-style-type: none"> • Is your child seeing a specialist for this? • Are you able to keep the appointments and get regular care? <p>Use the attached medical conditions table to identify the potential nutritional and/or feeding implications.</p>	<p>Infants and children with medical conditions are at high risk for nutrition problems. Many of these conditions are rare, yet proper management and nutrition intervention is essential for the best possible outcome health and well being.</p> <p>Consider need for referral to health care provider/s including a Pediatric Registered Dietitian for further evaluation. Identify the professional/s for referral, or to coordinate educational approaches and food package prescriptions.</p> <p>Additional Resources: WIC Risk Criteria and Guidelines (in ROSIE Help) – Nutrition-related Chronic Diseases, Genetic Disorders, Medical Conditions</p>
<p><u>Infant Health Tab</u> <i>7. Is your baby seeing a specialist for anything?</i></p> <p><u>Child Health Tab</u> <i>7. Is your child seeing a specialist for anything?</i></p>	<p>Clarifying question:</p> <ul style="list-style-type: none"> • Is this because of ANY medical, behavioral, nutritional or other health condition? What for? • How often do they see them? • Do you have any questions regarding what your specialist has told you? 	<p>Consider need for communication with involved health care provider/s to coordinate educational approaches and food package prescriptions.</p>
<p><u>Child Health Tab</u> <i>10. Does your child have cavities or any problems with their teeth?</i></p>	<p>Clarifying questions:</p> <ul style="list-style-type: none"> • What kind of concerns do you have about your child’s teeth? • Is your child currently getting any dental care? • Do you have an appointment? • Do you have a dentist? • Do you have dental insurance? • How long has this been a problem? <p>Assess diet intake.</p> <p>Assess bottle use/ sippy cup use.</p> <p>Visually inspect the teeth.</p>	<p>Infants and children with developmental and/or physical delays are at increased risk for oral problems.</p> <p>Most common causes:</p> <ul style="list-style-type: none"> • inadequate dental program • increased use of bottle feeding • unusual structure of mouth or gums • behavioral challenges • long-term use of some medications • inadequate fluoride • sweet/sticky foods <p>Consider need for referral to health care provider/s for further evaluation. Identify the professional/s for referral, or to coordinate educational approaches and food package prescriptions.</p> <p>Additional Resources: - Nutrition strategies, information and handouts from</p>

		<p>the University of Southern California (WIC Training Connection)</p> <p>Oral dental health</p> <p>A Health Professionals Guide to Pediatric Oral Health Management - Module 7</p>
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