

VENA Story OBSERVATION FORM #1

PREGNANT WOMAN -----



OBSERVE – CHECK OFF (As you watch the demonstration, check off when you see these behaviors by the Nutritionist.)

Establishing Rapport

1. _____ Introduces self to client, makes sure client was comfortable, knows basics about client, informs client of process.
2. _____ Uses respectful language.

Completing the Assessment & Identifying and Exploring Concerns

1. _____ Asks open – ended and “umbrella” questions for Health and Diet tabs.
2. _____ Asks probing questions to clarify responses.
3. _____ Asks open – ended questions to explore client’s concerns about eating/feeding.
4. _____ Identifies and acknowledges client’s positive behavior.
5. _____ Uses a positive approach based on desired health goals rather than deficiencies/risks.
6. _____ Works with client to identify problem behaviors and ideas for change.
7. _____ Provides a limited amount of tailored messages.
8. _____ Refers client to outside sources when needed.

Setting Goal(s)

1. _____ Summarizes the conversation.
2. _____ Works together with client to set specific and realistic goals.

Closing on a Positive Note

1. _____ Works together with client to restate goal and checks for understanding



THINK: Write as many examples as you can recall from the demonstration of open – ended questions.