

STATE OF WISCONSIN
Department of Health Services
Division of Mental Health and Substance Abuse Services

Date: January 3, 2013
Information Memo DMHSAS 2013-01

To: DMHSAS Listserv

For: Area Administrators / Assistant Area Administrators
Bureau Directors / Section Chiefs
County Departments of Community Programs Directors
County Departments of Developmental Disabilities Services Directors
County Departments of Human Services Directors
County Departments of Social Services Directors
County Mental Health Coordinators
Tribal Chairpersons / Human Services Facilitators

From: Linda A Harris, Administrator
Division of Mental Health and Substance Abuse Services

Subject: Wisconsin Perfect Depression Care Learning Community, Request for Applications

Through a grant from the Wisconsin Department of Health Services/Division of Mental Health and Substance Abuse Services, Mental Health America of Wisconsin (MHA) is inviting applications from eligible entities to participate in a learning community around implementation of the Perfect Depression Care model developed by Henry Ford Health System (HFHS) Division of Behavioral Health Services. This model, which resulted in significant reductions in suicides among enrollees in HFHS, was a key focus of a report by the National Action Alliance on Suicide Prevention's Clinical Care and Intervention Task Force: <http://actionallianceforsuicideprevention.org/sites/actionallianceforsuicideprevention.org/files/taskforces/ClinicalCareInterventionReport.pdf>

The goals of this learning community are to:

- Provide Wisconsin-based organizations the opportunity to participate in the workshop offered by HFHS in Detroit, Michigan and begin implementation of some part of the perfect depression care model.
- Through follow-up teleconferences provide consultation to the participating entities and understand the experiences of these organizations and the barriers and facilitators to implementation.
- Educate other Wisconsin organizations about the model.
- Develop recommendations to the State and MHA on further promotion of this model.

Eligible Entities

Organizations eligible to apply are those that are providing direct clinical behavioral health services to a population primarily made up of Wisconsin residents. This may include, but is not limited to:

- Health maintenance organizations.
- Hospitals or hospital systems.
- Behavioral health clinics.
- Other outpatient mental health programs, such as community support programs.
- Federally qualified health centers.
- Veterans Administration hospitals or clinics.
- Campus counseling centers.

Grant Timelines

Application released: January 3, 2013.

Applications due: Applications will be reviewed and awarded on a first come, first served basis. The intention is to finalize the learning community by January 31, 2013.

Workshop: The workshop at HFHS is expected to be held in April 2013 pending availability of learning community members.

Learning community teleconferences: Three teleconferences will be scheduled among members of the learning community, HFHS staff and MHA staff between the time of the workshop and Sept. 30, 2013.

Wisconsin MH Teleconference: Some members of the learning community will be requested to participate in a teleconference sponsored by the Division of Mental Health and Substance Abuse services as part of their bimonthly teleconference series. The planned date is May 16, 2013, 11am-12:00pm.

Award amounts

MHA intends to award grants to 3-5 organizations. 1-3 individuals from each organization will be invited to participate in the HFHS workshop. \$1200 will be provided for each participant. \$1000 covers the cost of the workshop and will be paid directly to HFHS. \$200 will support travel costs and be paid to the learning community organization. Travel and lodging costs beyond this amount will be the responsibility of the learning community organization. Teleconferencing costs will be paid by MHA.

Expectations of Grantees

- Send 1-3 individuals to the 2-day HFHS workshop in Detroit, Michigan.
- Have workshop attendees, and others you would like to include, participate in three post workshop teleconferences.
- Begin implementation of at least one part of the Perfect Depression Care model within your organization.
- Provide feedback to MHA on barriers/facilitators and recommendations for future promotion of this model in Wisconsin.
- Participate in May MH teleconference (required) and other training/educational events (optional, upon request by MHA or others).

For questions and to submit your application:

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Mailed proposals will be considered received on the postmark date. Only the date of arrival, not the time, will be considered when determining which proposals arrived "first".

Perfect Depression Care Learning Community Application Narrative

Please respond to each of the following questions. While there is not a hard page limit, applications are expected to be in the range of 3-5 pages total, single-spaced, plus attachments, where noted.

1. Describe your organization; e.g. are you applying as a health system, a behavioral health clinic, an FQHC; how many lives do you cover/individuals do you serve on a yearly basis; will you be piloting this in one part of your organization or multiple areas?
2. Affirm that your organization has the capacity to implement all aspects of the Perfect Depression Care Model (universal screening and assessment, assignment to risk levels, implementation of protocols, staff training in CBT, means restriction) even though you will not be expected to implement all of these during the period of the grant. Also affirm that you would be able to fulfill all the grantee expectations.
3. Why do you want to participate in this project?
4. What is the rate of suicide within in the population that you serve, in your broader community? What do you know about the demographics of those who have died by suicide (age, gender, ethnicity, and other characteristics of the population)?

5. What have you done within your organization to date to reduce suicide among your clients? What have the results been?
6. Provide an example of another type of systems change that is comparable to this project that you have attempted within your organization. What did you accomplish? What did you learn from that process that informs your participation in this project?
7. Who within your organization would have primary responsibility for implementation of this systems change? Describe their role and authority to direct this project and provide a resume or CV. Provide evidence that this project has high level support within your organization.
8. Who are the individuals who you would like to have participate in the workshop? List up to three in order of priority. What role would each have in the project?

Evaluation Criteria

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| The organization is able to implement all aspects of the Perfect Depression Care model and agrees to comply with all grantee expectations. | 20 |
| The applicant demonstrates an understanding of the impact of suicide on the population they serve. | 10 |
| The applicant demonstrates that it has undertaken appropriate and evidence-based efforts to address suicide in their organization and has a strong commitment to improve their practices. | 25 |
| The organization has demonstrated the capacity to undertake the sort of organizational change required for this project and there is appropriate organizational commitment to the project. | 25 |
| The organization identifies appropriate personnel to participate in the project. | 20 |

Sample Agenda for Two-Day Workshop

Day One

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| 8:00 AM – 8:30 AM | Continental Breakfast |
| 8:30 AM – 9:15 AM | Welcome and Introductions – C. Edward Coffey MD Goals of Site Visit |
| 9:15 AM – 10:00 AM | An Integrated Health System Approach to Quality |
| 10:00 AM – 10:15 AM | Break |
| 10:15 AM – 12:00 PM | Overview of Perfect Depression Care |
| 12:00 PM – 1:00 PM | Lunch |
| 1:00 PM – 4:00 PM | Implementing Perfect Depression Care |

Day Two

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|---------------------|--|
| 8:00 AM – 8:30 AM | Continental Breakfast |
| 8:30 AM – 9:30 AM | PDC and Critical Incident Review: What Happens When We're Not Perfect? |
| 9:30 AM – 10:15 AM | Integrating Perfect Care With the Perfect Care Environment: Tour of HF WBH |
| 10:15 AM – 12:00 PM | Spreading Perfect Depression Care |
| 12:00 PM – 2:00 PM | Lunch and Roundtable Discussion |
| 2:00 PM | Adjourn |

CONTACT FOR QUESTIONS AND TO SUBMIT YOUR APPLICATION:

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