6.9 Dressing

The ability to dress as necessary. This does not include the fine motor coordination for buttons and zippers.

0-6 mos	6-12 mos	12-18 mos	18-24 mos	24-36 mos	36 mos-4 yrs	4-6 yrs	6-9 yrs	9-12 yrs	12-14 yrs	14-18 yrs	18 yrs +	☑ Indicates that the item on the functional screen should be checked. ○ Indicates that the item on the functional screen should NOT be checked.
												Has physical characteristics or medical needs that make dressing very difficult, such as tubes, casting, contractures, extreme hypotonia, or extreme hypertonia. ☑ This can include difficulty with baby's diaper changes. ☑ This can include having ostomies, severe pain, helmets, AFOs, orthopedic braces, or serial casting.
												Does not assist with dressing by helping to place arms in sleeves or legs into pants. ☑ Unable to assist with arms or legs (or both). ☑ Can assist in their own dressing tasks.
												 Unable to pull off hats, socks, and mittens. ☑ Unable to take off any of these items independently. ☑ Needs someone to get the item partially off (then the child is considered unable to pull off item). ⑥ Can only take off any one of the mentioned items (e.g., can pull off socks but not hats or mittens).
												Unable to undress self independently. ☑ Unable to take off any one item that is worn on a regular basis or requires a device or other physical assistance to take off item. ☑ Unable to undo buttons but can pull buttoned shirts off over their head. ☑ Unable to undo fasteners on the backs of clothing.

0-6 mos	6-12 mos	12-18 mos	18-24 mos	24-36 mos	36 mos-4 yrs	4-6 yrs	6-9 yrs	9-12 yrs	12-14 yrs	14-18 yrs	18 yrs +	 ☑ Indicates that the item on the functional screen should be checked. ☑ Indicates that the item on the functional screen should NOT be checked.
												Needs physical assistance with getting clothing on/off. At this age it is expected that typically developing children can dress themselves and children ages 9 and older are independent in dressing including fasteners. ☑ A parent or caregiver needs to hold pants while a child steps into them or help pull a shirt over the child's head. ☑ Puts clothing on by self but clothing is inside out, or backwards or shoes are on the wrong feet. ☑ Children ages 9 and older who need an adult to assist with buttons, zippers, and snaps. ☑ Independent in dressing but takes added time, supervision or adaptions to complete the process (sock assist tool, grabbers, etc.). ☑ Sensory concerns result in resistance to dressing or undressing and significantly impact family routines. ⑤ For children under 9, can dress independently but needs help with fine tuning (e.g., tucking shirt in, zipping pants, buttoning shirt).

DRESSING