



My Feelings Matter Poster Contest

The Children's Mental Health Matters Coalition, a group of parents and professionals dedicated to promoting children's mental health, is teaming up with community partners throughout Wisconsin for a youth poster contest.

Creating artwork is one way to support the development of children's social emotional health. The theme of the poster contest is **My Feelings Matter**. The contest commemorates National Children's Mental Health Awareness Week in May and highlights its importance all year round.

Teachers, parents and caregivers may use this activity as a way to encourage youth to create art about their feelings and to conduct age-appropriate conversations about the importance of mental health.

For more information and resources on how to promote positive mental health for all children, check out the community toolkit: <http://wisconsinknowschildrensmentalhealthmatters.wordpress.com/promote-social-emotional-well-being-2>

Entry age groups eligible to participate:

- Preschoolers
- K-2nd grade
- 3rd grade-5th grade
- 6th grade-8th grade
- High school

A prize will be awarded to a winner in each category and winning posters will be displayed at conferences and events. Prizes will not be awarded to participants in consecutive years.

Questions? Contact Kathie Snitker-Magin ksnitker-magin@wiaimh.org or Phyllis Greenberger PhyllisG@drwi.org

All posters must meet the following standards:

- Posters will be accepted from February 1, 2016 and March 18, 2016 (must be postmarked by 3/18/16)
- All posters must express the theme: **My Feelings Matter**
- Paper size **MUST BE**: 11 inches X 17 inches.
- Posters must be original artwork, and may contain multi-media components.
- Posters must be created by one individual (no group posters will be accepted).
- Clear and readable text may be included. Text may be written by the youth or dictated to an adult.
- Using celebrities, cartoons, video games, characters, or other copyrighted images is not allowed.
- DO NOT sign the front of the poster.
- A **FULLY COMPLETED & LEGIBLE** registration form must be taped (not glued) to the back of each poster.
- Only one (1) entry per youth will be accepted.
- Posters will not be returned and may be used for future promotional purposes.
- Parents and teachers may submit an entry on a youth's behalf.
- Any photographs included on the poster must be the property of the artist.

*****Posters that do not meet these standards will not be considered*****

Original posters must be mailed to:
Wisconsin Alliance for Infant Mental Health
133 South Butler Street
Suite 340
Madison, WI 53703



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The Children's Mental Health Matters Coalition will determine the finalists in each category. Finalists will be posted at <http://wisconsinknowschildrensmentalhealthmatters.wordpress.com/> Winners will be selected by a popular vote through the blog.

Notification of Winners:

The prize winners will be notified by email on April 18, 2016, and will be celebrated at an event in Madison on May 5, 2016. Winning posters will be used to promote Children's Mental Health Awareness Week (May 2-May 5, 2016) and its importance year-round.

Contest Entry Form	
<i>Form must be completed in order to be considered</i>	
Student Name	
Grade Level and Age	
School or Organization (if applicable)	
County/Tribe	
Where did you hear about this contest?	
Parent/Guardian Name	
Parent/Guardian Address	
Parent/Guardian Telephone	() -- --
Parent/Guardian Email	
Parent/Guardian Signature*	X

How does your poster fit the theme?

Please describe your work of art in 100 words or less (optional):

I give my permission for this entry to be used in promotional materials _____ (parent initials)

**By entering the Children's Mental Health Matters Coalition ("Coalition") Poster Contest, entrants and their parents or legal guardians agree to:*

1. Abide by the standards listed on page 1.
2. Provide all information requested on entry form. Incomplete applications will not be considered.
3. Be bound by the decisions of the judges and/or the Coalition, which are final and binding on all matters relating to the contest.
4. All entry materials become the sole property of the Coalition upon submission. Entries will not be returned. The Coalition will own and have unrestricted use of entries, including but not limited to free and unlimited rights of the Coalition, its agents, and partners to use, modify, reproduce, publish, publically distribute, use in fundraising efforts, and publically display the entrant's artwork.
5. Accept all risk and consequences of entry and participation in the contest and agree to release and hold harmless the Coalition, its agents, and partners from any and all liability, losses, damages, and costs and expenses arising from or related to this contest.
6. Allow the use of the contestant's name, information, and photograph in connection with advertising and promotional materials and activities for this contest without further permission and without compensation of any kind.
7. Acknowledge that the Coalition reserves the right to suspend or cancel the contest, in its sole discretion, at any time.