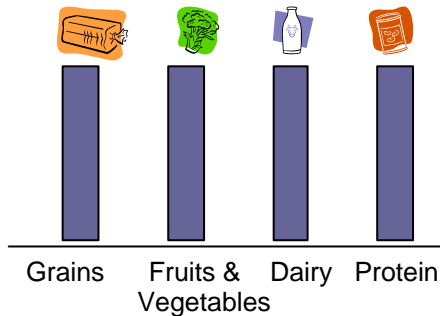


# Food Packages and Benefits for Mom and Baby



## Fully Breastfeeding



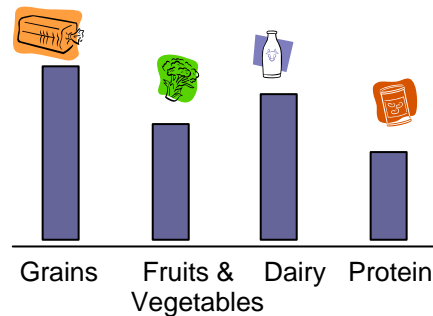
### For Mom

- More variety, more foods
- Foods for up to one year
- Breastfeeding support and other services

### For Baby

- Mom's priceless breastmilk
- At 6 months:
  - *Baby cereal*
  - *Twice as much baby fruits and vegetables*
  - *Baby meats*

## Mostly Breastfeeding



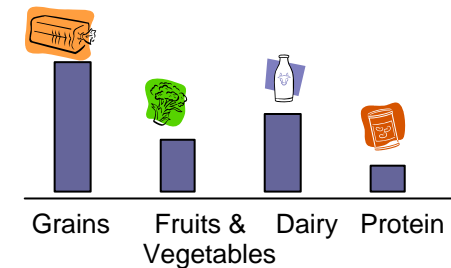
### For Mom

- Foods for up to one year
- Breastfeeding support and other services

### For Baby

- Mom's priceless breastmilk
- Limited amount of formula
- At 6 months:
  - *Baby cereal*
  - *Baby fruits and vegetables*

## Non-Breastfeeding



### For Mom

- Foods for up to six months

### For Baby

- Amount of formula depends on baby's age
- At 6 months:
  - *Baby cereal*
  - *Baby fruits and vegetables*