CORE Conversations with Families in Birth to 3

Module 4: Listening for parent priorities to identify meaningful outcomes

A Presentation by Molly Murphy, Ph.D.
August 3, 2016
Community Opportunity Relationships Enjoyment
CORE

- Community  where we live, work and play together
- Opportunity  when we practice, participate, contribute
- Relationships  who we love, who gives and receives support
- Enjoyment  how we feel about one another, what sustains us
• CORE Conversations offer Birth to 3 providers a strategy to use in their conversations with parents raising young children with disabilities that emphasizes natural and ordinary supports.
CORE Conversations
Online Training Module

- For Birth to 3 providers
- Self directed learning
- Links to additional printed CORE resources
CORE Conversations
Module Format

The content for this online training is based on:

The CORE of a Good Life: Guided Conversations with Parents on Raising Young Children with Disabilities
by

Molly Murphy and Mark Sweet (2009)
You can download a free .pdf copy of the CORE Guide with the link below

CORE Conversations and this online module were developed with the financial support of these partners:

- Waisman Center Natural Supports Project
- WI Board for People with Developmental Disabilities
- WI Birth to 3 Program
- Disability Rights Wisconsin
To make the most of this training

• We invite learners to refer to the CORE Conversations Guide for indepth descriptions of these ideas and strategies to integrate into their work with families.
Community Opportunity Relationships Enjoyment

CORE
Learning Objective
Module 4

• To use parent priorities about community, opportunity, relationships, and enjoyment to identify meaningful objectives.
Community Opportunity Relationships Enjoyment
Where do families want to spend time?

- Playing in the park
- Reading at the library
- Walking to school
- Riding the bus
- Place of worship
- Eating in restaurants
- Shopping in stores
- Visiting in friend’s homes
- Sharing a holiday meal with family
Community

where we live
Community where we play
Community  where we share meals
Community where we work
Community where we go to school
### Community

<table>
<thead>
<tr>
<th>When a parent’s priority is.....</th>
<th>Discuss these as objectives.....</th>
</tr>
</thead>
<tbody>
<tr>
<td>Getting out of the house once a day with her child</td>
<td>Parent and child will walk with the stroller go to the neighborhood park once each day</td>
</tr>
<tr>
<td>Eating out in a restaurant as a family</td>
<td>Parent will make a busy box of toys, and a music player for her child, to use while his family is eating at Culvers once a month</td>
</tr>
</tbody>
</table>
Community Opportunity Relationships Enjoyment
Opportunity
the activities

- *What* do parents want their children to be doing?
  - Making choices
  - Practicing
  - Contributing

What if no one had to “get ready” and instead just had a chance participate?
Opportunity

making friends

[Image of two children talking in a park]
Opportunity getting invited
Opportunity risk and benefit
<table>
<thead>
<tr>
<th>When a parent’s priority is.....</th>
<th>Discuss these as objectives.....</th>
</tr>
</thead>
<tbody>
<tr>
<td>That both of her children can join in family bike rides</td>
<td></td>
</tr>
<tr>
<td>That his child be included in her neighborhood preschool and have friends in the neighborhood</td>
<td></td>
</tr>
</tbody>
</table>
Community Opportunity Relationships Enjoyment
Relationships
the people

- *Who* do parents want in their child’s life?

- Who is ready, willing and able?
- Who needs encouragement?
- How can this child contribute?
- Where is the balance between give and take?
Relationships

joining in
Relationships

give and take
Relationships contributing
Relationships: the effects of “help”
## Relationships

<table>
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<tr>
<th>When a parent’s priority is.....</th>
<th>Discuss these as objectives.....</th>
</tr>
</thead>
<tbody>
<tr>
<td>That her Dad better understand what works for discipline for his grandson</td>
<td>Parents will write down 3 strategies that help their son get calm for sleep to share with Grandpa (as an alternative to Grandpa wanting to tell him he just needs to settle down)</td>
</tr>
<tr>
<td>As a Dad who travels for work, that he gets to stay connected to his kids when he is away</td>
<td>Mom and Dad make a photo book for the kids and set up a calendar for a Facetime call every other night when Dad is away</td>
</tr>
</tbody>
</table>
Community  Opportunity

Reciprocity in Relationships

Enjoyment

C O R E
Enjoyment
How we feel being together

How do parents want to feel about their child?

- knowing
- loving
- connected
- fun
- engaged
- rewarding
Enjoyment again!
Enjoyment
closeness
Enjoyment
delight
Enjoyment sharing across generations
## Enjoyment

<table>
<thead>
<tr>
<th>When a parent’s priority is.....</th>
<th>Discuss these as objectives.....</th>
</tr>
</thead>
<tbody>
<tr>
<td>To share her favorite childhood books with her kids</td>
<td>Mom makes a trip to the library with her child and they checkout 3 of her favorite books and they read them at bedtime</td>
</tr>
<tr>
<td>To see his kids play outside at the beach nearby</td>
<td>Dad makes a list of what he needs for his outing with the kids, and plans a date later that month when they can go on a Saturday</td>
</tr>
</tbody>
</table>
To continue learning more about integrating CORE conversation into your work

- Module 5  Ideas on how to add *natural and ordinary supports* to the options you encourage families to consider.
WI DHS Birth to 3 Program partnered with Molly Murphy, Ph.D., presenter and co-author of the CORE Guide (2009), to make the CORE Conversations training and materials available to Birth to 3 providers across the state.

Molly is a clinical assistant professor and Director of the Waisman Center Autism Treatment Programs in partnership with UW Health, at the University of Wisconsin-Madison.

Molly holds a doctorate in Behavioral Disabilities with an emphasis in early childhood special education from the University of Wisconsin Madison, is a licensed Behavior Analyst and a certified Early Start Denver Model (ESDM) therapist.

Molly has supported families raising children with disabilities across WI for many years; as an educator in Birth to 3, inclusive preschool teacher, lead supervisor for in home and clinic based autism treatment and as a parent education and parent leadership group facilitator.

If you would like information on CORE Conversations, or permission to use these materials outside of your Birth to 3 Program, you can contact Molly at 608-263-8033 or email memurph3@waisman.wisc.edu
Community Opportunity Relationships Enjoyment