

Definitions from Wisconsin's State Plan Amendment for each of the services covered by CRS. Use this definition as you prepare the outcomes form to indicate which services are indicated for your CRS Consumer, and who will be providing these services.

Defined Term: Peer Supports (PS)

Definition:

Individuals trained and certified as Peer Specialists serve as advocates, provide information and peer support for consumers in outpatient and other community settings. All consumers receiving 1915(i) peer support services will reside in home and community settings.

Certified Peer Specialists perform a wide range of tasks to assist consumers in regaining control over their own lives and over their own recovery process. Peer Specialists function as role models demonstrating techniques in recovery and in ongoing coping skills through:

- A. offering effective recovery-based services;
- B. assisting consumers in finding self-help groups;
- C. assisting consumers in obtaining services that suit that individual's recovery needs;
- D. teaching problem solving techniques;
- E. teaching consumers how to identify and combat negative self-talk and how to identify and overcome fears;
- F. assisting consumers in building social skills in the community that will enhance integration opportunities;
- G. lending their unique insight into mental illness and what makes recovery possible;
- H. attending treatment team and crisis plan development meetings to promote consumer's use of self-directed recovery tools;
- I. informing consumers about community and natural supports and how to utilize these in the recovery process; and
- J. assisting consumers in developing empowerment skills through self-advocacy and stigma-busting activities.

1915(i) HCBS will not duplicate other State Plan services.