Wisconsin Music & Memory Implementation Survey Results

Phase I Six-Month Survey - July 2014
Phase II Six-Month Survey - August 2015
6-month Implementation Surveys

- Phase I - 100 out of 100 Respondents
- Phase II – 144 out of 148 Respondents
Phase I

2. Rate where you are in the WI Music & Memory implementation

- Haven't started: 0
- Early Stage (setting up systems, staff & family engagement, iTunes library): 4
- Middle Stage (have some residents set up and they are using their iPods): 10
- Late Stage (have most residents set up and they are using their iPods): 23
- Have completed implementation: 21
- Have completed implementation and are expanding the program: 43
Phase II
2. Rate where you are in the WI Music & Memory implementation

- Haven't Started: 1
- Early Stage: 17
- Middle Stage: 53
- Late Stage: 31
- Completed: 23
- Completed and Expanding: 19
Phase I
3. Approximately how many songs do you have in your iTunes library?

0 songs, have not started yet: 1
1-100 songs: 6
101-500 songs: 12
501-1000 songs: 17
1001-1500 songs: 14
1501-2000 songs: 14
2001-2500 songs: 13
2501-3000 songs: 7
Over 3000 songs: 17
Phase II
3. Approximately how many songs do you have in your iTunes library?

- 0 songs, haven't started: 3
- 1-100 songs: 18
- 101-500 songs: 39
- 501-1000 songs: 25
- 1001-1500 songs: 13
- 1500-2000 songs: 13
- 2001-2500 songs: 5
- 2501-3000 songs: 1
- 3000+ songs: 27
Phase I
4. Of the 15 residents in the WI Music & Memory Program, how many have shown improvement and are now calmer, more relaxed, less anxious, more engaged or happier?
Phase II
4. Of the 10 residents in the WI Music & Memory Program, how many have shown improvement and are now calmer, more relaxed, less anxious, more engaged or happier?
Phase I
5. Of the 15 residents in the WI Music & Memory Program, how many who were prescribed anti-psychotic or anti-anxiety medications stopped or decreased since implementation?

# Stopped or Decreased

- N/A - Not on any
- 0
- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

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Phase II
5. Of the 10 residents in the WI Music & Memory Program, how many who were prescribed anti-psychotic or anti-anxiety medications stopped or decreased since implementation?
Phase I
6. Of the 15 residents in the WI Music & Memory Program, how many who were using bed alarms, stopped or decreased since implementation?

# Stopped or Decreased

- **N/A - Not on any**: 30
- **0**: 1
- **1**: 4
- **2**: 5
- **3**: 13
- **4**: 1
- **5**: 1
- **6**: 1
- **8**: 1
- **10**: 1
- **15**: 1
Phase II
6. Of the 10 residents in the WI Music & Memory Program, how many who were using bed/chair alarms, have stopped or decreased since implementation?

# Stopped or Decreased

- N/A - Not on any: 62
- 0: 52
- 1: 12
- 2: 8
- 3: 5
- 4: 1
- 5: 3
- unknown: 1
Phase I

7. Enter the number of new residents added to your WI Music & Memory Program beyond the original 15 (please enter zero if you have not expanded). Total 264

0 residents: 43
1 residents: 10
2 residents: 14
3 residents: 11
4 residents: 5
5 residents: 5
6 residents: 3
7 residents: 1
10 residents: 4
11 residents: 1
12 residents: 1
15 residents: 1
20 residents: 1
25 residents: 1

Number of Nursing Homes
Phase II
7. Enter the number of new residents added to your WI Music & Memory Program beyond the original 10 (please enter zero if you have not expanded). Total 243
Phase I
8. How have you expanded your WI Music & Memory program? 66 responders

- iPod Drive, Benefit, Fundraiser: 16
- Forming a Walk team: 20
- Collaboration with High School: 7
- iPod drive local event: 3
- Family, friends, staff donations: 49
- Social Media: 14
- Facility purchased: 5
- Foundation and Grants: 3
- Other: 2
Phase II

8. How have you expanded your WI Music & Memory program? 78 responders

- iPod Drive, Benefit, Fundraiser: 15
- Forming a Walk Team: 8
- Collaboration with School: 10
- Donation from business, community project: 15
- Local event: 3
- Family, friends, staff donation: 64
- Social Media/Newsletter: 16
- Facility Purchased: 2
- Foundation and Grants: 3
- Other: 2
9. What media contacts have you made to promote your WI Music & Memory program? 62 responders

- Newspaper: 33
- Radio: 9
- Television: 4
- Social Media/Newsletters: 15
- Community Org. & Publications: 1
Phase II
9. What media contacts have you made to promote your WI Music & Memory program? 48 responders

- Newspaper: 17
- Radio: 5
- Television: 0
- Social Media/Newsletters: 21
- Community Org. & Publications: 4
Phase I
10. If you contacted media, and they provided coverage, how effective was the coverage in raising awareness about your facility and the WI Music & Memory Program?

44 nursing homes responded

- Very Effective: 11
- Effective: 16
- Neutral: 16
- Ineffective: 1
- Very Ineffective: 1
Phase II

10. If you contacted media, and they provided coverage, how effective was the coverage in raising awareness about your facility and the WI Music & Memory Program?

- 27 Neutral
- 10 Effective
- 3 Very Effective
- 0 Very ineffective
- 0 Ineffective

40 Nursing Homes Responded
Phase I
11. Rate the overall effectiveness of the WI Music & Memory Program for the participating residents.
Phase II
11. Rate the overall effectiveness of the WI Music & Memory Program for the participating residents.
Phase I
12. Rate the overall effectiveness of the WI Music & Memory Program for the participating families/friends.
Phase II
12. Rate the overall effectiveness of the WI Music & Memory Program for the participating families/friends.
Phase I
13. Rate the overall effectiveness of the WI Music & Memory Program for the facility staff.

Very Effective: 19
Effective: 58
Neutral: 11
Ineffective: 1
Very Ineffective: 0
Phase II
13. Rate the overall effectiveness of the WI Music & Memory Program for the facility staff.

![Pie chart showing ratings]

- 84 votes: Effective
- 34 votes: Neutral
- 21 votes: Very Effective
- 0 votes: Ineffective
- 5 votes: Very Ineffective
Phase I
14. Have you participated in the monthly WI Music & Memory support webinars hosted by DHS staff?
Phase II
14. Have you participated in the monthly WI Music & Memory support webinars hosted by DHS staff?

Yes: 123
No: 21
Phase I

15. How effective have the WI Music & Memory support webinars been?
Phase II
15. How effective have the WI Music & Memory support webinars been?
Survey Comments

- “I can't thank you enough for this AWESOME idea. We have found that it has been very effective with our short-term rehab patients as well. Music appears to bridge that gap, assist with recovery and help with depression.”

- “Thanks to private donations, we are in the process of expanding facility wide. The music has brought smiles, tears of joy and many tapping toes to those participating. Those who rarely speak or have expressive difficulties are singing along throughout their favorite songs.”
Survey Comments

- “I was happy with the program support (help line). If I sent an email with a question, I got a timely response back. Please keep this up!”
- “This has been a worthwhile endeavor and gives staff another opportunity to provide individualized, nonpharmacological assistance.”
- “We are very thankful for this program! The residents, staff and family members are all touched by what the music provides!”
Survey Comments

- “This whole program, webinars included, has been terrific!!! Staff and families are all excited that this was put together by the state for our residents.”

- “It's been such a beautiful thing to see a resident go from crying to singing. I'm so proud to be part of this program! Keep it up Wisconsin!”

- “It is a privilege to be a part of the program offering this opportunity for staff to provide increased quality of life for those we serve. The ongoing direction provided and necessary equipment enhanced our success.”
Survey Comments

- “Thank you so much for giving us this opportunity. Our goal is to be an alarm-free facility and I think this program is going to help us achieve that. This program has done wonders and has really increased the quality of life for our residents.”

- “I'm really enjoying this project and I am so proud to be a part of it. I will admit as a music therapist, I felt skeptical about having a machine provide the music. But I'm really pleased with what I am seeing and at the heart of it all, any opportunity to use music in healing is a good thing!!”
Survey Comments

- “We have very much enjoyed the program. The depression scales have dropped on six of our participants. I have implemented a Music & Motion program … and it is very rewarding to see the folks walking and throwing in a few dance steps along the way. It is very uplifting to see staff and visitors grinning from ear to ear as they witness this.”

- “Music is the best thing for a memory! We have experienced many of the residents immediately dancing and singing when they hear their favorite music! Thank you for this fabulous program!”
Survey Comments

- “We have seen a decrease in falls related to the use of the music and memory program. Especially with one resident. He had fallen 7 times in 5 days. Since using the I-pod he has only had 2 falls in the past 4 months!”
- “We LOVE this program! Staff buy in took a bit, but after they see the effects they love it.”
- “Keep up the good work. The music program DOES make a difference.”
- “This is a wonderful program and has proven to be very successful. Thank you for allowing us to be part of it.”
Survey Comments

- “Very effective, have seen positive reactions. Enlightened staff to improved quality of life, in which, allowed an increase for quality of care.”

- “Thank you so much for this wonderful opportunity. The staff, residents and families are very grateful for the generosity of the Wisconsin Music & Memory Program!”

- “I love this program. I wish there were ways to get the whole community involved beyond just donating the music and iPods.”
Survey Comments

- “It has made a huge difference for some of our residents and I have several CNA's, nurse's, and other staff that say it is wonderful for them and the residents.”

- “Even if we don't see a decrease in psychotic medication use, staff are still requesting the iPods. We have many wonderful anecdotes of success stories using the iPods. many times we pair the iPod use with our aromatherapy program. This adds some really great tools for staff to be able to use. Thank you so much!!!”
Survey Comments

- “Thank you for getting us started here with the M & M program. It has really opened our eyes up to the program.
- Don't give up if a resident at first is not interested or doesn't like the headphones initially..try again and tweak the music offerings and try again.”
- “We fully endorse the program and look forward to the next steps and bringing it to more residents.”
- “Yes - It is remarkable what reaction you see with smiles and increase alertness.”
Survey Comments

- “I feel very happy that DHS has looked at this program and put so much time and effort to provide this for facilities. Thank you.”
- “I truly enjoy the webinars and find them very interesting. I do appreciate the information shared after them.”
- “We feel that the Wisconsin Music & Memory Program has been a very positive experience, with great support.”
- “I think the DHS has done everything correct with implementing, being supportive and getting the information out to the nursing homes.”