## **DEPARTMENT OF HEALTH SERVICES**

Division of Care and Treatment Services F-24277 (05/2024)

STATE OF WISCONSIN 42 CFR483.420(a)(2) DHS 134.31(3)(o) DHS 94.03 & 94.09 §§ 51.61(1)(g) & (h)

Client Initial \_\_\_\_\_ Date \_\_\_\_

# INFORMED CONSENT FOR MEDICATION

## Dosage and / or Side Effect information last revised on 09/24/2019

Completion of this form is voluntary. If an emergency. This consent is maintained in the clien					administered without a cour	t order unless in
Name – Patient / Client (Last, First MI)			ID Num	ber	Living Unit	Date of Birth
Name – Individual Preparing This Form		Name – Staff Contact			Name / Telephone Number – Institution	
MEDICATION CATEGORY		MEDICATION		RECOMMENDED DAILY TOTAL DOSAGE RANGE		ANTICIPATED DOSAGE RANGE
Antidepressant (tricyclic)	Aventyl; Pa (nortriptylin			25mg - 150	mg	
The anticipated dosage range is to be without your informed and written cons Recommended daily total dosage rang This medication will be administered	sent.	•	h <u>ys</u> ician's		_	
Reason for Use of Psychotropic Include DSM-5 diagnosis or the dia				if this is 'Off-	Label' Use)	
2. Alternative mode(s) of treatment other than OR in addition to mode: Some of these would be applicable only in an inpatient environment and/or staff changes  Positive redirection and staff interaction Individual and/or group therapy Other Alternatives:						
3. Probable consequences of NOT	-					
Possible increase in symptoms lead  ☐ Use of seclusion or restraint ☐ Limits on access to possessions ☐ Limits on personal freedoms ☐ Limit participation in treatment and Other Consequences:	ling to potent	amily Relationships	☐ Limits		☐ Social Functioning  and leisure activities  nforcement authorities  or others	
<b>Note:</b> These consequences may vary depending upon whether or not the individual is in an inpatient setting. It is also possible that in unusual situations, little or no adverse consequences may occur if the medications are not administered.						
unusuai siluations, iitlie of 110 at	uveise conseq	quences may occur	n une med	ications are III	or auministricu.	See Page 2

Medication : Aventyl; Pamelor - (nortriptyline)

4. Possible side effects, warnings, and cautions associated with this medication are listed below. This is not an all-inclusive list but is representative of items of potential clinical significance to you. For more information on this medication, you may consult further with your physician or refer to a standard text, such as the PDR. As part of monitoring some of these potential side effects, your physician may order laboratory or other tests. The treatment team will closely monitor individuals who are unable to readily communicate side effects in order to enhance care and treatment.

Continued – Possible side effects, warnings, and cautions associated with this medication.

### **Most Common Side Effects**

The most common side effects include dizziness; drowsiness; dry mouth; headache; loss of appetite; constipation; nausea; tiredness or weakness (mild); unpleasant taste; weight gain or weight loss.

Check with your doctor as soon as possible if any of the following side effects occur: blurred vision; confusion or delirium; constipation (especially in the elderly); decreased sexual ability; difficulty in speaking or swallowing; eye pain; fainting; fast or irregular heartbeat (pounding, racing, skipping); hallucinations; loss of balance control; mask-like face; nervousness or restlessness; problems in urinating; shakiness or trembling; shuffling walk; slowed movements; stiffness of arms and legs.

### **Less Common Side Effects**

Other less common side effects include: diarrhea; heartburn; increased sweating; trouble sleeping; vomiting.

#### Rare Side Effects

Although rare, check with your physician immediately if the following occur: anxiety; breast enlargement in both males and females; hair loss; inappropriate secretion of milk in females; increased sensitivity to sunlight; irritability; muscle twitching; red or brownish spots on skin; ringing, buzzing, or other unexplained sounds in the ears; seizures; skin rash and itching; sore throat and fever; swelling of face and tongue; swelling of testicles; trouble with teeth or gums; weakness; yellow eyes or skin.

#### Caution

This medicine may cause some people to become drowsy. If this occurs, do not drive, use machines, or do anything else that could be dangerous if you are not alert.

Dizziness, lightheadedness, or fainting may occur, especially when you get up from a lying or sitting position. Getting up slowly may help. If this problem continues or gets worse, check with your doctor.

Tricyclic antidepressants may cause your skin to be more sensitive to sunlight than it is normally. Stay out of direct sunlight, do not use a sunlamp or tanning bed or booth. Be sure to use sunscreen and protective clothing when going outside. If you have a severe reaction from the sun, check with your doctor.

Before having any kind of surgery, dental treatment, or emergency treatment, tell the medical doctor or dentist in charge that you are using this medicine.

## Warning

## **BLACK BOX WARNING:**

Antidepressant and Suicidality

Antidepressants increased the risk compared to placebo of suicidal thinking and behavior (suicidality) in short term studies in children, adolescents, and young adults with major depressive disorder (MDD) and other psychiatric disorders. Anyone considering the use of this drug or any other antidepressant in a child, adolescent, or young adult must balance this risk with the clinical need. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24; there was a reduction in risk with antidepressants compared to placebo in adults aged 65 and older. Depression and certain other psychiatric disorders are themselves associated with increases in the risk of suicide. Patients of all ages who are started on therapy should be monitored appropriately and observed closely for clinical worsening, suicidality, or unusual changes in behavior. Families and caregivers should be advised of the need for close observation and communication with the prescriber. This drug is not approved for use in pediatric patients.

MONITORING RECOMMENDATIONS RELATED TO BLACK BOX DATA—Close observation for suicidal thinking or unusual changes in behavior.

Warning: These medications could be very dangerous if taken in large doses. Symptoms of overdose include convulsions (seizures); dizziness (severe); drowsiness (severe); fast or irregular heartbeat; fever; muscle stiffness or weakness (severe); restlessness or agitation; trouble in breathing; vomiting

See standard reference text for an all-inclusive list of side effects.

Client Initial	Date	

Medication : Aventyl; Pamelor - (nortriptyline)

## By my signature below, I GIVE consent for the named medication on Page 1 and anticipated dosage range. My signature also indicates that I understand the following:

- 1. I can refuse to give consent or can withdraw my consent at any time with written notification to the institution director or designee. This will not affect my right to change my decision at a later date. If I withdraw consent after a medication is started, I realize that the medication may not be discontinued immediately. Rather, it will be tapered as rapidly as medically safe and then discontinued so as to prevent an adverse medical consequence, such as seizures, due to rapid medication withdrawal.
- Questions regarding this medication can be discussed with the Interdisciplinary Team, including the physician. The staff contact person can assist in making any necessary arrangements.
- Questions regarding any behavior support plan or behavior intervention plan, which correspond with the use of the medication, can be directed to the client's social worker, case manager, or psychologist.
- I have the right to request a review at any time of my record, pursuant to § 51.30(4)(d) or § 51.30(5)(b).
- I have a legal right to file a complaint if I feel that client rights have been inappropriately restricted. The client's social worker, case manager, or agency/facility client rights specialist may be contacted for assistance.
- My consent permits the dose to be changed within the anticipated dosage range without signing another consent.
- I understand the reasons for the use of the medication, its potential risks and benefits, other alternative treatment(s), and the probable consequences that may occur if the proposed medication is not given. I have been given adequate time to study the information and find the information to be specific, accurate, and complete.
- This medication consent is for a period effective immediately and not to exceed fifteen (15) months from the date of my signature. The

need for and continued use of this medication will be reviewed at least quarte client, will be to arrive at and maintain the client at the minimum effective dos		eam. The goal, on behalf of the				
SIGNATURES		DATE SIGNED				
Client – If Presumed Competent to Consent/Parent of Minor/Guardian (POA-HC)	Relationship to Client  Parent Guardian (F	Self POA-HC)				
Staff Present at Oral Discussion	Title					
Client / Parent of Minor / Guardian (POA-HC) Comments						
As parent/guardian (POA-HC) was not available for signature, he/she was verbally informed of the information in this consent.						
Verbal Consent						
Obtained by – PRINT – Staff Name	Date Obtained	Written Consent Received ☐ Yes ☐ No				
Obtained from – PRINT – Parent / Guardian (POA-HC) Name	Date Expires	Date Received				