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DCTS Information Memo 2017-09

To: Subscribers of the DCTS Information Memo Email Distribution List

From: Patrick Cork, Administrator

New Tools to Measure Mental Health, Substance Use Recovery

The Division of Care and Treatment Services (DCTS) is pleased to announce the publication of two Wisconsin-specific, person-centered recovery measures.

The [Wisconsin Recovery Pulse](#) and the [Wisconsin Recovery Thermometer](#) are products of a staff workgroup that solicited input from individuals in mental health and/or substance use recovery. These measures provide a gauge as to the quality of a person's recovery and to gain perspective on their recovery—what is working and what isn't working and what areas of their life need their attention. Their validity is based on the recovery approach principle that the voices and experiences of recovering individuals are essential and that self-assessment and self-determination will lead to recovery.

The Wisconsin Recovery Pulse is for addiction recovery. The Wisconsin Recovery Thermometer is for mental health and co-occurring recovery.

The project that created these tools is part an ongoing DCTS effort to create recovery-oriented systems of care.

September is Recovery Month

Governor Scott Walker has issued a proclamation declaring September as Recovery Month in Wisconsin. This month is a time to promote the message that recovery from mental health and substance use concerns is possible, celebrate individuals in recovery, and laud the efforts of the mental health and substance use treatment providers who help individuals achieve wellness.

Rally for Recovery

Wisconsin Voices for Recovery, with support from DCTS, is sponsoring the Rally for Recovery on Saturday, September 23, 2017, from 11 a.m. to 3 p.m. at the state Capitol. It is a free event. All are welcome to attend.

[Visit the DHS website for more information on Recovery Month and activities in Wisconsin to support recovery efforts.](#)

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