

## INFLUENZA LIKE ILLNESS MANAGEMENT

<u>DATE/TIME</u>	<u>INITIAL</u>	<u>TASK</u>
_____	_____	1. <b>SIGNS &amp; SYMPTOMS:</b> Fever > 100 degrees and either a cough, sore throat or runny nose. Additional symptoms may include headache, fever, chills and stuffy nose.
_____	_____	2. <b>OUTBREAK DEFINED:</b> 3 or more residents or staff with symptoms OR 1 confirmed case – a positive culture
_____	_____	3. <b>INITIATE ISOLATION PRECAUTIONS:</b> Place in droplet precautions and continue standard precautions. Isolation of resident is maintained for 7 days after onset of symptoms or until fever free for 24 hours – WHICH EVER IS LONGER
_____	_____	4. <b>NOTIFY:</b> _____ Administrator _____ DON/ADON _____ MD _____ Family _____ Resident _____ Staff on duty _____ Dietary _____ EVS _____ Activities _____ Therapy _____ Ridge _____ Court
_____	_____	5. <b>STAFFING:</b> Keep the same staff assigned to the same residents and units, limit floating of staff to other areas of the campus
_____	_____	6. <b>POST VISITOR NOTIFICATION,</b> “Dear Families.” Post employee notification “Cough Etiquette.” Post Resident Notification “Important Notice to all Patients.”
_____	_____	7. <b>INITIATE LINE LISTS:</b> One line list for residents, one for each unit. A separate line list for employees.
_____	_____	8. <b>EMPLOYEES WHO CALL IN ILL</b> with ILI symptoms are instructed to remain off work until fever free for 24 hours without the use of fever reducing medications.
_____	_____	9. <b>ONCE OUTBREAK IS DETERMINED,</b> notify Waukesha Public Health Department at (262) 896 – 8430.
_____	_____	10. <b>CANCEL ALL EXTRACURRICULAR ACTIVITIES</b>

## Isolation Guidelines

**Remember:** The key to infection control is to isolate the organism, NOT the resident! Residents are easily frightened when we treat them like they are 'contagious.' You must be sensitive to that. If there is a way to contain the infected material, then isolation is kept at a minimum. Any extra Personal Protective Equipment (PPE) may be used if an individual deems it necessary.

**Contact Precautions:** Used when the spread of the organism will be transmitted by 'touch.' Gown and gloves must be worn when entering the room.

**Droplet Precautions:** Used when the spread of the organism will be transmitted by coughing which is not able to be contained by the resident, such as covering mouth. These organisms are heavier than air, but will travel up to 3 feet before they find a host

**Respiratory Precautions:** Used when the spread of the organism will be transmitted by cough regardless of residents ability to contain the secretions. These organisms are very lightweight and travel very long distances. These are the organisms which go out the door and down the hallway and get picked up again with airflow.

**Standard Precautions:** Used with every patient during normal cares and with patients where the likelihood of contamination exists by blood and/or body fluids. All isolation is in addition to standard precautions.

Infection/ Organism	Contact Precautions	Droplet Precautions	Standard Precautions	Respiratory Precautions	Gloves	Gown	Mask	Face Shield	Chemo Gloves
<b>MRSA/VRE/ESBL Wound or Urine</b>	<b>X</b>		<b>X</b>		<b>X</b>	<b>X</b>			
<b>MRSA Sputum</b>	<b>X</b>	<b>X</b>	<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b> or >	<b>X</b> or <	
<b>MRSA Nares</b>	<b>X</b> only if not colonized		<b>X</b>		<b>X</b>	<b>X</b>			
<b>Skin Infections: (Scabies, Impetigo, Rashes)</b>	<b>X</b>		<b>X</b>		<b>X</b>	<b>X</b>			
<b>Shingles (Skin)</b>	<b>X</b> if disseminated		<b>X</b>		<b>X</b>	<b>X</b>			
<b>Chicken Pox, Measles (Airborne)</b>			<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b> or >	<b>X</b> or <	
<b>Chemotherapy while on it or 48 hours after end</b>			<b>X</b>		<b>X</b>	<b>X</b>		<b>X</b> if splattering is expected	<b>X</b>
<b>Hepatitis A (Stool)</b>	<b>X</b>		<b>X</b>		<b>X</b>	<b>X</b>		<b>X</b>	
<b>Hepatitis B (Blood)</b>			<b>X</b>		<b>X</b>	<b>X</b>		<b>X</b> if splattering is expected	
<b>C-Diff</b>	<b>X</b>		<b>X</b>		<b>X</b>	<b>X</b>			
<b>Respiratory Influenza/H1N1 Influenza A</b>		<b>X</b>	<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b>		
<b>Norovirus / gastroenteritis</b>	<b>X</b>		<b>X</b>		<b>X</b>	<b>X</b>	<b>X</b> if cleaning vomitus		

# Droplet Precautions

(in addition to Standard Precautions)

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**Gloves:** Wear gloves when entering room. Remove gloves before leaving room.



**Wash Hands:** Wash hands with soap and water immediately after glove removal. Ensure that hands do not touch potentially contaminated environmental surfaces or items in the patient's room to avoid transfer of microorganisms to other patients or environments.



**Gown:** Wear a gown upon entering the room. Remove the gown before leaving the patient's room and ensure that clothing does not contact potentially contaminated surfaces.



**Mask:** Wear a mask upon entering the room and when working within 3 feet of the patient.



**Patient Transport:** Limit transport of patient from room to essential purposes only. Use **surgical mask** on patient during transport



**Patient Care Equipment:** Dedicate the use of patient care equipment to a single patient when possible. If common equipment is used, be sure to disinfect between patients.

# DEAR FAMILY AND FRIENDS

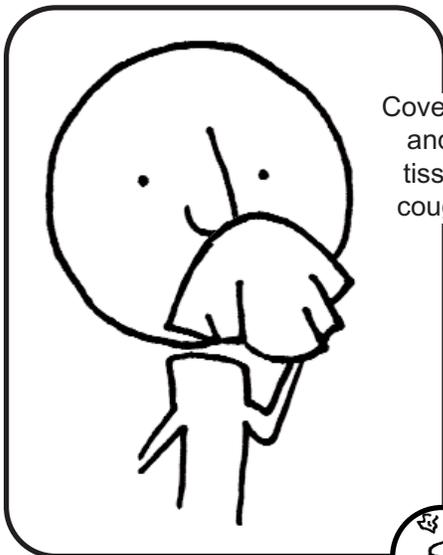
PLEASE REFRAIN FROM VISITING OUR ELDERS IF YOU  
HAVE A COLD OR FLU

PLEASE USE THE HAND CLEANSER (Located at the Nurse's Station  
or Reception desk) BEFORE ENTERING AND LEAVING OUR HOME

THANK YOU

Stop the spread of germs that make you and others sick!

# Cover your Cough



Cover your mouth and nose with a tissue when you cough or sneeze

or cough or sneeze into your upper sleeve, not your hands.

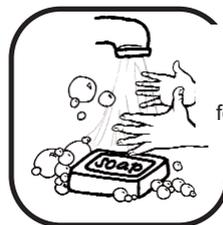
Put your used tissue in the waste basket.



You may be asked to put on a surgical mask to protect others.

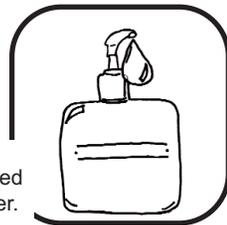
## Clean your Hands

after coughing or sneezing.



Wash hands with soap and warm water for 20 seconds or

clean with alcohol-based hand cleaner.



Minnesota Department of Health  
717 SE Delaware Street  
Minneapolis, MN 55414  
612-676-5414 or 1-877-676-5414  
[www.health.state.mn.us](http://www.health.state.mn.us)



Minnesota  
Antibiotic  
Resistance  
Collaborative



# IMPORTANT NOTICE TO ALL PATIENTS

## Please tell staff immediately if you have flu symptoms

Flu symptoms include fever, headache, tiredness, dry cough, sore throat, nasal congestion and body aches.



# 1

### Cover Your Cough and Sneeze

- Use a tissue to cover your mouth and nose when you cough or sneeze.
- Drop your used tissue in a waste basket.
- You may be asked to wear a mask if you are coughing or sneezing.

and



# 2

### Clean Your Hands

- Wash your hands with soap and warm water or clean with gels or wipes with alcohol.
- Cleaning your hands often keeps you from spreading germs.





