INFORMED CONSENT FOR MEDICATION

Dosage and / or Side Effect information last revised on 10/29/2018

Completion of this form is voluntary. If not completed, the medication cannot be administered without a court order unless in an emergency. This consent is maintained in the client's record and is accessible to authorized users.

Name – Patient / Client (Last, First MI)	ID Number	Living Unit	Date of Birth

Name – Individual Preparing This Form	Name – Staff Contact	Name / Telephone Number – Institution

MEDICATION CATEGORY	MEDICATION	RECOMMENDED DAILY TOTAL DOSAGE RANGE	ANTICIPATED DOSAGE RANGE
Anticholinergic	Cogentin (Benztropine)	Adults and children over 3: 1mg – 8mg per day	

The anticipated dosage range is to be individualized, may be above or below the recommended range but no medication will be administered without your informed and written consent.
Recommended daily total dosage range of manufacturer, as stated in *Physician's Desk Reference* (PDR) or another standard reference.
This medication will be administered ☐ Orally ☐ Injection ☐ Other – Specify:

1. Reason for Use of Psychotropic Medication and Benefits Expected (note if this is 'Off-Label' Use)
Include DSM-5 diagnosis or the diagnostic "working hypothesis."

2. Alternative mode(s) of treatment other than OR in addition to medications include
Note: Some of these would be applicable only in an inpatient environment.

☐ Environment and/or staff changes
☐ Positive redirection and staff interaction
☐ Individual and/or group therapy
☐ Rehabilitation treatments/therapy (OT, PT, AT)
☐ Treatment programs and approaches (habilitation)
☐ Use of behavior intervention techniques

Other Alternatives:

3. Probable consequences of NOT receiving the proposed medication are

Impairment of ☐ Work Activities ☐ Family Relationships ☐ Social Functioning

Possible increase in symptoms leading to potential

☐ Use of seclusion or restraint
☐ Limits on access to possessions
☐ Limits on personal freedoms
☐ Limit participation in treatment and activities
☐ Limits on recreation and leisure activities
☐ Intervention of law enforcement authorities
☐ Risk of harm to self or others

Other Consequences:

Note: These consequences may vary depending upon whether or not the individual is in an inpatient setting. It is also possible that in unusual situations, little or no adverse consequences may occur if the medications are not administered.

See Page 2

Client Initial _____ Date _____

4. Possible side effects, warnings, and cautions associated with this medication are listed below. This is not an all-inclusive list but is representative of items of potential clinical significance to you. For more information on this medication, you may consult further with your physician or refer to a standard text, such as the PDR. As part of monitoring some of these potential side effects, your physician may order laboratory or other tests. The treatment team will closely monitor individuals who are unable to readily communicate side effects in order to enhance care and treatment.

Continued – Possible side effects, warnings, and cautions associated with this medication.

Most Common Side Effects
Most common side effects include increased heart rate, nausea, constipation, dry mouth, blurred vision, difficult or painful urination.

Less Common Side Effects
Less common side effects include vomiting, confusion, disorientation, memory impairment, visual hallucinations, numbness of fingers, dilated pupils, skin rash, heat stroke, hyperthermia, and fever.

Caution
Cardiovascular: Use with caution in patients with rapid heartbeat due to cumulative action of benztropine. Monitoring is recommended.
Dermatologic: Severe deficiency in production of sweat and fatal hyperthermia have been reported. Preexisting sweat disturbance may increase risk. Use with extreme caution during hot weather, especially when given with other atropine-like agents to patients with chronic illness, alcohol dependence, CNS disease, or to those doing manual labor in hot environments. Avoid strenuous exercise and dehydration with this medication. If suspected, consider the possibility of hyperthermia and adjust dose if necessary.
Musculoskeletal: Muscle weakness or movement problems may occur, especially with large doses. Dose adjustment required.
Neurologic: Movement disorders may occur, particularly with long-term therapy or after discontinuation. Use not recommended in patients with tardive dyskinesia. Report symptoms of muscle weakness/stiffness, facial grimacing, tongue thrusting, and/or random movement or extremities to primary care provider.
Ophthalmic: Use not recommended in patients with closed-angle glaucoma.
Psychiatric: May impair mental or physical abilities required for performance of hazardous tasks.
Psychiatric: Mental confusion and excitement may occur, especially with large doses and in susceptible patients. Monitoring recommended.
Psychiatric: Exacerbation of mental symptoms may occur in patients with mental disorders following neuroleptic treatment for extrapyramidal disorders and may precipitate toxic psychosis. Monitoring recommended.
Psychiatric: Visual hallucinations have been reported. Monitoring recommended.
Renal: Urinary retention has been reported. Painful urination may occur.
Reproductive: Use with caution in patients with prostatic hypertrophy due to the cumulative action of benztropine. Monitoring recommended.
Special populations: Use with caution in patients over 3 years of age due to anticholinergic effects. Use is contraindicated in children less than 3 years of age.
Special populations: Caution use in elderly patients. Oral benztropine is not recommended for prevention of antipsychotic-induced extrapyramidal symptoms or for the treatment of Parkinson disease as more effective agents are available. In particular, avoid in elderly patients with delirium or at high risk for delirium because its strong anticholinergic properties may cause or worsen delirium. Avoid in patients with dementia and cognitive impairment due to the risk of adverse CNS effects. Avoid in men with lower urinary tract symptoms or benign prostatic hyperplasia as decreased urinary flow and urinary retention may occur.

See PDR for an all-inclusive list of side effects.

 Client Initial _____ Date _____

Medication : Cogentin - (Benztropine)

By my signature below, I GIVE consent for the named medication on Page 1 and anticipated dosage range. My signature also indicates that I understand the following:

1. I can refuse to give consent or can withdraw my consent at any time with written notification to the institution director or designee. This will not affect my right to change my decision at a later date. If I withdraw consent after a medication is started, I realize that the medication may not be discontinued immediately. Rather, it will be tapered as rapidly as medically safe and then discontinued so as to prevent an adverse medical consequence, such as seizures, due to rapid medication withdrawal.
2. Questions regarding this medication can be discussed with the Interdisciplinary Team, including the physician. The staff contact person can assist in making any necessary arrangements.
3. Questions regarding any behavior support plan or behavior intervention plan, which correspond with the use of the medication, can be directed to the client's social worker, case manager, or psychologist.
4. I have the right to request a review at any time of my record, pursuant to § 51.30(4)(d) or § 51.30(5)(b).
5. I have a legal right to file a complaint if I feel that client rights have been inappropriately restricted. The client's social worker, case manager, or agency/facility client rights specialist may be contacted for assistance.
6. My consent permits the dose to be changed within the **anticipated dosage range** without signing another consent.
7. I understand the reasons for the use of the medication, its potential risks and benefits, other alternative treatment(s), and the probable consequences that may occur if the proposed medication is not given. I have been given adequate time to study the information and find the information to be specific, accurate, and complete.
8. This medication consent is for a period effective immediately and not to exceed fifteen (15) months from the date of my signature. The need for and continued use of this medication will be reviewed at least quarterly by the Interdisciplinary Team. The goal, on behalf of the client, will be to arrive at and maintain the client at the minimum effective dose.

SIGNATURES		**DATE SIGNED**
Client – If Presumed Competent to Consent/Parent of Minor/Guardian (POA-HC)	Relationship to Client ☐ Self ☐ Parent ☐ Guardian (POA-HC)	
Staff Present at Oral Discussion	Title	

Client / Parent of Minor / Guardian (POA-HC) Comments

As parent/guardian (POA-HC) was not available for signature, he/she was verbally informed of the information in this consent.

Verbal Consent

Obtained by – PRINT – Staff Name	Date Obtained	Written Consent Received ☐ Yes ☐ No
Obtained from – PRINT – Parent / Guardian (POA-HC) Name	Date Expires	Date Received

Client Initial _____ Date _____