



Wisconsin  
Department of Health Services

Veterans Outreach and Recovery Program  
(VORP)  
Behavioral Health Issues

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## VORP

A comprehensive coordinated outreach, treatment and recovery support program serving veterans who are homeless, **or** at risk for becoming homeless, **and** have a behavioral health disorder.



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## Criteria for Enrollment in VORP

Verification of the following:

- Military Service
- Homeless, or at risk for becoming homeless
- Behavioral Health Diagnosis



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## Outreach Recovery Specialist (ORS)

- Peer Support
- Regions
- Training
- Motivational Interviewing (MI)
- Collaboration



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## Motivational Interviewing (MI)

- a method that works on facilitating and engaging intrinsic motivation within the person in order to change behavior.
- is a collaborative, person-centered communication style that emphasizes eliciting and strengthening motivation to change by helping clients to explore and resolve ambivalence



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## Fidelity to MI

- Staff training by the state expert in MI
- Staff provide taped sessions for review
- All stages of MI included in taped examples
- Three tapes to fidelity at each level
- Ongoing training and technical assistance



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## Behavioral Health Screening

### Instruments used for mental health/substance abuse screening

<b>C-SSRS</b> – Columbia Suicide Severity Rating Scale	Suicide Ideation
<b>PHQ-9</b> – Patient Health Questionnaire - 9	Depression
<b>GAD-7</b> – Generalized Anxiety Disorder - 7	Anxiety
<b>PC-PTSD</b> – Primary Care-Posttraumatic Stress Disorder	Trauma
<b>MDQ</b> – Mood Disorder Questionnaire	Bi-Polar Disorder
<b>AUDIT</b> – Alcohol Use Disorder Identification Test	Alcohol Use
<b>DAST-10</b> – Drug Abuse Screening Test-10	Drug Use



# VORP Behavioral Health Prescreen

Please answer each question to the best of your ability:

Over the past 2 weeks, how often have you been bothered by:	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Feeling nervous, anxious, or on edge	0	1	2	3
4. Not been able to stop or control worrying	0	1	2	3
<b>Over the past month (#5 &amp; 6):</b>				
5. Have you wished you were dead or wished you could go to sleep and not wake up?				Yes No
6. Have you actually had any thoughts of killing yourself?				Yes No
<b>Has there ever been a period of time when you were not your normal self and ...</b>				
7. ...you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble?				Yes No
8. ...you got much less sleep than usual and found that you didn't really miss it?				Yes No
<b>In your life, have you ever had any experience that was so frightening, horrible, or upsetting that, in the past month:</b>				
9. Have had nightmares about it or thought about it when you did not want to?				Yes No
10. Tried hard not to think about it or went out of your way to avoid situations that reminded you of it?				Yes No
11. Were constantly on guard, watchful, or easily startled?				Yes No
12. Felt numb or detached from others, activities, or your surroundings?				Yes No
<b>During the past 12 months (#13):</b>				
13. Have you used drugs other than those required for medical reasons?				Yes No
14. How often do you have a drink containing alcohol?				
(0) Never				
(1) Monthly or less				
(2) 2 to 4 times a month				
(3) 2 to 3 times a week				
(4) 4 or more times a week				
15. How many standard drinks containing alcohol do you have on a typical day?				
(0) 1 or 2				
(1) 3 or 4				
(2) 5 or 6				
(3) 7 to 9				
(4) 10 or more				
16. How often do you have six or more drinks on one occasion?				
(0) Never				
(1) Less than monthly				
(2) Monthly				
(3) Weekly				
(4) Daily or almost daily				



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## VORP Prescreen Scoring

Questions	Screen	Positive Score
1-2	PHQ-2 Depression	"More than half the days" and/or "Nearly every day" for either
3-4	GAD Anxiety	"More than half the days" and/or "Nearly every day" for either
5-6	C-SSRS Suicide	"Yes" to either
7-8	MDQ Mood	"Yes" to either
9-12	PC-PTSD	"Yes" to any 3 questions
13	DAST-10 Drug use	"Yes"
14-16	AUDIT-C Alcohol Use	Men-score of 4 or more Women-score of 3 or more

**Follow-up:** Results of Pre-Screen should be discussed with the Veteran using E-P-E. All positive results should be followed by administration of appropriate Full Screens or referral for further assessment.



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## Referral for Services

- Veteran's Hospitals and Clinics
- Private and Non-profit Clinics
- County Behavioral Health Services
- "Thank you", cards and calls
- Clinical Coordinator Assessment as needed



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## Data Collection

- Homeless Management Information System (HMIS)
- Government Performance and Results Act (GPRA)



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## All Contacts: HMIS

a local information technology system used to collect client-level data and data on the provision of housing and services to homeless individuals and families and persons at risk of homelessness.



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## Enrollees: GPRA

GPRA is intended to increase program effectiveness and public accountability by promoting a new focus on results, service quality, and customer satisfaction.



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## Clinical Coordination

- Case Consultation, individually and as a group
- Meeting with enrollees, as needed
- Assessment, as needed
- Chart Reviews
- On going MI observation and training
- On going Behavioral Health Training