

Wisconsin Public Psychiatry Network Teleconference (WPPNT)

- This teleconference is brought to you by the Wisconsin Department of Health Services (DHS) Bureau of Prevention, Treatment and Recovery and the University of Wisconsin-Madison, Department of Psychiatry.
- The Department of Health Services makes no representations or warranty as to the accuracy, reliability, timeliness, quality, suitability or completeness of or results of the materials in this presentation. Use of information contained in this presentation may require express authority from a third party.

1

---

---

---

---

---

---

---

---

## The Invisible Population Addressing LGBTQ Health Disparities

Presentation by: Robin Matthies, MSW

Health Disparities Coordinator  
Division of Public Health  
Tobacco Prevention and Control Program



---

---

---

---

---

---

---

---

### Overview

- **LGBTQ 101**
- **Stressors**
- **LGBTQ Risk Behaviors**
- **Health Outcomes**
- **Next Steps**



101

Stressors

Risk Behaviors

Outcomes

Next

---

---

---

---

---

---

---

---

**LGBTQ**



Lesbian  
Gay  
Bisexual  
Transgender  
Queer

101   Stressors   Risk Behaviors   Outcomes   Next

---

---

---

---

---

---

---

---



**First Memories**

What is your first memory of...

Gender Identity?

Gender Expression?

Sexual Orientation?

Transgender Identity?

101   Stressors   Risk Behaviors   Outcomes   Next

---

---

---

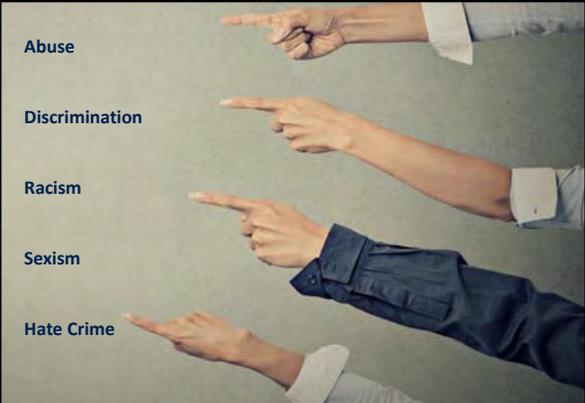
---

---

---

---

---



**Abuse**

**Discrimination**

**Racism**

**Sexism**

**Hate Crime**

101   Stressors   Risk Behaviors   Outcomes   Next

---

---

---

---

---

---

---

---

## First Memories

Witnessing Discrimination?

Experiencing Discrimination?

Having a bias?



101   Stressors   Risk Behaviors   Outcomes   Next

---

---

---

---

---

---

---

---

## First Memories



101   Stressors   Risk Behaviors   Outcomes   Next

---

---

---

---

---

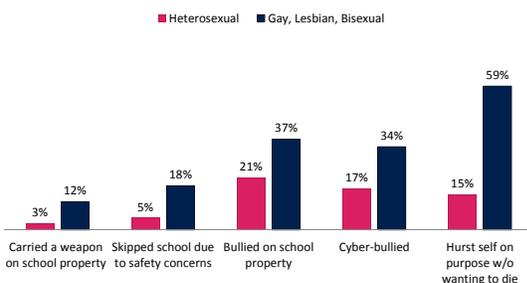
---

---

---

## LGB Youth Feel Less Safe at School Than Their Straight Peers

■ Heterosexual   ■ Gay, Lesbian, Bisexual



Category	Heterosexual	Gay, Lesbian, Bisexual
Carried a weapon on school property	3%	12%
Skipped school due to safety concerns	5%	18%
Bullied on school property	21%	37%
Cyber-bullied	17%	34%
Hurt self on purpose w/o wanting to die	15%	59%

Source: Wisconsin Department of Public Instruction, Youth Risk Behavior Survey (YRBS), 2013.

101   Stressors   Risk Behaviors   Outcomes   Next

---

---

---

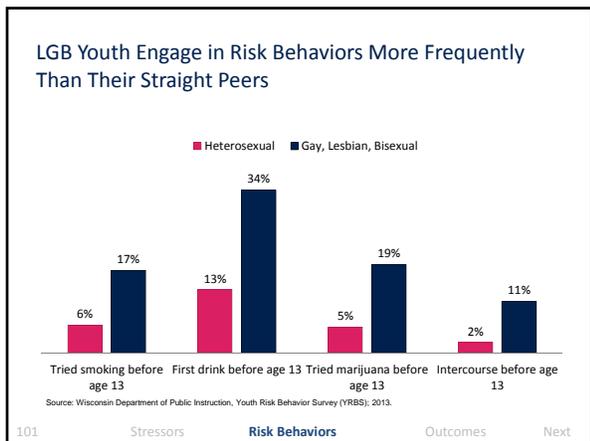
---

---

---

---

---




---

---

---

---

---

---

---

---

---

---

WAIT JUST A MINUTE...

Where is the data on the transgender community??

101      Stressors      **Risk Behaviors**      Outcomes      Next

---

---

---

---

---

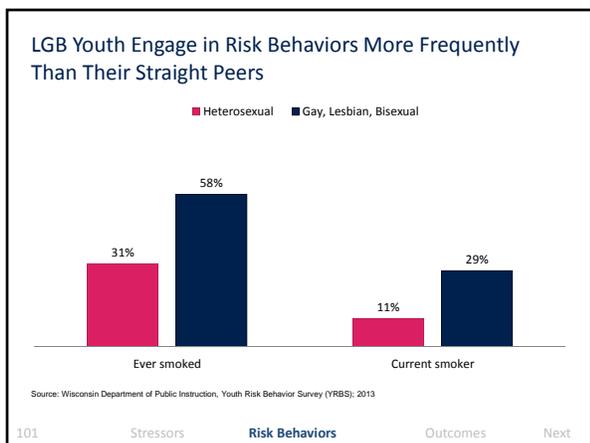
---

---

---

---

---




---

---

---

---

---

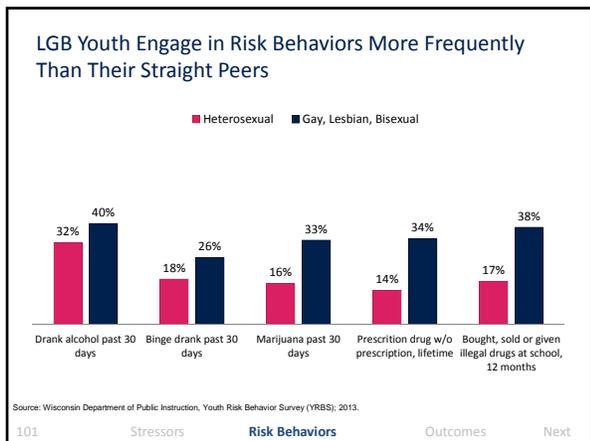
---

---

---

---

---




---

---

---

---

---

---

---

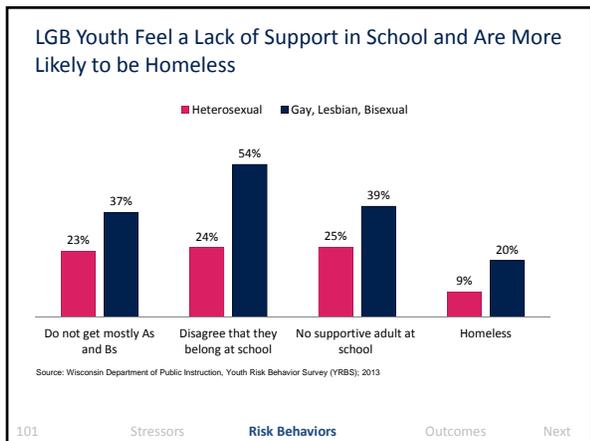
---

---

---

---

---




---

---

---

---

---

---

---

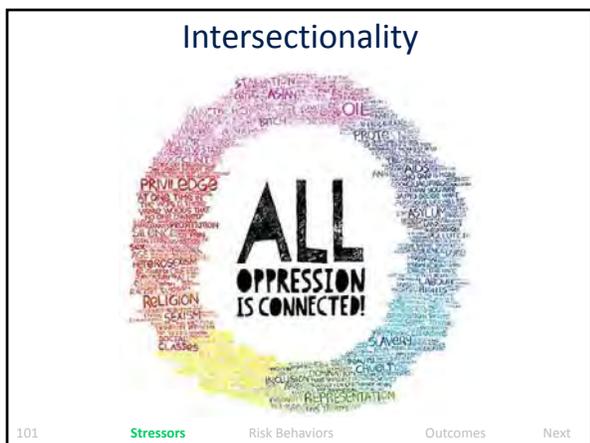
---

---

---

---

---




---

---

---

---

---

---

---

---

---

---

---

---

### Health Outcomes

101   Stressors   Risk Behaviors   **Outcomes**   Next

---

---

---

---

---

---

---

---

### LGB Youth Are More Likely to be Depressed and Suicidal Than Their Straight Peers

Category	Heterosexual	Gay, Lesbian, Bisexual
Depression	22%	57%
Considered suicide	11%	49%
Suicide attempt	4%	28%
Suicide attempt with injury	2%	14%

Source: Wisconsin Department of Public Instruction, Youth Risk Behavior Survey (YRBS), 2013.

101   Stressors   Risk Behaviors   **Outcomes**   Next

---

---

---

---

---

---

---

---

### Transgender and LGB Individuals Have Much Higher Rates of Suicide Attempts

Group	Rate
Trans or Gender Non-Conforming	41%
Lesbian, Gay or Bisexual	20%
Overall Population	4.6%

Williams Institute, UCLA School of Law, 2014

101   Stressors   Risk Behaviors   **Outcomes**   Next

---

---

---

---

---

---

---

---

### Support Systems



101   Stressors   Risk Behaviors   Outcomes   [Next](#)

---

---

---

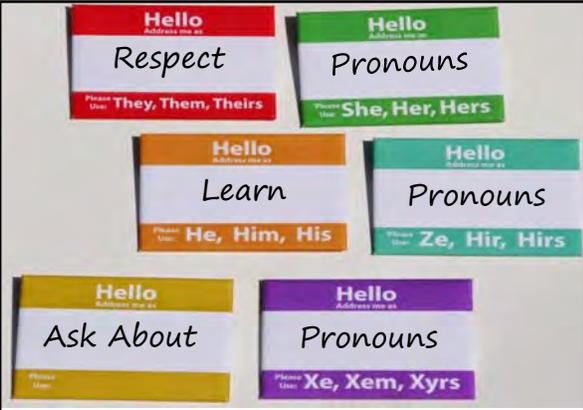
---

---

---

---

---



101   Stressors   Risk Behaviors   Outcomes   [Next](#)

---

---

---

---

---

---

---

---

### Creating an Inclusive Agency

**Where do you begin?**

- Physical space
- Policies
- Forms
- Services
- Events
- Professional development
- Community involvement
- Advocacy

101   Stressors   Risk Behaviors   Outcomes   [Next](#)

---

---

---

---

---

---

---

---

### Creating an Inclusive Agency

- Think BIG, but be realistic
- Step away from agency
  - Think critically
- Identify areas for improvement
  - Be specific
  - Come up with action steps that have outcomes
- Who will be involved?
  - Who will this be presented to?
  - Who will be charged with making changes?
- When will goals be met?

101   Stressors   Risk Behaviors   Outcomes   [Next](#)

---

---

---

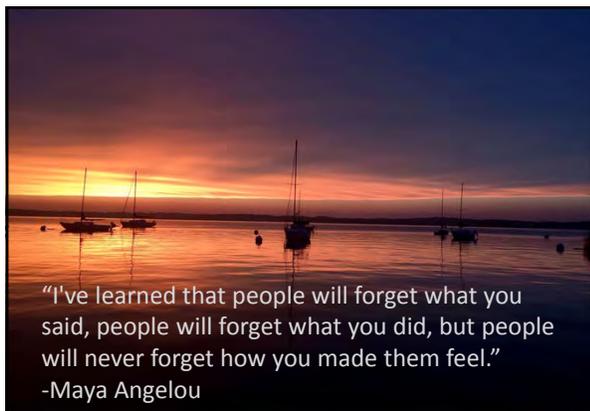
---

---

---

---

---



"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."  
-Maya Angelou

101   Stressors   Risk Behaviors   Outcomes   [Next](#)

---

---

---

---

---

---

---

---

## Thank You!



Contact:  
robin.matthies@wisconsin.gov

---

---

---

---

---

---

---

---