

**AGE-SPECIFIC ADL / IADL ANSWER CHOICES  
FOR CHILDREN'S LONG-TERM SUPPORT PROGRAMS  
AGE: 4 – 6 Years**

**ACTIVITIES OF DAILY LIVING (ADL)**

**Bathing**

- Needs adaptive equipment.
- Is combative during bathing (e.g., flails, takes two caregivers to accomplish task).
- Needs to be lifted in and out of bathtub or shower.
- None of the above apply.

Is at least one of the bathing functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Grooming (brushing teeth, washing hands and face)**

- Is combative during grooming (e.g., flails, clamps mouth shut, takes two caregivers to accomplish task).
- Unable to wash hands.
- None of the above apply.

Is at least one of the grooming (brushing teeth, washing hands and face) functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Dressing**

- Needs physical assistance with getting clothing on. This does not include fasteners such as buttons, zippers, and snaps.
- None of the above apply.

Is at least one of the dressing functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Eating**

- Receives tube feedings or TPN.
- Requires more than three hours per day for feeding or eating.
- Needs to be fed.
- Needs one-on-one monitoring to prevent choking, aspiration, or other serious complications.
- None of the above apply.

Is at least one of the eating functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Toileting**

- Incontinent during the day (of bowel and/or bladder).
- Needs physical help (other than wiping).
- None of the above apply.

Is at least one of the toileting functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Mobility**

- Does not walk or needs physical help to walk.
- Uses a wheelchair or other mobility device not including a single cane.
- None of the above apply.

Is at least one of the mobility functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Transfers (does not include bathtub or shower)**

- Needs physical help with transfers.
- Uses a mechanical lift.
- None of the above apply.

Is at least one of the transfers (does not include bathtub or shower) functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**NOTES:**

**INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADL)**

**Communication**

- A norm referenced assessment in receptive language within the last year. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)

Date of Assessment: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_

*(See list of "Norm-Referenced Assessment Tools for Communication and Learning")*

- Assessment Result:
- Within normal limits
  - Less than 30% delay
  - Greater than or equal to 30% delay
  - Less than 2 Standard Deviations (SD) below the norm
  - Greater than or equal to 2 Standard Deviations (SD) below the norm

- A norm referenced assessment in expressive language within the last year. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)

Date of Assessment: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_

*(See list of "Norm-Referenced Assessment Tools for Communication and Learning")*

- Assessment Result:
- Within normal limits
  - Less than 30% delay
  - Greater than or equal to 30% delay
  - Less than 2 Standard Deviations (SD) below the norm
  - Greater than or equal to 2 Standard Deviations (SD) below the norm

- Does not follow two-step instructions that are related and are not routine.
- Does not understand at least 3 prepositions in unfamiliar single step instructions (e.g., in, on, under).
- Does not ask for objects by naming them.
- Does not combine 3 or more words into a meaningful sentence.
- None of the above apply.

Is at least one of the communication functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Learning**

- Has a valid full scale IQ (A substantial functional impairment is defined by a full scale IQ score of 75 or less.)  
IQ Test: \_\_\_\_\_ Score: \_\_\_\_\_
- A norm referenced assessment in cognition within the last year. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)  
Date of Assessment: \_\_\_\_\_ (mm/yyyy)  
Assessment Tool: \_\_\_\_\_  
*(See list of "Norm-Referenced Assessment Tools for Communication and Learning")*  
Assessment Result:  Within normal limits  
 Less than 30% delay  
 Greater than or equal to 30% delay  
 Less than 2 Standard Deviations (SD) below the norm  
 Greater than or equal to 2 Standard Deviations (SD) below the norm
- Cannot accurately identify at least 7 colors.
- Cannot accurately identify at least 5 shapes.
- Cannot count 3 objects.
- Cannot group objects by category.
- None of the above apply.

Is at least one of the learning functional impairments expected to last for at least one year from the date of screening?

- Yes
  - No
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**Social Competency**

- Does not take turns in play.  
*Does not share toys, or wait for his / her turn in a group game.*
- Does not insist on trying to do things independently.  
*Willingly allows others to help him / her in all activities throughout the day.*
- Does not have an awareness of another child's need for help or feelings.  
*Does not recognize when another child is happy, sad or hurt.*
- None of the above apply.

Is at least one of the social competency functional impairments expected to last for at least one year from the date of screening?

- Yes
- No