Emergency Preparedness Apps (for phones and tablets) and Resources Apps for Volunteers, Emergency Responders, and People with Disabilities

This list of apps is meant to be a resource and is not an endorsement of these apps. This is also not an all-inclusive list, but a compilation of information on apps that may be helpful in emergency situations.

EMEREGENCY PREPAREDNES APPS

American Red Cross – Emergency App

Description: Help keep your family safe in severe weather, man-made/natural hazards with Emergency by the American Red Cross. Monitor conditions in your area or area of loved ones, prepare your family and your home, check to see if loved ones are safe and let them know you're safe. - A must have for anyone who live in areas prone to severe weather or have loved ones that do.

- Free and available in English with a Spanish-language toggle.
- Monitor the people and places you care about with real- time local alerts for severe weather and hazards, including earthquakes, tornadoes, hurricanes, flood, tsunamis, winter storms, thunderstorms, extreme heat, wildfire and many more.
- Family Safe feature easily connect with loved ones to share alerts for their area and see if they're safe during severe weather.
- Customizable alerting and push notification options.
- Interactive quizzes with sharable badges.
- Preloaded preparedness and critical emergency content providing instant access even without mobile connectivity.
- A toolkit with a flashlight, strobe light, and audible alarm.
- Map with open Red Cross shelters and other weather-related layers.
- Step by step directions on how to make a family emergency plan.

Apple: <u>https://itunes.apple.com/us/app/emergency-by-american-red/id954783878?mt=8</u>

Google: https://play.google.com/store/apps/details?id=com.cube.arc.hzd

American Red Cross First Aid App

Description: The official American Red Cross First Aid app puts expert advice for everyday emergencies in your hand. Available for iPhone and Android devices, the official American Red Cross First Aid app gives you instant access to the information you need to know to handle the most common first aid emergencies. With videos, interactive quizzes and simple step-by-step advice it's never been easier to know first aid.

Apple: <u>https://itunes.apple.com/US/app/first-aid-by-american-red-cross/id529160691?mt=8</u>

Google: <u>https://play.google.com/store/apps/details?id=com.cube.arc.fa</u>

American Red Cross Pet First Aid App

Description: Take care of your furry family member. The American Red Cross Pet First Aid app puts veterinary advice for everyday emergencies in the palm of your hand. Get the app and be prepared to act when called upon. With videos, interactive quizzes and simple step-by-step advice it's never been easier to know Pet First Aid.

Features:

- Convenient toggle between cat and dog content.
- Simple step-by-step instructions guide you through everyday emergencies in the palm of your hand.
- Prepare and protect your pet's health with advice on administering medication, time to say goodbye, behavioral help and how to act in a disaster situation.
- Early warning sign checker for preventive care.
- Programmable veterinary contact number to be available when needed throughout the app.
- Learn first aid steps for over 25 common pet situations through a combination of text, video and images, in addition to identifying common toxic substances.
- Locate your nearest emergency vet hospital or pet-friendly hotels.
- Respond to pet emergencies with "how to" videos for the common and stressful emergency situations inclusive of size specific CPR techniques.
- Customize multiple pet profiles and set veterinary appointments.
- Interactive quizzes allow you to earn badges that you can share with your friends along with a picture of your pet.

Apple: https://itunes.apple.com/us/app/pet-first-aid-by-american/id780415389?ls=1&mt=8

Google: https://play.google.com/store/apps/details?id=com.cube.arc.pfa

FEMA Mobile App

Description: The FEMA app is your one-stop-shop with tools and tips to keep you safe before, during, and after disasters. Stay updated with weather-related alerts from the U.S. National Weather Service. Upload and share your disaster photos to help out emergency managers. Save a custom list of the items in your family's emergency kit, as well as the places you will meet in case of an emergency. Get tips on what to do before, during, and after over 20 types of disasters. And locate open shelters and where to talk to FEMA in person at Disaster Recovery Centers. Terms of use: www.fema.gov/app.

• Alerts from the National Weather Service: Receive severe weather alerts for up to five locations across the U.S. and see information about how to stay safe.

- Disaster Reporter: Upload and share photos of damage and recovery efforts.
- Custom emergency safety information: Save a custom list of the items in your family's emergency kit, as well as the places you will meet in case of an emergency.
- Maps of disaster resources: Locate and receive driving directions to open shelters and disaster recovery centers.
- Safety tips: Learn how to stay safe before, during, and after over 20 types of hazards, including floods, hurricanes, tornadoes and earthquakes.
- Apply for assistance: Easily access DisasterAssistance.gov to apply for federal disaster assistance.
- Information in Spanish: The app defaults to Spanish language content for smartphones that have Spanish set as their default language.

Apple: <u>https://itunes.apple.com/us/app/fema/id474807486?mt=8</u>

Google: https://play.google.com/store/apps/details?id=gov.fema.mobile.android

APPS FOR VOLUNTEERS AND FIRST RESPONDERS

Disability Tips - Mobile-friendly website with information and tips for first responders

Description: The Mobile TIPS for First Responders was developed by Project REDD at the Center on Disability and Development at Texas A&M University. The Mobile TIPS are adapted from Dr. Tony Cahill's 3rd Edition of the TIPS for First Responders, developed at the Center for Development and Disability at the University of New Mexico and from the TIPS for First Responders and Texas Resources for Services and Supports, developed at the Texas Center on Disability Studies at the University of Texas at Austin.

Please visit: http://disabilitytips.tamu.edu/

SAMSHA Behavioral Health Disaster Response App

Description: In a disaster, it's essential that behavioral health responders have the resources they need—when and where they need them. The SAMHSA Disaster App makes it easy to provide quality support to survivors. Users can navigate pre-deployment preparation, on-the-ground assistance, post-deployment resources, and more—at the touch of a button from the home screen. Users also can share resources, like tips for helping survivors cope, and find local behavioral health services. And, self-care support for responders is available at all stages of deployment.

Apple: <u>https://itunes.apple.com/us/app/samhsa-behavioral-health-</u> disaster/id787518271?mt=8&WT.ac=LP_20140206_DISASTERAPP_ITUNES_

Google:

https://play.google.com/store/apps/details?id=gov.hhs.samhsa.app.disaster&WT.ac=LP_20140206_DIS ASTERAPP_GOOGLEPLAY

Show Me - A communication tool for emergency shelters

Description: The Maryland Office of Preparedness and Emergency Management has created a simple, hands-on tool to reduce communication barriers and better assist individuals with access and functional needs, and professional shelter staff and volunteers, make their needs and concerns understood within a community shelter setting during an emergency.

Apple: https://itunes.apple.com/in/app/show-me-for-emergencies/id840012297?mt=8

Google: https://play.google.com/store/apps/details?id=gov.ma.dph.showme

APPS FOR PEOPLE WITH DISABILITIES

AbleRoad - App and website that connects people with accessible places

Description: AbleRoad connects people with accessible businesses. AbleRoad gives people with disabilities, families, friends, caregivers and business owners an online destination to rate and review community access.

Apple: <u>https://itunes.apple.com/us/app/ableroad-connecting-people/id581427882?l=en&mt=8&ign-</u>mpt=uo%3D2

Google: https://play.google.com/store/apps/details?id=com.vip.ableroad

HearYouNow- Your personal sound amplifier – For people who are Deaf or Hard of Hearing

Description: Many people have difficulties following and understanding conversations in situations like in a restaurant, in meetings, or just have a hard time understanding conversations in noisy daily life.

The ExSilent HearYouNow app will help you understand conversations better. ExSilent is a Dutch manufacturer of hearing aids, operating worldwide. The company's goal is to lower the barrier for people who could use a hearing aid because of hearing loss, but who are not ready for one yet.

The HearYouNow app is a free amplification tool that uses state of the art ExSilent technology. It is your personal sound amplifier. Adjust it to your personal needs! You will understand conversations better in situations such as:

- in a restaurant
- during a meeting
- at a (birthday) party
- watching television
- wherever and whenever you like to hear the sounds around you more clearly

In order for it to work properly, you will have to connect a headphone to the iPhone.

With this app it is possible to customize the sound performance depending on your specific needs. Some of the features and benefits are:

- Extremely simple and intuitive interface
- High performance sound quality, using state of the art ExSilent filtering and amplification techniques
- The volume is adjustable per ear
- The individual frequency sliders allow volume control for three frequency bands, tuned towards speech understanding
- With the feature "focus near/far" you can choose to focus on conversations held close by or further away
- With a simple button push, you can replay the last 20 seconds if you have missed part of a conversation

The HearYouNow app is only intended to help people in specific listening environments. Should you notice that you need this app very often to amplify conversations, we strongly recommend consulting a hearing professional.

Apple: <u>https://itunes.apple.com/ca/app/hearyounow-your-personal-sound/id569522474?mt=8&ign-mpt=uo%3D4</u>

It's My Future! - For people with developmental disabilities

Description: It's My Future is designed to support adults with developmental disabilities to become more self-determined and to meaningfully participate in their annual planning meetings. This App, produced by AbleLink Technologies, Inc. in conjunction with the Kansas University Center on Developmental Disabilities at the University of Kansas, provides self-paced videos to enable people with developmental disabilities to learn more about planning meetings. Eight sections cover topics such as Choice Making, Decision Making, Goal Setting, Community Living, Employment, Fun & Leisure, and Communication Skills. Narration, a written outline, and colorful graphics support people to understand more about self-determination and how to become engaged in their planning meetings.

This App can be used with one or more people to explain how one can plan for the future through selfdetermination. It's My Future was developed by Susan Palmer, Michael Wehmeyer, and Allison Steffen to support people with developmental disabilities to self-regulate and self-direct planning for their lives and their futures.

Apple: https://itunes.apple.com/us/app/its-my-future!/id599009088?mt=8

Med Time - App to help you manage your medications

Description: You will never have any more problems in managing your meds again, because MED TIME is here. It will emit an alarm when you need to take a medicine and does much more.

After typing the name of the medicine, you will have the option of inserting the time individually or automatically, selecting the hour interval and the initial hour. MED TIME will generate a schedule.

Inserting the number of days, it will make the app reminds you, always, how many days are left to the end of the treatment and how many already were taken.

Typing the number of dosages in each box, it can calculate how many full boxes and individual dosages will be needed. When the box is almost finished, you will be alerted that another one is necessary.

In editing info, you can choose another picture to appear with the medicine selecting camera or photo album.

There will be a list with all the medicines that are being taken and in the required time, the app will alert that one dosage must be taken. After taking the dosage, the app will warn how many more dosages and days will be necessary.

When the last dosage of a certain medicine is taken, the status of the treatment will be changed to completed, having an option of resetting it, if necessary.

Apple: <u>https://itunes.apple.com/us/app/med-time/id526927576?mt=8</u>

MY3 - Stay connected when you are having thoughts of suicide

Description: With MY3, you define your network and your plan to stay safe. With MY3 you can be prepared to help yourself and reach out to others when you are having thoughts of suicide. Remember: there is hope and a life to look forward to, even in your darkest moments. MY3 can help you get through your most difficult times. Who are your 3? Is it your sister? Your therapist? Maybe even a neighbor down the street? Download MY3 to make sure that your 3 are there to help you when you need them most.

Apple: <u>https://itunes.apple.com/us/app/my3-suicide-lifeline/id709651264?mt=8</u>

Google: https://play.google.com/store/apps/details?id=com.nerdery.my3

Smart911 – Give 9-1-1 the information they need to help you fast

Description: With Smart911, you can add key information about members of your household that would help anyone you care for in the event of an emergency, whether the call is from the home or any mobile phone. You can include medical details for any member of your household, enabling responders to have more information before they arrive on scene. Providing the home and work address of a mobile caller or details such as directions or access info helps facilitate faster response. You can also add as much or as little information about your vehicles, animals, and emergency contacts that you would need to know.

Visit: https://www.smart911.com/

TapTapSee - Designed to help the blind and visually impaired identify objects they encounter daily

Description: TapTapSee is a mobile camera application designed specifically for the blind and visually impaired iOS users. The app utilizes the iDevice's camera and VoiceOver functions to photograph objects and identify them out loud for the user.

Apple: <u>https://itunes.apple.com/us/app/taptapsee-blind-visually-impaired/id567635020?mt=8</u>

Google: https://play.google.com/store/apps/details?id=com.msearcher.taptapsee.android

Voice Dream Reader - An accessible reading tool for mobile and tablet devices

Description: With advanced text-to-speech and a highly configurable screen layout, it can be tailored to suit every reading style from completely auditory to completely visual, plus synchronized combination of both.

The visually impaired will benefit from the ability to hear documents read in their favorite voices; students and others with dyslexia will appreciate the synchronized reading capability that integrates text and voice; and everyone who wants to hear or read their documents in their own way will benefit from the configurability of the visual and voice capabilities.

Apple: https://itunes.apple.com/us/app/voice-dream-reader-text-to/id496177674?mt=8

Google: <u>https://play.google.com/store/apps/details?id=voicedream.reader</u>

WheelNav - See all the accessible places around the world

Description: With WheelNav you no longer have to worry about finding your way. You can use WheelNav no matter where you are - at home or at work, while traveling for vacation or business. The turn by turn (video and audio) guidance lets your hands free, making WheelNav a great experience.

Find the best places in town and see their accessibility and information like the address, website, category, phone number. Do you consider that an accessible place is inaccessible for people with disabilities? No problem. Just edit that information and you will help the whole community. You can also search for points of interest or addresses.

Apple: https://itunes.apple.com/us/app/wheelnav/id1006634677?ls=1&mt=8