

DHS/DQA - Test Advisory Panel Meeting – September 15th 2026

Recommended Effective Date of Changes November 1st 2026

Knowledge Test

Active Test Bank

- Added 32 questions to the active test bank
 - 4 - Aging Process and Restorative Care
 - 6 - Basic Nursing Skills
 - 5 - Client Rights
 - 4 - Disease Process
 - 5 - Infection Control
 - 2 - Personal Care
 - 2 - Role/Responsibility
 - 4 – Safety
- The test bank has 1137 active knowledge test questions

Skills Test Changes

Hand Washing (for all mandatory/hand washing tasks)

The Step Scrubs at least 20 secs

Will be changed to Scrubs at least 20 secs outside the stream of water

***Will Be a Key Step**

Assisting Resident with a Bedpan (modified) w/Hand Washing

The Step Positions resident on bedpan/fracture pan correctly

Will be changed to Positions resident on bedpan (standard/fracture) correctly

The Step Positions resident on bedpan/fracture pan using correct body mechanics

Will be changed to Positions resident on bedpan using correct body mechanics

The Step The candidate gently removes the bedpan/fracture pan. (Candidate holds the bedpan while Observer pours a fluid 'fake urine' into the bedpan/fracture pan.)

Will be changed to The candidate gently removes the bedpan. (Candidate holds the bedpan (Standard or fracture) while Observer pours a fluid 'fake urine' into the bedpan.)

Catheter Care for a Female Resident w/Hand Washing

The following step will be added Fills basin with warm water

The Step Rinse using a clean washcloth with strokes only away from the urethra.

Will be changed to Rinse using a clean portion of the washcloth with strokes only away from the urethra.

The Step Rinse using a clean portion of the washcloth for each stroke.

Will be changed to Rinse using a clean portion of the washcloth for each stroke. (AT LEAST TWO STOKES).

The following steps will be added Places linen in laundry hamper

Empty, rinse, dry basin

Returns equipment to storage

Assisting a Resident who is Dependent with a Meal

The Set up will be changed to Two full glasses

Modified Bed Bath for a Resident: Whole Face, One Arm, and Underarm

The following steps will be added Puts on gloves

Removes gloves

Disposes of gloves

Mouth Care

- | | |
|---------------------------|---|
| The Step | Brushes the resident's teeth, including the inner surfaces of all upper and lower teeth while verbalizing the surfaces being cleaned. |
| Will be changed to | Brushes the resident's teeth, including the inner surfaces of all upper and lower teeth |
| The Step | Brushes the resident's teeth, including the outer surfaces of all upper and lower teeth while verbalizing the surfaces being cleaned. |
| Will be changed to | Brushes the resident's teeth, including the outer surfaces of all upper and lower teeth |
| The Step | Brushes the resident's teeth, including the chewing surfaces of all upper and lower teeth while verbalizing the surfaces being cleaned. |
| Will be changed to | Brushes the resident's teeth, including the chewing surfaces of all upper and lower teeth |

Position Resident in Bed on their Side

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|---|--|
| The Step | To ensure safety, raise the side rail or direct the RN Test Observer to stand on the side of the bed opposite the working side. |
| Will be changed to | Provides safety by raising the side rail or direct the RN Test Observer to stand on the side of the bed opposite of the candidate. |
| The Step | From the working side of the bed, moves the resident's body toward self. |
| Will be changed to | Move the resident to the side of the bed. |
| The following step will be added | Ensures the resident is in the center of the bed. |

Range of Motion for a Residents Hip and Knee

The title will change to	RANGE OF MOTION FOR A RESIDENT'S HIP, KNEE AND ANKLE
The Step	Moves the entire leg away from the body. (abduction)
Will be changed to	Completes abduction of the hip at least three times
The Step	Moves the entire leg toward the body. (adduction)
Will be changed to	Completes adduction of the hip at least three times
The step will be removed	Completes abduction and adduction of the hip at least three times.
The Step	Bends the resident's knee and hip toward the resident's trunk. (Flexion of hip and knee at the same time.)
Will be changed to	Completes Flexion of the hip and knee at least three times
The Step	Straightens the knee and hip. (Extension of knee and hip at the same time.)
Will be changed to	Completes extension of the hip and knee at least three times
The step will be removed	Completes flexion and extension of the knee and hip at least three times.
The following steps will be added	Moves one hand to support the heel Moves the other hand to support the foot Completes dorsi-flexion of the ankle at least three times Completes plantar-flexion of the ankle at least three times

Test Site Requirements Updates

- Handwashing Sink cannot be an automatic sink
- Beds with alarms that sound when bed is unlocked will be allowed but site needs to provide an easy button or an x on the floor for candidate to simulate locking brake of bed step