





# THE FELLOWSHIP

### By Islands of Brilliance





# What is The Fellowship?

Free, weekly workshops for neurodivergent teens and young adults (aged 16 through early 30s) to gather for creative arts-based activities and guided discussions.

Launched in early February 2024.

Currently offered in Eau Claire, La Crosse, Rice Lake, Tomahawk, Viroqua, and Wausau.

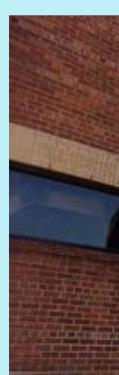












# Partner Locations









### one Artist + one Special Educator each site



August Carlson







Hannah Sallman Tiffany Lavender Morgan Hoff



Deb Wall



Jake Nitzel





Danielle Check





### off Elise Kallenbach

Mary Warner

Lauren Leitner



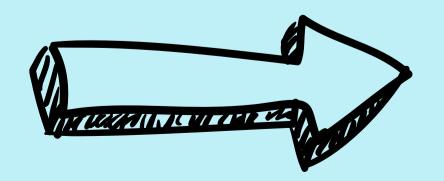
**Beth Gardner** 



The Fellowship's activities and discussions were developed in response to the Positive Youth Development Perspective, supported by both the Center for the Study of Social Policy and Harvard University.

This perspective values a strengths and community-based approach to supporting citizenship, resiliency, and well-being of youth and young adults.

Within this approach, The Fellowship will explore one of six rotating pillars each month:





• Character

Competence

Caring/Compassion

Contribution

# Work Samples

















## Bepbop



### March: 2024

Thematic Definition-

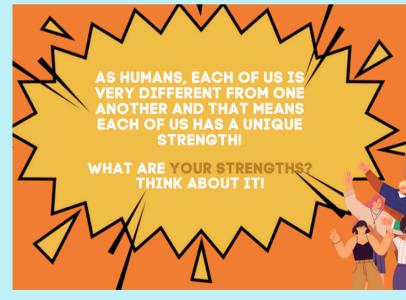
Confidence: An overall belief of self worth, self assurance, and appreciation of one's own ability to succeed.

Week 1	Hands-On and Digital Art Day
Monthly Theme	Confidence
Weekly Learning Target	Today, you will design yourself as a superhero–recognizing your own super powers (strengths) AND create a tiny town to save!
Stoke (5 min)	Circle up! Share your name and something that you're passionate about. (aka: your Spln!)
Mission: <u>1) Hands-on</u> <u>Group-</u> Create a tiny town that you can be the protector of. When you're done, take a picture of it on an iPad, and give it back to the iPad group. <u>2) iPad Group-</u> Take a picture of yourself, and turn yourself into a	<ul> <li>Introduction (5 min) As humans, each of us is very different from one another and that means each of us has a unique strength! What are your strengths? Think about it!</li> <li>Break participants into 2 groups. 1 group will be doing a hands-on activity, and the other will be creating on the iPad. One fellow will guide each group in their mission OR the hands-on group can work independently if necessary.</li> <li>Extension Activity- Group 1- Name your tiny town, and create a sign for it! (Think: Batman protects Gotham City)</li> <li>Group 2- Create your own "Batman symbol" to shine in the sky. What symbol will best represent you and call you to action?</li> </ul>
superhero. Include clues as to what your super powers are!	Creative Work Time (30 minutes) *Last 5 minutes: Hands-on Group, take a picture of your tiny town on an iPad. Make sure you get the same iPad next time!
iPad group stays near the monitor/screen for more	Share Out (5 min)Each group will take time to share what they've created.After each presentation, ask the presenter how they want to celebrate their

directions on navigating Procreate together! *Groups will switch roles next session!	<ul> <li>work. (examples: applause, thumbs up, silent claps, dance, etc)</li> <li>Guiding Discussion Questions (10 min): Hand-on Group: <ul> <li>What made you include the elements that you did in your tiny town?</li> <li>What do you hope to do as a superhero to protect this tiny town?</li> </ul> </li> <li>iPad Group: <ul> <li>Tell us about the superpowers that you chose.</li> <li>Do you think there are heroes in real life? What do they look like?</li> </ul> </li> </ul>
Reflection (5 min)	Reflection Journal







# Sample Curriculum





SHARE YOUR NAME AND SOMETHING YOU'RE PASSIONATE ABOUT! (AKA YOUR SPIN!)



WEEK 1

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# Program Outcomes

- Social acceptance among a group of peers
- Learn to mitigate stress
- Increased resiliency
- Improved sense of self-worth & self-confidence
- Confidence to access a community of support
- Exploration of identity





Assessment

### Informal

Work Samples Student Reflections Fellows Reflections

## Formal

### Participation and Environment Measure (Y-PEM) Home, School/Work, Community

## **Quotes from Participant Reflection Journals**



### Photo by Rachel Urban

### What was a joy you experienced today?

"Being more open today and not as shy. I'm getting more comfortable with the group and when that happens I am way less shy."

"Making my own personal backpack with everything that would make daily life simpler."

"Talking about my special interests...all the cool people here."

# What's Next?

Guided by Wisconsin DPI data, we're currently exploring our reach further north.

This August, we'll be hosting workshops in Manitowish Waters and in Rhinelander. We are also making connections to expand The Fellowship in the **Fox Cities** 

