

**WIC-NUTRITION LEADERSHIP SERIES**  
**Session Three: Leading in the Community**  
**Evaluation Results**  
**July 23-24, 2007**  
**Madison, WI**

Your feedback is important to us. Please complete this form and leave it in the box provided. **Thank you!**

“I couldn’t say enough about the presenter. She was so great!”

**1. Please indicate your thoughts regarding your overall impression of Session Three in the WIC Leadership series by circling the answer that best reflects your thoughts.**

1=Strongly Disagree; 2=Disagree; 3=Neither Agree or Disagree; 4=Agree; 5=Strongly Agree

This session’s content and materials...	Strongly Disagree			Strongly Agree	
Were easy to understand	1=0	2=1	3=0	4=16	5=17
Were well organized	1=0	2=1	3=0	4=13	5=21
Will be of immediate use to me	1=0	2=1	3=5	4=12	5=17
Will be useful to me within the next 6–12 months	1=0	2=1	3=3	4=10	5=21
Will strengthen my ability to lead others	1=0	2=1	3=1	4=12	5=20

**2. Please indicate, by checking the appropriate box, your thoughts about how the following pieces of this session strengthened your knowledge & ability to lead others.**

Session Content	How well did this portion of the session strengthen your knowledge & ability to lead others				
	Not at all	A little	Somewhat	Very Well	Extremely Well
<b>Great meetings, Great Results</b>			1	21	12
Comments: “Specifically the idea of stating the purpose and outcome. I’ve done a lot of agendas and have seen a lot and have never seen both of those items on the agenda. It is a great idea!” “We all deal with meetings. Learning to be more effective at meetings I think earns respect with partners and focuses attention.” “Meetings that are poorly facilitated and developed are a great source of frustration. I plan to share this with many people I work with.” “Although I am not in a position to facilitate a meeting at this stage, the knowledge of what a meeting can/should be has been eye-opening. I know that I will use this in the future.” “I like the colors from this book. Very easy to follow.” “Many great suggestions/directions on how to conduct a great meeting.”					
	Not at all	A little	Somewhat	Very Well	Extremely Well
<b>Facilitation skills &amp; Group Processes</b>			1	21	12
Comments: “Our group dynamic changed with the inclusion of a new member – a good lesson for me to deal with if this happens for real!” “Great info and activity (love the activities!).” “It’s easy to start thinking things like agendas, ground rules, using processing isn’t needed but it is. Thanks for that reminder.” “This great, though I also think is hard. Practice makes (close to?) perfect. Ignoring this issue does not improve what we want to do.” “It was nice reinforcement that we already do about 75% of this at our agency. I enjoyed learning some new					

tricks in the remaining 25%.”  
 “The exercise was a bit too structured. Difficult to really test.”  
 “It would have been nice to discuss more of the facilitation strategies or review them on day 2 before the activities.”  
 “Really enjoyed practicing.”  
 “The book is an excellent resource.”

	Not at all	A little	Somewhat	Very Well	Extremely Well
<b>Keeping Meetings on Track</b>		1	1	21	11

Comments:  
 “A very helpful skill to have – I definitely have a need for this!”  
 “Specific examples/wording is what I was looking for. Thanks for providing those.”  
 “Greatly appreciate this and plan to use.”  
 “Very good suggestions I plan to try.”

	Not at all	A little	Somewhat	Very Well	Extremely Well
<b>Community Case Study Part 1</b>			10	18	6

Comments:  
 “I know we were rushed for time, but I wish we could have spent more time on this and coalition building – a focus for me.”  
 “This applies to ‘New Community: Giving and ...’ small group activity: Would have been easier to complete case study if a brief definition was given for “New Community,” “Power Lost/Gained” concept. We probably got it by the end, but there was confusion. It was very good to explore this and see how there are no perfect solutions and power lost/gained can be helpful in determining which solution to choose.”  
 “Difficult to discuss with limited time. Enjoyed being the scribe!”  
 “Thank you for this segment. I was one of the few it seems that feels lost in getting the evidence from research. This helped me a lot!”  
 “Way out of comfort zone. Frustration with others at table.”  
 “Little rushed to get through the info.”  
 “Not enough time on agenda – too many agenda items for time.”

	Not at all	A little	Somewhat	Very Well	Extremely Well
<b>Community Case Study Part 2</b>			1	8	2

Comments:

**3. What content from this 2-day session was most relevant to you in your current position? (Check all that apply)**

- How to get the most out of meetings = 23
- How to effectively facilitate meetings = 26
- How to get meetings back on track if they’ve gone awry = 19
- The case study focusing on collaborative partnerships = 7
- Ideas I can try immediately = 15
- Nothing new = 0
- Anything else? = 1 “Medline”

#### **4. How do you plan to use the information you gained from the session?**

“Revamp nutrition coalition meetings, apply to environmental audit, explore issues with staff.”  
“Mainly with our coalition, but hope to use some ideas at work too.”  
“Beginning with my weekly staff meetings – this week – then? (Unlimited potential)”  
“Reconvene the nutrition and physical activity coalition.”  
“Change meetings; prioritize needs in my program with needs of community.”  
“In our meetings and coalition.”  
“Make meetings more productive.”  
“As a participant of many workgroup and program meetings, I hope to help plan, execute and follow-up with goals to make them productive to all participants.”  
“All very useful and pertinent.”  
“Evaluate why and how often I meet for a couple “meetings” I am in charge of.”  
“Improve agendas for WIC staff meeting. Prepare/participate more thoroughly and fully in meetings I attend.”  
“Use it to plan effective meetings and work effectively with community partners.”  
“Be more effective at focusing meetings and ID meetings we may not need to be at.”  
“Reformat our employee wellness meetings and give some ownership back to the committee members.”  
“Improve the flow of meetings; increase participation and ownership of the Hunger Task Force that I chair. Be more open to partnerships, collaborations, etc.”  
“Better meetings.”  
“Share info on meetings, develop meetings better myself. Work on facilitation of any group gathering.”  
“This is info that I will take back to my project and start with introducing this at all staff meetings to practice for bigger meetings.”  
“Share with others and use when applicable.”  
“Staff meetings – lots of changes will occur.”  
“Great meetings. Great results.”  
“The information I gained I will use with my local coalition to help improve my participation in meetings and establish more purpose/outcomes.”  
“Observe more at meetings I attend.”  
“Be more aware and present (objective) with how a meeting is actually going.”  
“Improved meetings – better meeting outcomes.”  
“Improve meetings – in leading them and a facilitator role.”  
“Hope to have more effective meeting – my boss needs this info and I can share it with her.”  
“Restart the coalition for nutrition.”  
“Partnership info and coalition info (maintaining partnership).”  
“Apply to all meetings I lead/facilitate; purpose, outcomes, etc. Also apply to teaching and classroom facilitation.”

#### **5. What additional assistance or information do you feel you need in order to put into practice the ideas presented in Session Three?**

“Practice – confidence.”  
“Time to process all the info! Practice!”  
“I would love to be able to stay in touch with the other members – would be motivating.”  
“Reminders to share our experiences with each other periodically.”  
“More time.”  
“An example of an agenda with purpose, outcomes, times.”  
“I would like a resource list of books or professional journals to add to knowledge base and add to practical experience to refine and perfect skills.”  
“I think it is something I just need to practice.”

“Would be nice if folks shared successes/failures via email (maybe send to one contact person who would dispense to the group).”

“I want to read and study book – not sure of additional resources – would be nice to have additional meetings to continue to reinforce!”

“I feel this info is an excellent base. I understand the “big picture” but need to practice. Your exercises and guide books were very good.”

“Nothing needed.”

“Practice facilitating.”

“Technical assistance and guidance to make sure meetings are set up well.”

**6. Check the box that describes how well the pre-work assignment prepared you for this session.**

Not at all	A little	Somewhat 13	Very Well 20	Extremely Well 1
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**Comments:**

“Thank you to the state for sponsoring this type of training.”

“Could have not done it and still been able to follow.”

“Great book choice – will be a usable, read-able tool to share with others.”

“This gave me an opportunity to focus my thought process on what these two days would be about. Thank you also for incorporating the materials/references into the conference.”

“Nice resource – “Great Meetings! Great Results.”

**7. Check the box that describes how well your Session II follow up assignment reinforced or allowed you to practice what you learned in that session.**

Not at all	A little 1	Somewhat 14	Very Well 15	Extremely Well 3
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**Comments:**

“I’ll miss my quarterly contacts with Susanne, can I email (just kidding)? Thanks for planning such an invigorating, rejuvenating and informative session. The entire series exceed all expectations.”

“An excellent training – best I’ve ever been to! Loved having 3 sessions with time in-between. Small enough to get to know people! Thanks!”

“Thank you to Suzanne for doing an excellent job – this has caused me to truly stretch into new areas, somewhat uncomfortable, but extremely freeing – the potential is here; we have discovered more than we knew!”

“Partially my fault since I picked one of the easier ones.”

“This was excellent! Thank you!”

“Books were excellent resources!”

“I found it difficult to set aside time for f/u and prework.”

“I loved the series and Suzanne did a great job!”

“The books were great!”

“I enjoyed the activity but was disappointed with the reaction of others. Did reinforce use of types of communication and thinking.”

“I had a very busy 3 months (as I’m sure everyone has), so doing this – one of the best things I walked away with is the confidence to follow my instincts to ask questions about situations and planning before diving in because it sounds like a good idea.”

“I’ve been so busy at home and work that I really didn’t have a lot of time to do it – sorry. Thank you Susanne for all your hard work – you are very down-to-earth and approachable.”

“Did presentation at regional nutritionist meeting.”