# Infection Preventionist Lunch and Learn

November 11, 2025

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## Series Objectives

- Encourage learning, growth, and networking
- Provide non-regulatory education and information
- Discuss topics relevant to new infection preventionists (IPs)

### Surgical Site Infection Prevention

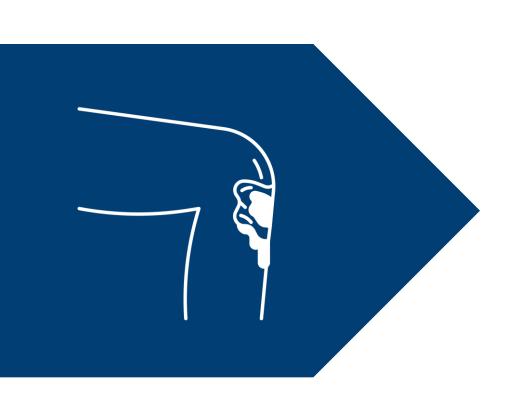
Jennifer Kuhn, BSN, RN, CIC Infection Preventionists



## Today's Discussion

- Review surgical site infection (SSI) definition and classifications
- Discuss the importance of SSI bundles based on best practices
- Review updates to the Society for Healthcare Epidemiology of America (SHEA) guidelines

### SSIs



#### SSIs are:

- Infections that occur after surgery, in the area of the body where the procedure took place.
- The most common and expensive HAI.

### SSI Classifications

#### Superficial incisional

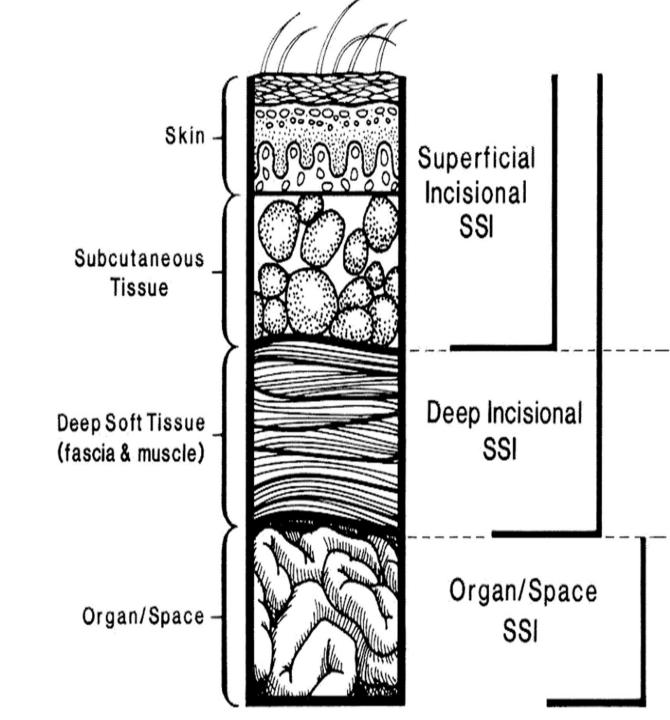
- Involves only skin or subcutaneous tissue of the incision
- Primary or secondary attribution

#### **Deep incisional**

- Involves the fascia and/or muscular layers
- Primary or secondary attribution

### Organ Space

Involves any part of the body below the skin, fascia or muscles layers that is opened or manipulated during the procedure



#### SSI Guidelines















### SSI Bundles

- Based on high level evidence-based practices.
- Consists of three to five elements.
- Applied reliably and consistently.



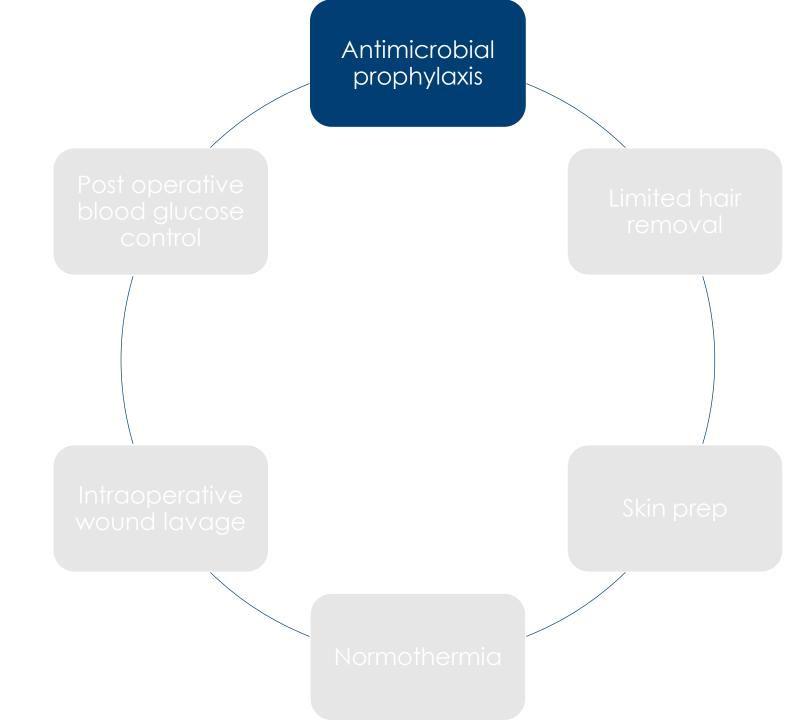
#### **Practice** Recommendation Strategies to **Prevent Surgical** Site Infections in **Acute-care** Hospitals: 2022 Update

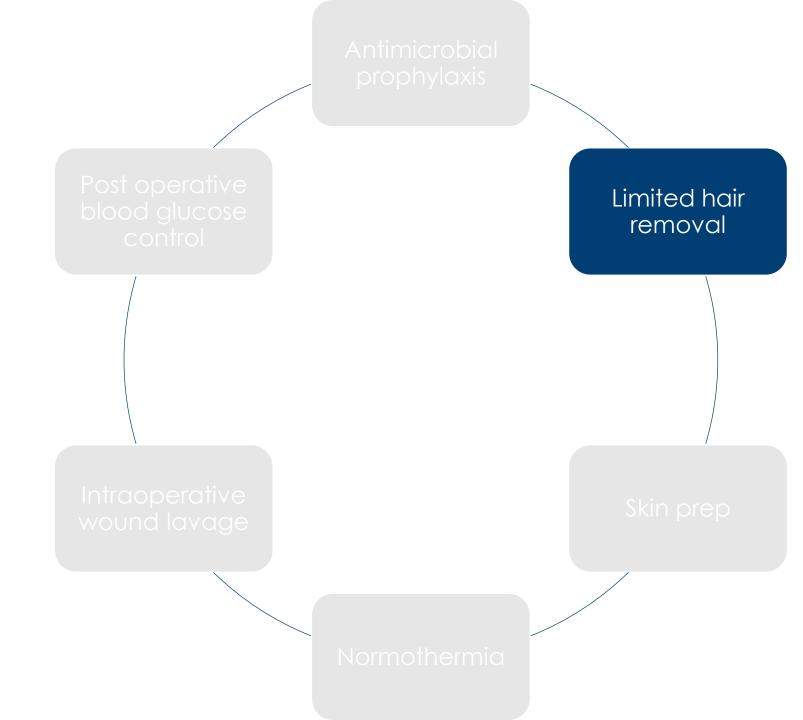
Table 1. Summary of Recommendations to Prevent Surgical Site Infections (SSIs)

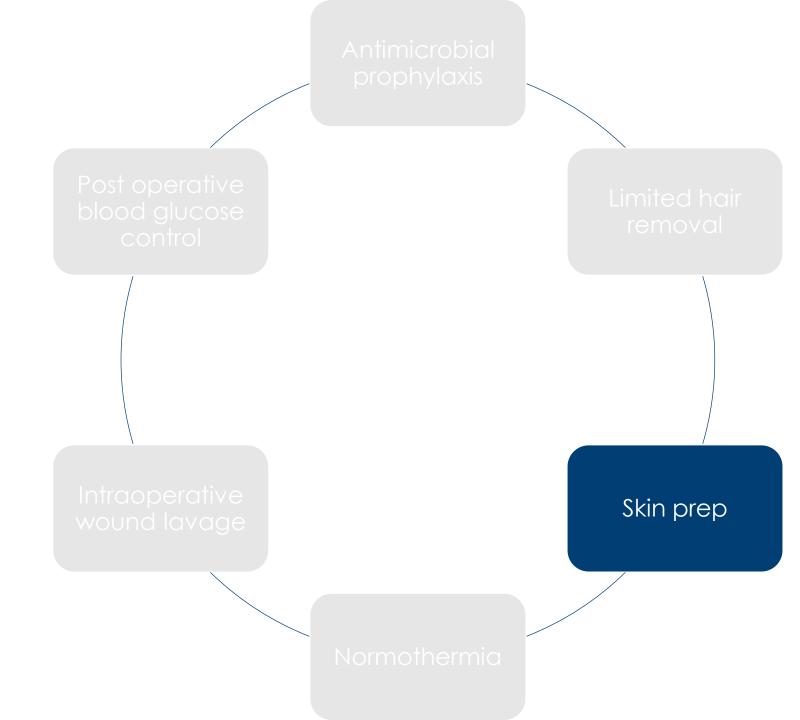
- 1. Administer antimicrobial prophylaxis according to evidence-based standards and guidelines. 73,75 (Quality of evidence: HIGH)
- 2. Use a combination of parenteral and oral antimicrobial prophylaxis prior to elective colorectal surgery to reduce the risk of SSI.<sup>115,116</sup> (Quality of evidence: HIGH)
- Decolonize surgical patients with an anti-staphylococcal agent in the preoperative setting for orthopedic and cardiothoracic procedures. (Quality of evidence: HIGH)
  Decolonize surgical patients in other procedures at high risk of staphylococcal SSI, such as those involving prosthetic material. (Quality of evidence:
- 4. Use antiseptic-containing preoperative vaginal preparation agents for patients undergoing cesarean delivery or hysterectomy. (Quality of evidence: MODERATE)
- 5. Do not remove hair at the operative site unless the presence of hair will interfere with the surgical procedure. 4,119 (Quality of evidence: MODERATE)
- 6. Use alcohol-containing preoperative skin preparatory agents in combination with an antiseptic. (Quality of evidence: HIGH)
- 7. For procedures not requiring hypothermia, maintain normothermia (temperature > 35.5°C) during the perioperative period. (Quality of evidence: HIGH)
- 8. Use impervious plastic wound protectors for gastrointestinal and biliary tract surgery. (Quality of evidence: HIGH)
- 9. Perform intraoperative antiseptic wound lavage. 171 (Quality of evidence: MODERATE)
- 10. Control blood-glucose level during the immediate postoperative period for all patients. 4 (Quality of evidence: HIGH)
- 11. Use a checklist and/or bundle to ensure compliance with best practices to improve surgical patient safety. (Quality of evidence: HIGH)
- 12. Perform surveillance for SSI. (Quality of evidence: MODERATE)
- 13. Increase the efficiency of surveillance by utilizing automated data. (Quality of evidence: MODERATE)
- 14. Provide ongoing SSI rate feedback to surgical and perioperative personnel and leadership. (Quality of evidence: MODERATE).
- 15. Measure and provide feedback to HCP regarding rates of compliance with process measures. 94 (Quality of evidence: LOW)
- 16. Educate surgeons and perioperative personnel about SSI prevention measures. (Quality of evidence: LOW)
- 17. Educate patients and their families about SSI prevention as appropriate. (Quality of evidence: LOW)
- 18. Implement policies and practices to reduce the risk of SSI for patients that align with applicable evidence-based standards, rules and regulations, and medical device manufacturer instructions for use.<sup>4,94</sup> (Quality of evidence: MODERATE)
- 19. Observe and review operating room personnel and the environment of care in the operating room and in central sterile reprocessing. (Quality of evidence: LOW)

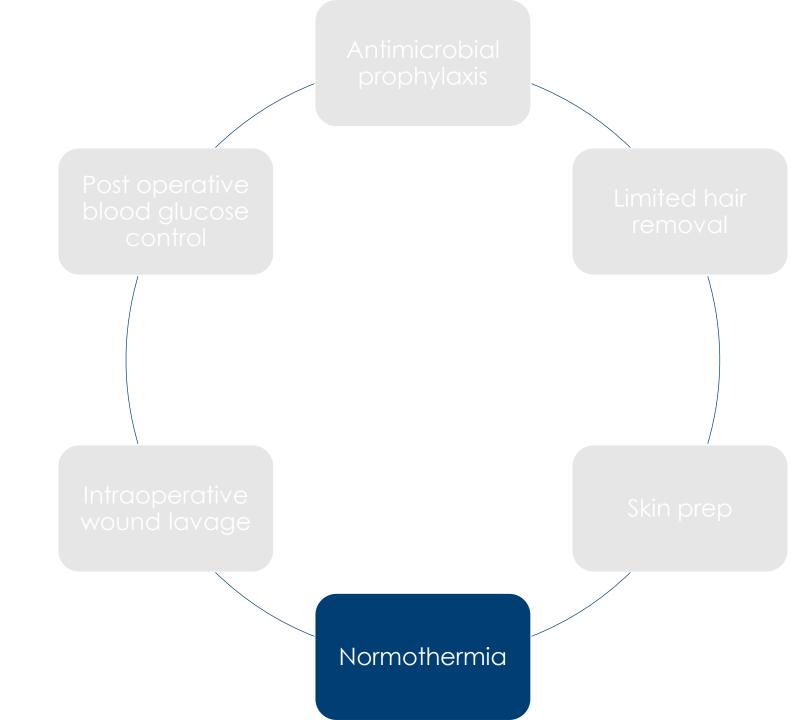
## **Quality of Evidence**

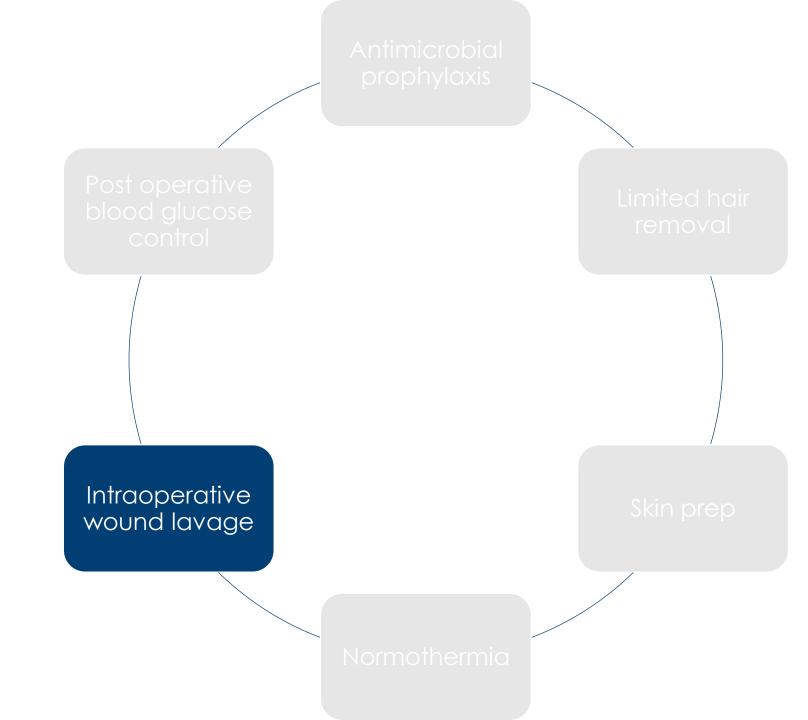


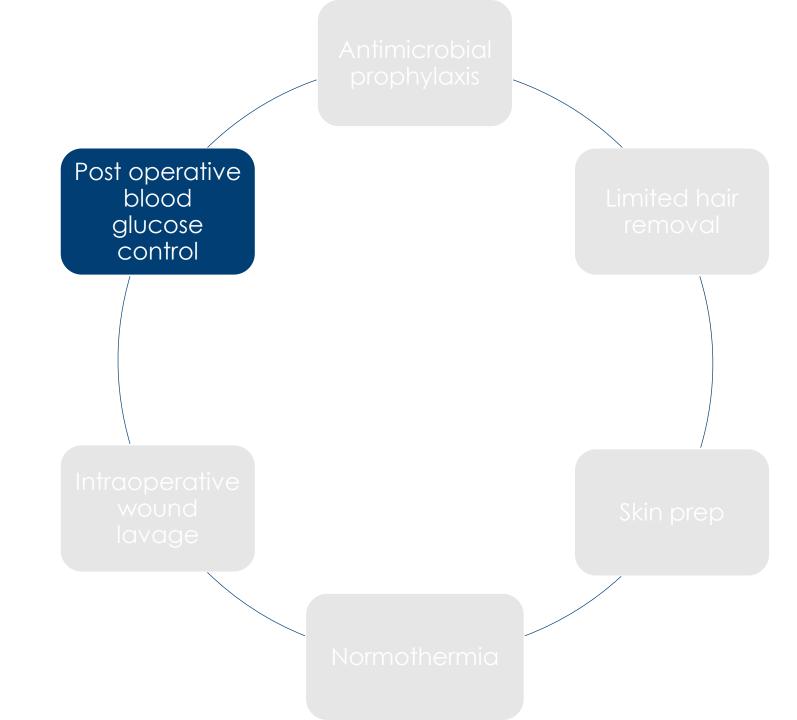












### **Essential Quality Practices**



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Policies and procedures

Observations

### Additional Approaches

SSI Risk Assessment

Negative pressure dressings

Observations in Pre-op/PACU, and surgical units

Antiseptic-impregnated sutures

### Discouraged Routine Approaches

#### Do not routinely:

- Use Vancomycin
- Delay surgery for parenteral nutrition
- Use antiseptic drapes

#### Unresolved Issues

Tissue oxygenation

Chlorhexidine gluconate (CHG) decolonization for cardiothoracic procedures

Gentamicin-collagen sponge use

Antimicrobial powder use

Surgical attire use

## Take Aways

- Review current SSI bundle utilized in your facility.
- Review compliance with current bundle elements.
- Compare current SSI bundle with updated resources.
- Update bundle elements and continue to monitor for reliability, if necessary.

## Questions?

Thank you!



#### **IP Starter Kit**

- Interactive, web-based resource
- Background information, resources, and templates
- Covers topics applicable to IPs across care settings



## HAI Prevention Program Contact Information

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**Phone:** 608-267-7711

Website: www.dhs.wisconsin.gov/hai/contacts.htm

## Send your questions and topic suggestions.

Submit your ideas to Ashley O'Keefe at <u>ashley.okeefe@dhs.wisconsin.gov</u>.



# Upcoming Lunch and Learn Session

Date: Tuesday, December 9

Topic: Hand Hygiene