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DCTS Information Memo 2019-04

To: Subscribers of the DCTS Information Memo Email Distribution List

From: Rose Kleman, Administrator

## September is Recovery Month

Governor Tony Evers has proclaimed the month of [September 2019 as Recovery Month in Wisconsin](#). This observance celebrates the thousands of Wisconsin residents who are in recovery from mental illnesses and substance use disorders, reminding us that treatment is effective and that people can and do recover.

Strong communities make for strong recovery. Recovery Month highlights the importance of relying on one another and promotes the overall goals of health and well-being for all Wisconsin residents. Mental illnesses and substance use disorders affect individuals from all walks of life—and we all must band together to show that recovery is possible for everyone. These diseases do not come from outside of our communities. They emerge from within them. With your support and partnership we'll continue to help people start and sustain their journey to recovery.

### New public service announcements

Public service announcements are powerful tools to help promote the message that recovery is possible. Show people facing mental illnesses and substance use disorders hope, help, and support are available with these uplifting video messages. These messages also serve to help reduce stigma and misconceptions that could affect public understanding of mental illnesses and substance use disorders, potentially discouraging others from seeking help.

These public service announcements are not time sensitive. They can be used any time of year. Share them on your social media accounts.

| Post Your Recovery      | Building Recovery       |
|-------------------------|-------------------------|
| <a href="#">English</a> | <a href="#">English</a> |
| <a href="#">Spanish</a> | <a href="#">Spanish</a> |

### Rally for Recovery

Wisconsin Voices for Recovery is hosting a [Rally for Recovery](#) on Saturday, September 14, 2019, from 11 a.m. to 3 p.m. at the state Capitol. It is a free event. All are welcome to attend. The Division of Care and Treatment Services is a sponsor of this event.

[Visit the DHS website for more information on Recovery Month and tools to support people living in recovery.](#)

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