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| department of health services  Division of Care and Treatment Services  F-01621 (10/2016) | | | state of wisconsin | |
| **SMOKING CESSATION DATA COLLECTION** | | | | |
| Participant Name | | | | DOC Number |
|  | | | |  |
|  |  | | |  |
| 1. | Do you currently smoke cigarettes (smoke on a daily basis or at least 5 cigarettes a week)? | | | Yes  No |
|  | If "No" go to question #2, if "Yes" go to question #5. | | |  |
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| 2. | Have you ever smoked cigarettes? | | | Yes  No |
|  | If "No" this form is done. If "Yes" go to question #3. | | |  |
|  |  | | |  |
| 3. | How long ago did you quit smoking cigarettes?       year(s) ago. | | | Yes  No |
|  |  | | |  |
| 4. | Did going into an institution that did not allow smoking cause you to choose to quit? | | | Yes  No |
|  | (non-smoker this form is done) | | |  |
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| 5. | How old were you when you **first** started smoking cigarettes on a regular basis?       years old. | | |  |
|  |  | | |  |
| 6. | How many years have you smoked cigarettes?       years. | | |  |
|  |  | | |  |
| 7. | In the past month (30 days), on how many of those days did you smoke at least one cigarette?       days. | | |  |
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| 8. | On average, how soon after you wake up in the morning do you have your first cigarette? | | |  |
|  | Within 5 minutes  6-30 minutes  31-60 minutes  More than 60 minutes | (This question is taken from the Fagerstrom test for dependence and it is the single best item to measure dependence because people who are very dependent wake up in the morning in a state of withdrawal and smoke right away. Smokers who are less dependent do other stuff before they smoke and smoke after a greater delay.) | | |
|  |  | | |  |
| 9. | About how many cigarettes do you smoke each day? | | |  |
|  | 10 or less cigarettes (10 cigarettes is half a pack)  11-20 cigarettes (20 cigarettes is a full pack)  21-30 cigarettes  31 or more cigarettes | | |  |
|  |  | | |  |
| 10. | Do you think you will try to quit smoking in the next 6 months? | | |  |
|  | I definitely will not try to quit smoking in the next 6 months.  I don’t think I will try to quit smoking in the next 6 months.  I might try to quit smoking in the next 6 months.  I will probably try to quit smoking in the next 6 months.  I will definitely try to quit smoking in the next 6 months. | | |  |
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**DISTRIBUTION:** Original – OARS Program file; Copy – Participant