

	Typical Developmental Milestones	Atypical Developmental for Aiden at 10 Years Old	Notes
9-10 YEARS OF AGE (Middle Childhood)			
SOCIAL AND EMOTIONAL	Starts to form stronger, more complex friendships and peer relationships. It becomes more emotionally important to have friends, especially of the same sex.		
	Experiences more peer pressure.		
	Becomes more aware of his or her body as puberty approaches. Body image and eating problems sometimes start around this age.		
THINKING AND LEARNING	Faces more academic challenges at school.	Is experiencing problems with comprehension and memory.	
	Becomes more independent from the family.	Is unable to keep pace with the regular academic curriculum, and his academic achievement is lagging.	
	Begins to see the point of view of others more clearly.	Has receptive language challenges, which are especially notable when compared to his expressive skills on testing.	
	Has an increased attention span.		
MOVEMENT AND PHYSICAL DEVELOPMENT		Needs physical help with dressing, bowel care, and bladder care.	
		Has limited mobility.	

	Typical Developmental Milestones	Atypical Developmental for Lily at 12 Years Old	Notes
11-13 YEARS OF AGE (Middle/Teenage Years)			
SOCIAL AND EMOTIONAL	Could show more concern about body image, looks, and clothes.	Has difficulty with reciprocal conversations and often mimics rather than communicating with intent.	
	Shows more focus on themselves: vacillating between high expectations and lack of confidence.	Is unable to speak in long sentences and may mix pronouns.	
	Experiences more moodiness.		
	Shows more interest in and influence by peer group.		
	Can express less affection toward parents; sometimes might seem rude or short-tempered.		
	Can feel stress from more challenging schoolwork.		
	May be at greater risk for developing eating problems.		
	May be more inclined to feel sadness or experience depression, which can have impacts on other areas of life.		
THINKING AND LEARNING	Has greater ability for complex thought, demonstrating a shift from concrete to abstract thinking. Also demonstrates an increased attention span.	Is significantly below grade level expectations academically.	
	Is better able to express feelings through talking.		

	Typical Developmental Milestones	Atypical Developmental for Lily at 12 Years Old	Notes
11-13 YEARS OF AGE (Middle/Teenage Years)			
	Develops a stronger sense of right and wrong	Has reached a plateau in skill development and is now demonstrating a loss of skills she once had.	
	Begins to see the point of view of others more clearly.		
	Has an increased attention span.		
MOVEMENT AND PHYSICAL DEVELOPMENT	Is physically active. Might join a team sport or take up an individual sport.	Needs physical help with self-care skills.	
	Puberty plays an important role, though every child develops at different rates between 8 and 18.		
	Growth spurts may cause clumsiness and lack of coordination		
	Becomes more aware of his or her own sexuality and the sexuality of others.		
	May experience increased appetite and the need for sleep.		