

Solstice House



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For 24/7 peer support, call the
Solstice House Warmline

555-555-5555

Find us on 
[/thesolsticehouse](https://www.facebook.com/thesolsticehouse)



Peer Run Respite

What is Solstice House?

Solstice House is a resource for individuals who are in need of extra support related to mental health and/or substance use challenges. Potential guests are people who want to strengthen their recovery and proactively address any challenges they may be experiencing. Solstice House offers connections and an opportunity for growth and change. Solstice House does not offer any clinical support or services, such as medication management or therapy, but staff are supportive of individuals who may want to connect with these supports in the community.

Who can use Solstice House?

Solstice House is open and free to all adult residents of Wisconsin who want peer support to aid in their recovery related to mental health and/or substance use. All guests participate in a guest conversation to determine if Solstice House is the right fit at the right time in their recovery journey.

Who works at Solstice House?

All of our staff (including those in leadership roles) identify as peers, or people who have lived experience of mental health and/or substance use systems, and have been successful in their own recovery. Peers who work at Solstice House want to share their personal experience to support others and provide hope for wellness.

How can I access Solstice House?

Potential guests speak directly with staff about their experiences, hopes, needs, and how they feel a stay would be beneficial to their recovery. Guests can access Solstice House through self-referral only, meaning that only the individual experiencing a challenge can determine if Solstice House is a good option for them. Stays are completely voluntary.

How long is a respite stay?

Guests can stay up to five nights at Solstice House.

Solstice House Peer Run Respite is a program of SOAR Case Management Services, Inc., funded by the Wisconsin Department of Health Services.