

Lehman's Quality of Life Global Rating Scale (a.k.a., Delighted-Terrible Scale)

Date (MM/DD/YYYY): _____

QL-1. How do you feel about your life in general?

- | | |
|---------------------------|---|
| Terrible..... | 1 |
| Unhappy | 2 |
| Mostly dissatisfied | 3 |
| Mixed..... | 4 |
| Mostly satisfied | 5 |
| Pleased..... | 6 |
| Delighted | 7 |