

Here for You

For a Healthy Family

What's waiting for you at WIC? A world of resources, encouragement, and support to help you keep your family healthy and strong! Here's what WIC moms are saying...

- ♥ "WIC gives me ideas for feeding my picky eater."
- ♥ "WIC helps me pay for healthy foods."
- ♥ "I learned what to eat while I was pregnant and while breastfeeding my baby."
- ♥ "WIC showed me how to continue to breastfeed when I returned to work – and even helped me get a breast pump."



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State of Wisconsin
Department of Health Services
Division of Public Health
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PLACE
STAMP
HERE

A Healthy Start with WIC

Can Make a Lifetime of Difference to Your Child.

The Wisconsin Women, Infants and Children Nutrition Program (WIC) provides:

-  Nutrition Information
-  Healthy Foods
-  Breastfeeding Information and Support
-  Referrals to Doctors and Other Helpful Services

1-800-642-7837

24 hours a day, 7 days a week

www.dhs.wisconsin.gov/WIC

This institution is an equal opportunity provider.