

**INFORMED CONSENT FOR MEDICATION**

Dosage and / or Side Effect information last revised on 12/22/2017

Completion of this form is voluntary. If not completed, the medication cannot be administered without a court order unless in an emergency. This consent is maintained in the client's record and is accessible to authorized users.

|  |  |                      |             |                                       |
|--|--|----------------------|-------------|---------------------------------------|
| Name – Patient / Client (Last, First MI) |  | ID Number            | Living Unit | Date of Birth                         |
| Name – Individual Preparing This Form    |  | Name – Staff Contact |             | Name / Telephone Number – Institution |

| MEDICATION CATEGORY     | MEDICATION          | RECOMMENDED DAILY TOTAL DOSAGE RANGE   | ANTICIPATED DOSAGE RANGE |
|-------------------------|---------------------|--|--------------------------|
| Beta-Adrenergic Blocker | Tenormin (atenolol) | Oral:<br>Adults: 25mg – 100mg once daily<br>Children: weight based dosing (up to 100mg once daily) |                          |

The anticipated dosage range is to be individualized, may be above or below the recommended range but no medication will be administered without your informed and written consent.

Recommended daily total dosage range of manufacturer, as stated in *Physician's Desk Reference* (PDR) or another standard reference.

This medication will be administered  Orally  Injection  Other – Specify:

**1. Reason for Use of Psychotropic Medication and Benefits Expected (note if this is 'Off-Label' Use)**

Include DSM-5 diagnosis or the diagnostic "working hypothesis."

**2. Alternative mode(s) of treatment other than OR in addition to medications include**

Note: Some of these would be applicable only in an inpatient environment.

- |   |   |
|---|---|
| <input type="checkbox"/> Environment and/or staff changes           | <input type="checkbox"/> Rehabilitation treatments/therapy (OT, PT, AT)   |
| <input type="checkbox"/> Positive redirection and staff interaction | <input type="checkbox"/> Treatment programs and approaches (habilitation) |
| <input type="checkbox"/> Individual and/or group therapy            | <input type="checkbox"/> Use of behavior intervention techniques          |

**Other Alternatives:**

**3. Probable consequences of NOT receiving the proposed medication are**

Impairment of  Work Activities  Family Relationships  Social Functioning

**Possible increase in symptoms leading to potential**

- |  |  |
|--|--|
| <input type="checkbox"/> Use of seclusion or restraint                   | <input type="checkbox"/> Limits on recreation and leisure activities |
| <input type="checkbox"/> Limits on access to possessions                 | <input type="checkbox"/> Intervention of law enforcement authorities |
| <input type="checkbox"/> Limits on personal freedoms                     | <input type="checkbox"/> Risk of harm to self or others              |
| <input type="checkbox"/> Limit participation in treatment and activities |  |

**Other Consequences:**

**Note:** These consequences may vary depending upon whether or not the individual is in an inpatient setting. It is also possible that in unusual situations, little or no adverse consequences may occur if the medications are not administered.

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4. Possible side effects, warnings, and cautions associated with this medication are listed below. This is not an all-inclusive list but is representative of items of potential clinical significance to you. For more information on this medication, you may consult further with your physician or refer to a standard text, such as the PDR. As part of monitoring some of these potential side effects, your physician may order laboratory or other tests. The treatment team will closely monitor individuals who are unable to readily communicate side effects in order to enhance care and treatment.

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Continued – Possible side effects, warnings, and cautions associated with this medication.

**Most Common Side Effects**

More common side effects include tiredness, dizziness, fatigue, cold hands or feet, low blood pressure, depression, diarrhea, nausea, constipation.

**Rare Side Effects**

Rare side effects include shortness of breath, hairloss, wheezing, psychosis.

**Caution**

Caution using this medication in patients with diabetes since it may mask the increased heart rate that usually signals hypoglycemia (low blood sugars).

Caution using this medication during pregnancy.

Caution using this medication with thyroid disease (hyperthyroidism) since it may mask the increase in heart rate associated with hyperthyroidism. Abrupt withdrawal of atenolol may precipitate a thyroid storm.

Caution using this with calcium channel blockers like verapamil and diltiazem since bradycardia (slowing of the heart) and heart block can occur.

Caution using this medication in elderly patients or patients with renal impairment since it is excreted by the kidneys.

**BLACK BOX WARNING**

Abrupt withdrawal of atenolol is not advised in patients with coronary artery disease. Severe exacerbation of angina and the occurrence of myocardial infarction and ventricular arrhythmias have been reported in patients with angina following the abrupt discontinuation of therapy with beta-blockers. The last two complications may occur with or without preceding exacerbation of the angina pectoris. As with other beta-blockers, when discontinuation of atenolol is planned, observe the patient carefully and advise the patient to limit physical activity to a minimum. If the angina worsens or acute coronary insufficiency develops, it is recommended that atenolol be promptly reinstated, at least temporarily. Because coronary artery disease is common and may be unrecognized, it may be prudent not to discontinue atenolol therapy abruptly, even in patients treated only for hypertension.

**WARNINGS**

**Bronchospastic disease:** In general, patients with bronchospastic disease such as asthma or chronic obstructive pulmonary disease should not receive beta-blockers. Use cautiously with close monitoring.

Check with your prescriber immediately if you experience any of the following severe side effects: rash on the skin or eyes, difficulty breathing, shortness of breath, disorientation, short term memory loss, fever with sore throat, muscle spasms in the throat, chest pain, irregular heart beat, leg pain, and depression (discouragement, irritable, lack of appetite, loss of interest or pleasure, trouble sleeping, or trouble concentrating).

See PDR for an all-inclusive list of side effects.

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**By my signature below, I GIVE consent for the named medication on Page 1 and anticipated dosage range. My signature also indicates that I understand the following:**

1. I can refuse to give consent or can withdraw my consent at any time with written notification to the institution director or designee. This will not affect my right to change my decision at a later date. If I withdraw consent after a medication is started, I realize that the medication may not be discontinued immediately. Rather, it will be tapered as rapidly as medically safe and then discontinued so as to prevent an adverse medical consequence, such as seizures, due to rapid medication withdrawal.
2. Questions regarding this medication can be discussed with the Interdisciplinary Team, including the physician. The staff contact person can assist in making any necessary arrangements.
3. Questions regarding any behavior support plan or behavior intervention plan, which correspond with the use of the medication, can be directed to the client's social worker, case manager, or psychologist.
4. I have the right to request a review at any time of my record, pursuant to § 51.30(4)(d) or § 51.30(5)(b).
5. I have a legal right to file a complaint if I feel that client rights have been inappropriately restricted. The client's social worker, case manager, or agency/facility client rights specialist may be contacted for assistance.
6. My consent permits the dose to be changed within the **anticipated dosage range** without signing another consent.
7. I understand the reasons for the use of the medication, its potential risks and benefits, other alternative treatment(s), and the probable consequences that may occur if the proposed medication is not given. I have been given adequate time to study the information and find the information to be specific, accurate, and complete.
8. This medication consent is for a period effective immediately and not to exceed fifteen (15) months from the date of my signature. The need for and continued use of this medication will be reviewed at least quarterly by the Interdisciplinary Team. The goal, on behalf of the client, will be to arrive at and maintain the client at the minimum effective dose.

**SIGNATURES**

**DATE SIGNED**

|   |  |  |
|---|--|--|
| Client – If Presumed Competent to Consent/Parent of Minor/Guardian (POA-HC) | Relationship to Client <input type="checkbox"/> Self<br><input type="checkbox"/> Parent <input type="checkbox"/> Guardian (POA-HC) |  |
| Staff Present at Oral Discussion  | Title  |  |
| Client / Parent of Minor / Guardian (POA-HC) Comments                       |  |  |

**As parent/guardian (POA-HC) was not available for signature, he/she was verbally informed of the information in this consent.**

**Verbal Consent**

|   |               |  |
|---|---------------|--|
| Obtained by – PRINT – Staff Name                        | Date Obtained | Written Consent Received<br><input type="checkbox"/> Yes <input type="checkbox"/> No |
| Obtained from – PRINT – Parent / Guardian (POA-HC) Name | Date Expires  | Date Received  |