Infection Preventionist Lunch and Learn

October 14, 2025

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Series Objectives

- Encourage learning, growth, and networking
- Provide non-regulatory education and information
- Discuss topics relevant to new infection preventionists (IPs)

Bloodborne Pathogens Refresher



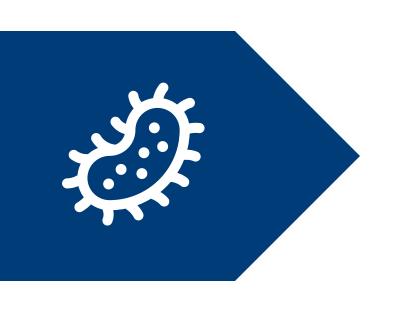
Today's Discussion

- Define bloodborne pathogens and significant exposures.
- Outline ways to prevent significant exposures and how to follow up if they happen.
- Briefly review the bloodborne pathogens standard.

Bloodborne Pathogens (BBPs)



What are BBPs?



Microorganisms found in blood and other bodily fluids including:

- Hepatitis B.
- Hepatitis C.
- HIV.

Significant Exposures



Significant Exposure

Exposures occur through:

- Needlesticks.
- Percutaneous sharps injuries.
- Splashes or sprays of blood or other potentially infectious material (OPIM) to eyes, mouth, or nose.
- Contact of blood or OPIM to non-intact skin.

Post Exposure Steps



Immediate First Aid Care

- Needlesticks, punctures, or cuts:
 - Wash the area with soap and water
 - Do not squeeze
- Splashes to the mouth, nose, eyes, on nonintact skin:
 - Rinse with water

Post Exposure Steps



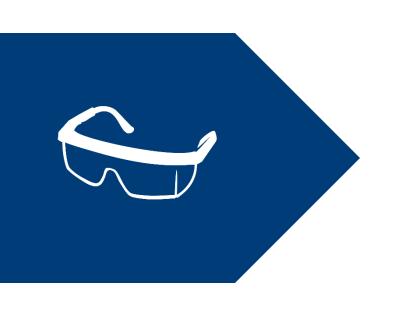
Post Exposure Steps



Post-Exposure Testing

- If the source patient is known, testing for bloodborne pathogens may be an option.
- In some cases, post-exposure prophylaxis (PEP) may be warranted.
- Follow-up should occur as soon as possible as some PEP must be given within hours of exposure.

Preventing Significant Exposures



- Wear appropriate personal protective equipment based on anticipated risk.
- Utilize safe sharps devices.
- Implement work practice controls.

Bloodborne Pathogens Standard



Bloodborne Pathogens Standard

- Set forth by the Occupational Safety and Health Administration (OSHA).
- Designed to protect workers from health hazards in blood and OPIM.

Provisions Include:

- Engineering and work practice controls
- Hepatitis B vaccination
- Hazard communication
- Training
- Exposure control plans

Resources

- DHS, Reportable Exposures
- CDC (Centers for Disease Control and Prevention), <u>Bloodborne Infectious Disease</u> <u>Risk Factors Webpage</u>
- OSHA, <u>BBP Fact Sheet</u>

IP Starter Kit

- Interactive, web-based resource
- Background information, resources, and templates
- Covers topics applicable to IPs across care settings



HAI Prevention Program Contact Information



Email: dhs:wisconsin.gov



Phone: 608-267-7711



Website: www.dhs.wisconsin.gov/hai/contacts.htm

Send your questions and topic suggestions.

Submit your ideas to Ashley O'Keefe at ashley.okeefe@dhs.wisconsin.gov.



Upcoming Lunch and Learn Session

Date: Tuesday, November 11, 2025

Topic: Surgical Site Infections