Wisconsin HAI Education Series

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Dialysis Dynamics

Ethical Decisions and Infection Control In Action

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Disclaimer

- The Wisconsin HAI Prevention Program is nonregulatory.
- There is no affiliation with any facilities or products.
- All content is based on current guidance and best practices.

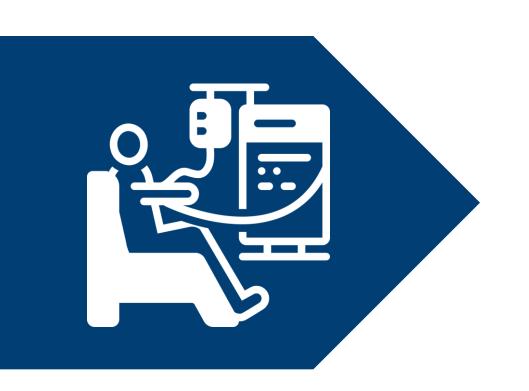
Objectives

- Explain different dialysis modalities and locations.
- Discuss pros and cons of each modality.
- Discuss infection prevention and control risk considerations.
- Discuss the ethical principles that guide modality selection.

Dialysis Modalities and Locations



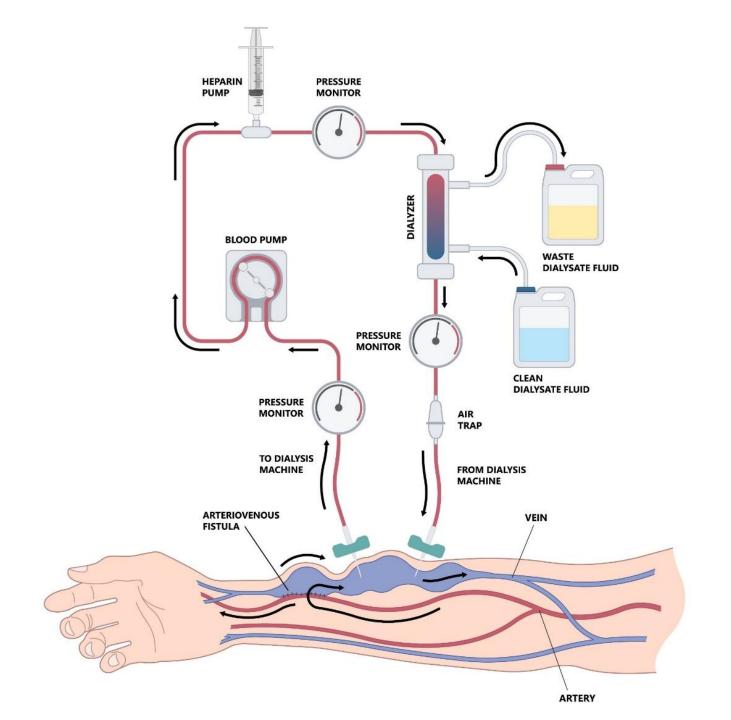
What is Dialysis?



Treatment that cleans blood when kidneys are unable to remove waste and excess fluid.

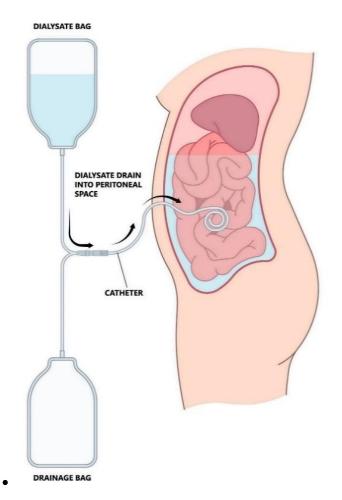
Hemodialysis

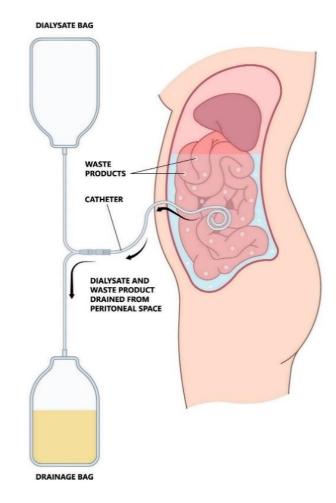
- Most common form of dialysis.
- Removes blood from the body by a machine through a dialysis access.
- Three main vascular access types:
 - Central venous catheter (CVC)
 - Arterial venous graft (AVG)
 - Arterial venous fistula (AVF)



Peritoneal Dialysis

- Blood vessels in peritoneum filter blood through pre-made dextrose-based dialysis solution.
- Solution flows into peritoneum through peritoneal catheter.
- Requires daily treatments.





Why is Dialysis Needed?

Dialysis is needed for those with:

- Acute renal failure.
- End stage renal failure.



Treatment Modalities









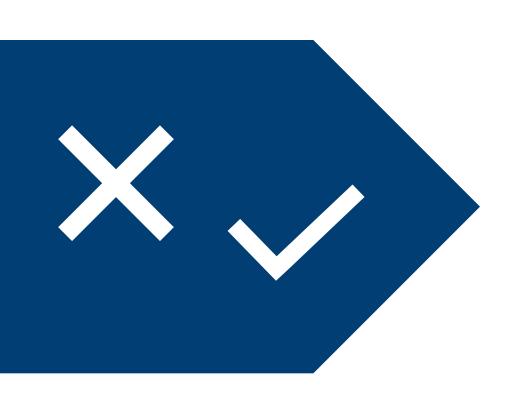




Dialysis Dynamics



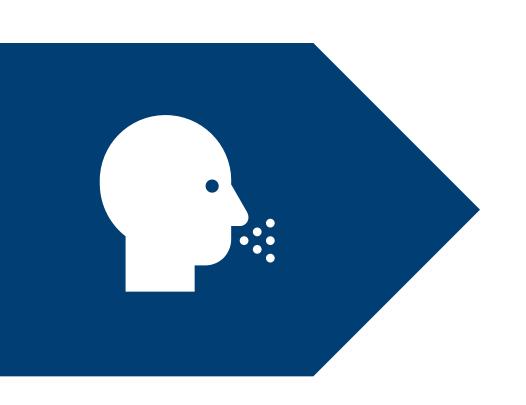
Pros and Cons



Why is this important?

- Understanding the available options
- Making an educated decision

Infection Prevention and Control



- Weakened immune system
- Frequent access of bloodstream
- Environmental factors

Staphylococcus aureus

- Staph aureus is the most common infectious agent seen in dialysis patients.
- Dialysis patients are at a higher risk of methicillinresistant Staph aureus (MRSA) infections.



Ethical Considerations



- Data disparities
- Financial constraints
- Chronic disease
- Lack of access to home treatments

Modalities



Hemodialysis in Clinic

- Performed in an outpatient setting
- Medical staff always available
- Usually occurs three times weekly for approximately four hours

Pros of Hemodialysis in Clinic

- Trained staff available
- Maintained supplies and equipment
- Convenient
- Social engagement with others

- Separation of home life and medical life
- Three treatments per week
- No care partner needed



Cons of Hemodialysis in Clinic

- Vascular access is needed
- Dietary restrictions
- Fixed schedule and travel
- Post dialysis fatigue
- Complications
- Infection risk



Infection Prevention Considerations

- Access site infections
- Blood stream infections
- Environmental infection control
- Personal protective equipment (PPE) use
- Hepatitis B and C
- Water management



Ethical Considerations

- Informed consent
- Lifestyle considerations
- Patient-life and work-life balance needs



Hemodialysis in SNF

- Performed in a skilled nursing setting
- Performed by facility or contracted staff

Pros of Hemodialysis in SNF

- Performed on site
- Reduced travel
- Improved access to facilities
- Lowered disruption to patient schedules
- Discharged from hospital earlier



Cons of Hemodialysis SNF

- Staffing shortages in SNFs
- Space and equipment limitations due to facility size
- Increased risk of complications due to age, fragility, and comorbidities
- Communication breakdowns



Infection Prevention Considerations

- Cross contamination into facilities
- Staff training and competency
- Water management



Ethical Considerations

- Quality of the care able to be provided
- Financial considerations
- Shared responsibilities
- Family dynamics



Hemodialysis at Home

- Performed at the patient's home
- Performed on their own or with care partner
- No medical staff present

Pros of Home Hemodialysis

- Control over schedule
- More personal time
- Less exposure to infections
- Improved quality of life
- Less dietary restrictions
- Improved survival rate



Cons of Home Hemodialysis

- Training required
- Care partner may be needed
- No staff present
- Storage of equipment and supplies

- Infection risk
- Psychosocial issues
- Time commitment



Infection Prevention Considerations

- Hand hygiene
- Cleaning of equipment and dialysis area
- Access care
- Water management



Ethical Considerations

- Comprehension and skill level
- Home environment
- Caregiver responsibilities
- Patient-life and work-life balance needs

Peritoneal Dialysis

- Performed at home
- May be performed continuously during the day or overnight
- No medical staff present

Pros of Peritoneal Dialysis

- Two types of peritoneal dialysis available
- Flexible schedule
- Health benefits
- Fewer dietary restrictions
- Preserves kidney function
- No needles



Cons of Peritoneal Dialysis

- No staff present
- Lab draws required
- Risk of peritonitis
- Risk of hernia

- Weight gain possible
- No days off
- No swimming



Infection Prevention Considerations

- Peritonitis infection
- Exit site care
- Home environment
- Contamination risk during set up, connection, or disconnection

Ethical Considerations

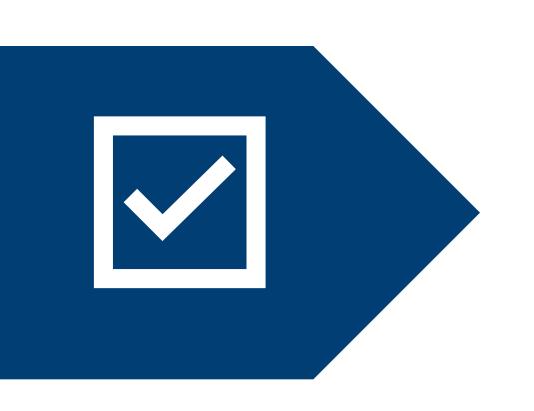
- Comprehension and skill level
- Home environment
- Caregiver responsibilities
- Patient-life and work-life balance needs



Transplant

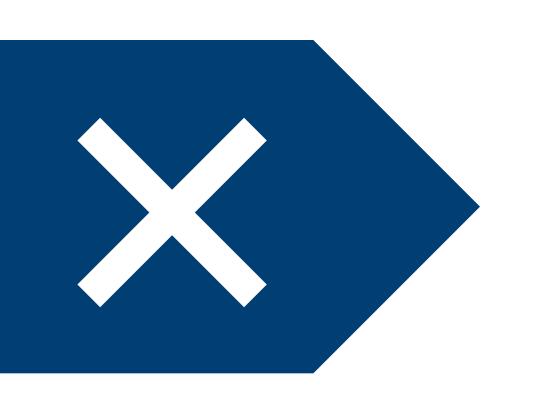
- Live donor or cadaver
- Types of live donor transplant:
 - Paired donation
 - Shared donor program

Transplant Pros



- No dialysis
- Improved quality of life
- Improved life expectancy

Transplant Cons



- Rejection or complications
- Medications
- Long-term issues

Infection Prevention Considerations

- HAI risk
- Weakened immune system
- Vaccines recommendations



Ethical Considerations

- Fair opportunities to access
- Living versus deceased donors
- Informed consent
- Insurance
- Religions and cultural considerations

Donor Requirements



- Age limits
- Medical conditions
- Consent
- Time commitment
- Financial commitment

Recipient Requirements

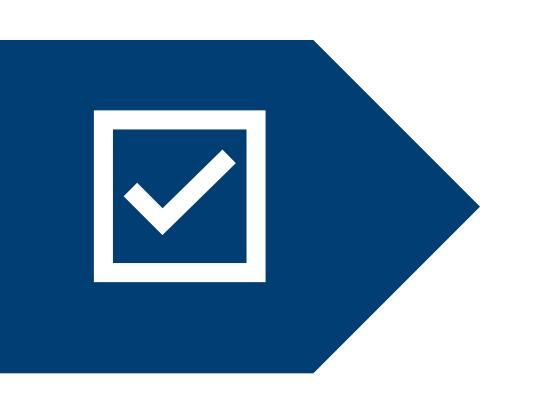


- End stage renal disease on dialysis or stage 4 or 5 chronic kidney disease
- Health status
- Life expectancy of at least five years
- Consistent caregiver
- Insurance

No treatment

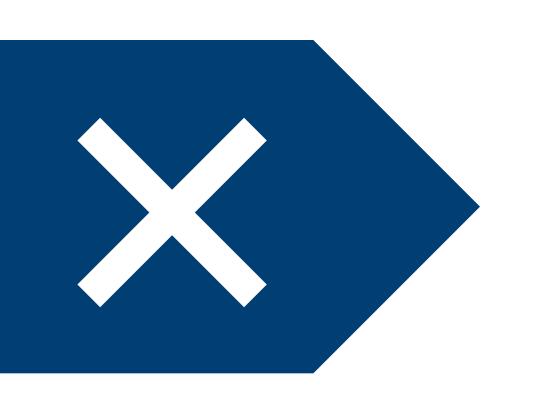
- No transplant
- No dialysis

Pros of No Treatment



- Quality of life
- Reduce complications
- Dietary liberty

Cons of No Treatment



- Complications
- Reduced life expectancy
- Unexpected death

Ethical Considerations

- Personal autonomy
- Religious or cultural
- Mental health
- Know the "why"
- Palliative care

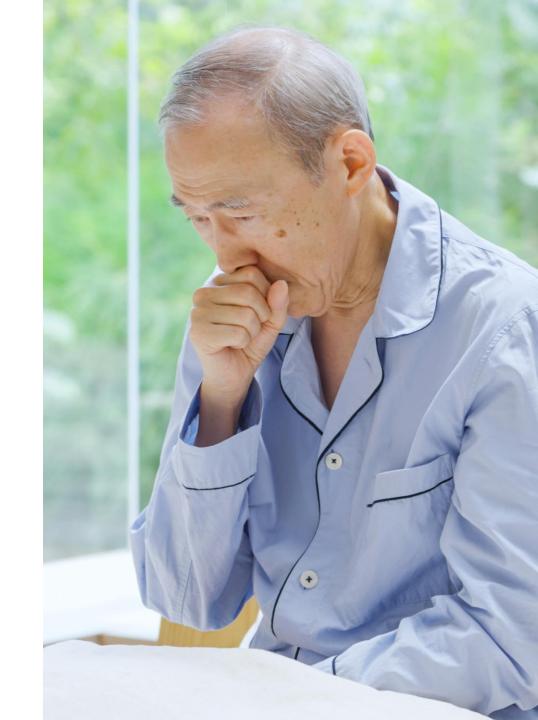


Case Studies



Which modality might be a good choice for this patient?

- Elderly widowed man
- Lives alone
- Hasn't been taking good care of himself (not taking meds, skipping meals)



Which modality might be a good choice for this patient?

- Working, single mom
- School-aged children
- Limited income



Resources

- HAI: Infection Prevention in Dialysis Settings
- Dialysis Safety
- <u>Bacteremia in Hemodialysis Patients</u>
- Medical Management of the Dialysis Patient: Infectious Complications
- Preventing Infections, Midwest Kidney Network
- National Kidney Foundation Annual Report–2019
- Hemodialysis

Want more information on infection prevention in dialysis settings?



Scan QR code or visit: www.dhs.wi.gov/hai/dialysis.htm

Questions?

Thank you!



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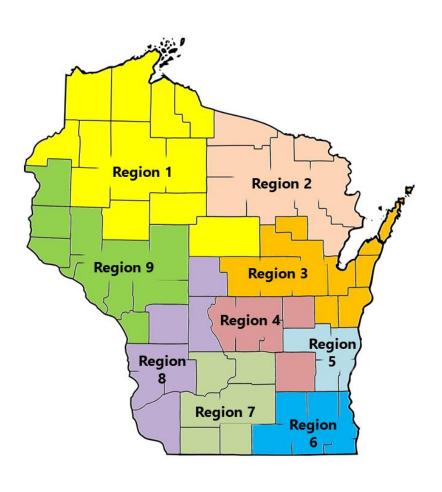
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Prevention

Education

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Home > For Partners & Providers > Healthcare-Associated Infections: Resources for Health Professionals > HAI Infection Prevention Education

HAI: Home

For Health Professionals

For Patients & Families

Infection Prevention Education

Infection Preventionist Starter Kit

Multidrug-Resistant Organisms

Precautions

HAI Data

National Healthcare Safety Network

Antimicrobial Stewardship



HAI Infection Prevention Education

IPs play an essential role in facility infection prevention policy development, surveillance, and risk assessment. IPs also serve as a resource to other staff and programs within their facilities. The resources on this page are intended to connect health care facility infection preventionists (IP) with education materials to support their role in preventing, detecting, and responding to healthcare-associated infections (HAI).

■ Webinars

HAI Education Series

The HAI Education Series provides educational presentations on topics including infection prevention, HAIs, antibiotic stewardship, disease surveillance, and outbreak response for health care staff in all setting types, local and Tribal health departments, and other health care partners. Each session features a new, timely topic presented by the Department of Health Services (DHS) program staff, HAI infection preventionists, partner organizations, or other external subject matter experts.

The HAI Education Series is a monthly webinar series, typically held the fourth Thursday of each month. Register for the <u>HAI Education Series</u> ①.

HAI Education Series recordings

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Upcoming HAI Education Session

No HAI Education Series Session in July

Date: August 28, 2025

Topic: Medication and Injection Safety

