

Peer Run Respite Now Open in Menomonie

Peer Run Respite is a home-like alternative to emergency room visits and psychiatric hospitals for Wisconsin residents 18 or older who are experiencing mental health or substance use challenges.

Details about the Stay

- Open and free to residents of Wisconsin aged 18+
- One-to-one Peer Support is available day or night
- Staffed by trained peers
- Peer-developed, trauma-informed, and wellness-oriented
- An alternative for people who want support for self-directed healing rather than traditional care & treatment services
- Guest stays of up to seven days
- Staff can provide linkages to community resources
- Entrance begins with self-referral and a conversation between the person considering a respite stay and a member of the respite team



Grassroots Wellness Peer Run Respite

820 North Broadway
Menomonie, WI 54751

Phone 715-619-0588, or 1-800-770-0588 ext. 1

www.grassroots-wellness.org