Statewide Community Support Programs (CSP) Forum Network Meeting
Friday, September 16, 2016
9:30 a.m. - 1:30 p.m.

Community Care Connections of Wisconsin
3349 Church St.
Stevens Point, WI 54481
Room 319/320
(Directions: I-39, Exit 156 for CR-HH West to Whiting) (Weather in Stevens Point)
Park in the back lot and use the purchasing entrance. Do not block the loading dock.

Agenda

9:15 a.m.: Sign-in begins

9:30 a.m.: Welcome, announcements, introductions, solicitation for volunteer for minutes

9:45 a.m.: Bucket approach smoking cessation listening sessions: Appleton, Lancaster

9:55 a.m.: Interactions between CSP, CCS, Family Care, and Crisis

10:25 a.m.: Opportunities for state and partner updates
- Area Administration
- Division of Quality Assurance (Behavioral Health Program Staff)
- Bureau of Prevention Treatment and Recovery
- Family Care (Vaughn Brandt)
- Forward Health (Provider Relations Field Representatives and Map)
- State Mental Health Institutes Update (Erin Sarauer)

10:45 a.m.: Break

11:00 a.m.: Program Participation System (PPS) dashboard update (Tim Connor)
(Mental Health Module Handbook)

11:50 a.m.: Networking opportunities (and lunch)

12:30 p.m.: De-identified case review(s)—Bring a vexing or challenging case scenario

1:15 p.m.: Walk-on items, health monitoring needs, training needs, and wrap-up

1:30 p.m.: Adjournment (Please complete this meeting effectiveness survey.)

www.dhs.wisconsin.gov
Next Meeting: Friday, December 16, 2016, 9:30 a.m. - 1:30 p.m.

Connecting to this meeting remotely

- **Phone:** Dial 877-820-7831 and use the access code 123398#. Please mute your phone and do not place the call on hold at any time.
- **Internet:** Use Abode Connect. ([Overview of Abode Connect](#)) ([Test your connection](#))

Important information about this meeting

- **Register now.** Whether you plan to attend in-person or remotely, please complete the [online registration](#). Complete the [online registration](#) even if you are unsure whether you’ll participate in the meeting. Information from the [online registration](#) is used to maintain the DHS CSP directory.
- **Prepare for discussion.** Come prepared to share resources (including forms and policies), questions, data, opportunities and challenges, fidelity measures, etc. There will be time to process a particularly challenging or vexing case in a super-staffing format, drawing on collective expertise.
- **Plan lunch.** The meeting includes time for a working lunch. Bring a bag lunch or plan to place a delivery order from a nearby restaurant. If there is an enough interest prior to the start of the meeting, a group order will be placed with either Chef Chu’s or Erbert and Gerbert Sandwich Shop (or other suggestion). Bring cash to cover your order, tax and gratuity.
- **Mute devices.** Silence cell phones and pagers during the meeting.

Accommodations

This meeting is accessible to people with disabilities, people who need an interpreter, and people who need materials in alternate formats. Contact Brad Munger at 608-266-2654 prior to the meeting to arrange accommodations.

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**Public Notice**

**Posted:** State Capitol Building, Madison
1 W. West Wilson Street State Office Building, Madison

**Sent:** State Editor, Milwaukee Journal Sentinel
CSP & CCS Staff are invited!

Join us for lunch to hear about emerging best practices regarding quitting smoking and mental illness. Learn about the “Bucket Approach” and provide your feedback - what would help you integrate this model into your standard practice with all CSP/CCS clients who smoke?

Listening sessions will be held throughout the state:

- Thursday September 8th in Milwaukee 10:00-1:30pm
- Wednesday, October 12th in Appleton 10:00-1:30pm
- Tuesday, October 25th in Lancaster (Grant County) 10:00-1:30pm
- (2 additional times/locations TBD)

Register here: https://www.surveymonkey.com/r/BucketApproach

Background:

While smoking rates have declined from 45% in 1965 to 18% among the general population, that rate has remained the same for smokers with persistent and severe mental illness—which remains above 50%. To address this issue, NAMI Wisconsin partnered with the UW Center for Tobacco Research and Intervention (UW-CTRI) to implement a smoking cessation program at Community Support Programs (CSP) as a step toward developing effective interventions for all CSPs across the state to reduce the amount smoked by those with mental illness.

Built upon lessons learned from a previous research project, smoking cessation work was conducted in partnership with CSP program staff to create a clinic-wide approach to address smoking with all smokers who received services from the CSP. Smoking cessation activities were tailored to each smoker and included a variety of approaches including one-on-one counseling, goal setting, nicotine replacement products and groups. The intervention model became known as the “Bucket Approach” because it measured a client’s interest in quitting and informed clinicians which “bucket” their client fell into and therefore what the appropriate smoking cessation activities for their stage of readiness entailed.

After 6 months of CSP wide-smoking cessation services, smoking rates were reduced. Overall, daily cigarette consumption went down by 15.5% with 2 clients quitting for good. More importantly, the messages and information presented during this project will have lasting effects. When asked about the program later, clients responded with positive feedback and 40% had reduced their smoking by half or more. Smoking cessation continues to appear in CSP treatment plans and getting clients to quit remains a clinic-wide priority. With some time and materials, smoking cessation work can be implemented in CSP clinics with real and long-lasting results.

The specialized model, the Bucket Approach, allows existing CSP staff to integrate best practices for assisting their clients with tobacco cessation. These targeted interventions significantly improve health outcomes for this population, are integrated into the overall CSP clinical framework.

Contact: Julianne@namiwisconsin.org

About 3 of every 10 cigarettes (31%) smoked by adults are smoked by adults with mental illness
You are invited…

Ethics & Boundaries in Psychosocial Rehabilitation Programs

With

Dr. Ronald J. Diamond, M.D.

Thursday, October 20th, 2016

9 a.m. – 4 p.m.

Northern Great Lakes Visitor Center

(* 1 hour break for lunch – lunch is not included)

RSVP to Melanie ~ 715-682-7171 by October 13th
Supporting Transgender & Gender-expansive Youth Conference

Saturday, October 1st
Doors open 8:30, conference runs 9 – 4:15pm
Edgewood College, Madison, WI

This is a conference for everyone!
- Families & Community members
- Older youth & teens
- Professionals

* Both school staff & mental health providers can earn CEUs *

This day-long conference will provide attendees with an overview of what it means to be a youth who is transgender and/or gender-expansive. Sessions will focus on the personal experiences of families and students as well as information on how to create safe, healthy and welcoming spaces. Information will be available from welcoming churches, addressing mental health concerns, QPR, a presentation by Proud Theater, and much, much more!

To Register:


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