AGE-SPECIFIC ADL / IADL ANSWER CHOICES
FOR CHILDREN’S LONG-TERM SUPPORT PROGRAMS
AGE: 36 Months – 4 Years

### ACTIVITIES OF DAILY LIVING (ADL)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bathing</td>
<td>Needs adaptive equipment.</td>
<td></td>
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<tr>
<td></td>
<td>Is combative during bathing (e.g., flails, takes two caregivers to accomplish task).</td>
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<tr>
<td></td>
<td>None of the above apply.</td>
<td></td>
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<tr>
<td></td>
<td>Is at least one of the bathing functional impairments expected to last for at least one year from the date of screening?</td>
<td></td>
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<tr>
<td></td>
<td>Yes</td>
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<tr>
<td></td>
<td>No</td>
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<tr>
<td>Grooming (brushing teeth, washing hands and face)</td>
<td>Is combative during grooming (e.g., flails, clamps mouth shut, takes two caregivers to accomplish task).</td>
<td></td>
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<tr>
<td></td>
<td>None of the above apply.</td>
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<tr>
<td></td>
<td>Is at least one of the grooming (brushing teeth, washing hands and face) functional impairments expected to last for at least one year from the date of screening?</td>
<td></td>
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<tr>
<td></td>
<td>Yes</td>
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<td></td>
<td>No</td>
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<tr>
<td>Dressing</td>
<td>Does not assist with dressing by helping to place arms in sleeves or legs into pants.</td>
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<td></td>
<td>Unable to undress self independently.</td>
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<tr>
<td></td>
<td>None of the above apply.</td>
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<td></td>
<td>Is at least one of the dressing functional impairments expected to last for at least one year from the date of screening?</td>
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<tr>
<td></td>
<td>Yes</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>No</td>
<td></td>
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<tr>
<td>Eating</td>
<td>Receives tube feedings or TPN.</td>
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<td></td>
<td>Requires more than three hours per day for feeding or eating.</td>
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<tr>
<td></td>
<td>Needs to be fed.</td>
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<td></td>
<td>Needs one-on-one monitoring to prevent choking, aspiration, or other serious complications.</td>
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<tr>
<td></td>
<td>None of the above apply.</td>
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<tr>
<td></td>
<td>Is at least one of the eating functional impairments expected to last for at least one year from the date of screening?</td>
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<td></td>
<td>Yes</td>
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<tr>
<td></td>
<td>No</td>
<td></td>
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<tr>
<td>Toileting</td>
<td>Has no awareness of being wet or soiled.</td>
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<td></td>
<td>Does not use toilet / potty chair when placed there by a caregiver.</td>
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<tr>
<td></td>
<td>None of the above apply.</td>
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<td></td>
<td>Is at least one of the toileting functional impairments expected to last for at least one year from the date of screening?</td>
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<td></td>
<td>Yes</td>
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<td></td>
<td>No</td>
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</tbody>
</table>
## Mobility
- [ ] Does not walk or needs physical help to walk.
- [ ] Uses a wheelchair or other mobility device not including a single cane.
- [ ] None of the above apply.

Is at least one of the mobility functional impairments expected to last for at least one year from the date of screening?
- [ ] Yes
- [ ] No

## Transfers (does not include bathtub or shower)
- [ ] Needs physical help with transfers.
- [ ] Uses a mechanical lift.
- [ ] None of the above apply.

Is at least one of the transfers (does not include bathtub or shower) functional impairments expected to last for at least one year from the date of screening?
- [ ] Yes
- [ ] No

## NOTES:

### INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADL)

#### Communication
- [ ] A norm referenced assessment in receptive language within the last year. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)
  - Date of Assessment: _______________ (mm/yyyy)
  - Assessment Tool: ___________________________________________________________________________
    - (See list of “Norm-Referenced Assessment Tools for Communication and Learning”)
  - Assessment Result:
    - [ ] Within normal limits
    - [ ] Less than 30% delay
    - [ ] Greater than or equal to 30% delay
    - [ ] Less than 2 Standard Deviations (SD) below the norm
    - [ ] Greater than or equal 2 Standard Deviations (SD) below the norm

- [ ] A norm referenced assessment in expressive language within the last year. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)
  - Date of Assessment: _______________ (mm/yyyy)
  - Assessment Tool: ___________________________________________________________________________
    - (See list of “Norm-Referenced Assessment Tools for Communication and Learning”)
  - Assessment Result:
    - [ ] Within normal limits
    - [ ] Less than 30% delay
    - [ ] Greater than or equal to 30% delay
    - [ ] Less than 2 Standard Deviations (SD) below the norm
    - [ ] Greater than or equal 2 Standard Deviations (SD) below the norm

- [ ] Does not follow two-step instructions that are related and are not routine.
- [ ] Does not understand any preposition in unfamiliar single step instructions.
- [ ] Does not use at least 50 words.
- [ ] Does not use “mine” to indicate possession.
- [ ] None of the above apply.

Is at least one of the communication functional impairments expected to last for at least one year from the date of screening?
- [ ] Yes
- [ ] No
Learning

☐ Has a valid full scale IQ (A substantial functional impairment is defined by a full scale IQ score of 75 or less.)
  IQ Test: ________________________________________________  Score: ___________

☐ A norm referenced assessment in cognition within the last year. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)
  Date of Assessment: _______________ (mm/yyyy)
  Assessment Tool: __________________________________________________________________________

(See list of “Norm-Referenced Assessment Tools for Communication and Learning”)

Assessment Result: ☐ Within normal limits
  ☐ Less than 30% delay
  ☐ Greater than or equal to 30% delay
  ☐ Less than 2 Standard Deviations (SD) below the norm
  ☐ Greater than or equal 2 Standard Deviations (SD) below the norm

☐ Cannot match 3 shapes or 3 colors.
☐ Cannot rote count to 10 without mistakes.
☐ Cannot maintain an attention span of at least three minutes for an enjoyable activity (not including self stimulating behavior).
☐ None of the above apply.

Is at least one of the learning functional impairments expected to last for at least one year from the date of screening?
  ☐ Yes
  ☐ No

Social Competency

☐ Does not parallel play with other children.
  Is not comfortable playing with similar toys next to other children.

☐ Does not assume different roles in play.
  Does not engage in make believe or pretend play (e.g., pretends to play a mom, dad, cat or dog).

☐ Does not play in group games with adult supervision.
  Will not play games led by rusted adults such as hokey pokey, circle games, or Simon says.

☐ None of the above apply.

Is at least one of the social competency functional impairments expected to last for at least one year from the date of screening?
  ☐ Yes
  ☐ No