

VENA Story OBSERVATION FORM #3

TWO BOYS -----



OBSERVE – CHECK OFF (As you watch the demonstration, check off when you see these behaviors by the Nutritionist.)

Establishing Rapport

1. _____ Introduces self to client, makes sure client was comfortable, knows basics about client, informs client of process.
2. _____ Uses appropriate non – verbal communication.
3. _____ Uses respectful language.

Completing the Assessment & Identifying and Exploring Concerns

1. _____ Reviews client’s past Care Plan and risks.
2. _____ Asks open – ended and “umbrella” questions for Health and Diet tabs.
3. _____ Asks probing questions to clarify responses.
4. _____ Asks open – ended questions to explore client’s concerns about eating/feeding.
5. _____ Listens actively and allows for silence.
6. _____ Uses a positive approach based on desired health goals rather than deficiencies/risks.
7. _____ Leads discussion based on nutrition assessment and desired health outcomes.
8. _____ Works with client to identify problem behaviors and ideas for change.
9. _____ Provides a limited amount of tailored messages.

Setting Goal(s)

1. _____ Summarizes the conversation.
2. _____ Works together with client to set specific and realistic goals.
3. _____ Schedules and documents secondary nutrition education that will help client meet goals.

Closing on a Positive Note

1. _____ Works together with client to restate goal and checks for understanding



THINK: How does the nutritionist transition from assessment to counseling to goal setting?
How does she demonstrate a learner – centered approach to counseling?