

TEST YOUR KNOWLEDGE ABOUT TRAUMA-INFORMED CARE



Your Name: _____ Date: _____

Please respond to each statement by circling either True (T) or False (F)		
	TRUE	FALSE
1. Trauma-informed care refers to prevention, intervention or treatment services that address traumatic stress as well as any co-occurring disorders.	T	F
2. For an organization to be trauma informed, it is not necessary for leadership to be "all in" because it is the staff performing the actual services that really matter.	T	F
3. Trauma-informed care arose from the mindfulness movement.	T	F
4. It is important clinicians complete trauma assessments with their clients as quickly as possible to minimize the client's pain.	T	F
5. Trauma-informed care asks: "What is wrong with you?" rather than, "What happened to you?"	T	F
6. Mental health issues and substance use issues need to be worked on separately before trauma issues can be addressed.	T	F
7. Consumers need not be an active participant in the development of their care plan because the provider is the behavioral health expert.	T	F
8. It is important that the consumer, not the staff, feel safe: physically, emotionally and spiritually.	T	F
9. Trauma-informed service providers need to decide which evidenced-based practice they will utilize for all their clients so they can standardize delivery of care.	T	F
10. Organizations should develop their own trauma assessment tools so they can better reflect their cultural reality.	T	F

