CCS Coordinating Committees: You Lead the Way for Others

CCS Statewide Meeting
September 7, 2016
Presenters

• **Ellie Jarvie**, Department of Health Services
• **Bob Fredericks**, Access To Independence
• **Mary Neubauer**, Milwaukee County Mental Health Board
Introductions

• Your name
• Your experience with CCS Coordinating Committees
Today’s Goals

• Gain practical tips for leading CCS Coordinating Committees
• Learn from each other
Today’s Agenda

• Recruitment and retention strategies
• Welcoming members
• Meaningful engagement
• Community involvement

Are there other areas you’d like to address?
“The CCS shall appoint a coordination committee that includes representatives from various county or tribal departments, including individuals who are responsible for mental health and substance abuse services, service providers, community mental health and substance abuse advocates, consumers, family members, and interested citizens.”
Wis. Admin. Code § DHS 36.09
CCS Coordination Committee

• An existing committee within the county or tribe may serve as the coordinating committee if it has the membership required and agrees to undertake the responsibilities

• At least one-third of the total membership of the coordination committee shall be consumers

• No more than one-third of the total membership of the coordination committee may be county employees or providers of mental health or substance abuse services
Wis. Admin. Code § DHS 36.09

CCS Coordination Committee

The coordinating committee shall do all of the following:

– Review and make recommendations regarding the initial and any revised CCS plan required under Wis. Admin Code § DHS 36.07, the CCS quality improvement plan, personnel policies, and other policies, practices, or information that the committee deems relevant to determining the quality of the CCS program and protection of consumer rights

– Maintain written minutes of meetings and a membership list

– Meet at least quarterly
Why Involve Consumers?

• Reduce stigma
• Tap their rich experiential knowledge
• Add diversity of perspectives to decision-making
• Build policies and programs that suit the needs of your constituency
• Gain credibility and legitimacy with government funding bodies, services providers, families, etc.
Recruitment Strategies

• How do we recruit partners?
• Where are your natural connections?
Recruitment Strategies

Remember: People may have multiple identities

– Community member
– Consumer
– Parent
– Provider

Ask current members to help with recruitment!
Getting to the Table

• Is transportation a barrier for full participation? Can you provide rides, call-in or video conferencing?

• Is reimbursement provided for mileage, meals, work product? Is the payment in line with other committee work?

• Is the meeting at a location and time that works for the majority of members?

• Are community members and consumers seen as full participants in the process?
Welcoming New Members

• Show that personal experience is valued
• Explain key concepts of CCS
• Explain structure and function of services in your area
• Provide handouts and notes
• Use full words (Acronym knock)
• Consider assigning a mentor
Meaningful Involvement for Coordinating Committee Members

- Be sure members are adequately prepared and have the tools to be involved
- Assess skills of your coordinating committee (matrix of skills and abilities)
- Share tasks and ask for feedback
- Utilize members to administer surveys, review results, address quality improvement plans
- Train into roles for all members, not just paid staff
Community Involvement

• Coordinating Committee members can play an important role in educating the local community about CCS services
  • Individual conversations
  • Referrals
  • Distributing information
  • Information booths

• Coordinating Committee members can raise local issues of concern and share resources to be used by CCS
Additional Resources

Consumer Involvement with State Mental Health Authorities:  


President’s New Freedom Commission on Mental Health:  
http://govinfo.library.unt.edu/mentalhealthcommission/reports/reports.htm

Wisconsin Blue Ribbon Commission on Mental Health Final Report:  

Recovery Oriented Systems of Care (ROSC) Resource Guide:  