



The Wisconsin Music & Memory Program

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Kevin Coughlin, Division of
Long Term Care

Pat Benesh, Division of Quality
Assurance





Agenda

- Congratulations and timeline.
- 2016 webinar schedule.
- Lessons learned from Phase I and Phase II.
- Study.
- Who are the “Henrys” in your community?
- Reduction in antipsychotic medications.
- Demo: WI Music & Memory website.
- Questions and answers session, and webinar evaluation.



Congratulations!

- You are now certified and trained as a MUSIC & MEMORY facility.
- Your equipment has arrived, or will arrive soon.
- You are ready to implement the program and find your “Henrys.”
- We’re here to support you.



Implementation

- For the initial seven residents, they must have a diagnosis of Alzheimer's or related dementia **and** they must be Medicaid eligible (this is a criteria because of the funding source).
- Expansion can include any of your residents.
- Use the “Henry” video clip, or the “Alive Inside” film, to encourage buy-in with residents, staff, and families.
- Contact a Phase I or Phase II facility to see if they would be a mentor to you.
- Don't hesitate to ask for help DHSMusicMemory@dhs.wisconsin.gov.



Timeline

- May-July 2015: submission and approval of the civil money penalty (CMP).
- October-November 2015: recruit remaining nursing homes.
- December 2015-January 2016: train and certify nursing homes that were recruited.
- January 2016: ship equipment.



Timeline

- January 26, 2016: orientation webinar.
- February-April 2016: full implementation in nursing homes.
- February-December 2016: monthly video conference for support, technical assistance, and sharing of best practices.
- Fall of 2016: evaluation.



2016 Music & Memory Webinar Schedule

First Thursday of the month, 1:30 pm – 2:30 pm CST

Held via Adobe Connect:

<https://connect.wisconsin.gov/dhs-music-memory/>

Enter as a “Guest,” then enter the name of your nursing home

February 4

July 7

March 3

August 4

April 7

September 1

May 5

October 6

June 2

November 3

December 1



Lessons Learned: Phase I and II

- Responses from our 6-month implementation surveys.
- Issues received through the DHS Music & Memory mailbox.
- Questions received, and chat issues during the two years of webinars.
- Calls and contacts with participants.
- Publication P-01177.

<https://www.dhs.wisconsin.gov/publications/p01177.pdf>



Lessons Learned

- Get started right away.
- Encourage administrator and director of nursing support. Facility wide buy-in is needed (all disciplines).
- Show the “Henry” video to all your staff.



Lessons Learned

- Help is available. Contact DHS or national Music & Memory.
- Login to the Music & Memory, Inc. Care Community website frequently.
<https://musicandmemory.force.com/apex/CommunityHome>
- Login to the DHS Music & Memory website frequently.
<https://www.dhs.wisconsin.gov/music-memory/index.htm>
- Attend the DHS monthly webinars and Dan's teleconferences.
- Don't forget to take advantage of Dan's free training for the first year for new employees.



Lessons Learned

- Find volunteers to help out with the technology (high school students are great).
 - Building your iTunes library
 - Creating the individual playlists
- Find tech savvy staff within your organization to help with building your library and playlists.



Lessons learned

- Directions for iPod use readily available on the units.
- Ensure all staff can assist residents with their personalized music.
- Have iPods available to residents all days, all shifts.
- Base on person-centered assessment, find the right time to provide the music, and then make sure it gets scheduled.
 - At least 30 minutes a day
 - Consider a tracking form
- Don't forget to use when necessary (pro re nata - PRN).



Lessons Learned

- Create a culture. Submit your “Henry” stories to the DHS.
- Contact local news media to capture your success.
- Expand your program with donation drives, events, and collaboration.
- Share stories with others. A Phase I participant started a Facebook page:

<https://www.facebook.com/WIMusicandmemory>



Lessons Learned

- If an iPod stops working: unplug it from a power source, leave it for a day, and then plug it back in.
- Back up your Music & Memory music library.

Who Are the “Henry’s” in Your Community?





National Partnership to Improve Dementia Care

- In 2012, Centers for Medicare and Medicaid Services launched the National Partnership to Improve Dementia Care.
- As a nation to reduce the use the use of antipsychotic medications by:

	<u>WI</u>	<u>U.S.</u>
– 15% by end of 2013	14.5	15.1
– 20% by end of 2014	24.8	20.1
– 25% by end of 2015	28.7 (Q2)	24.8 (Q2)
– 30% by end of 2016	TBD	TBD



Website Demo



Website: <http://www.dhs.wisconsin.gov/music-memory>



Answers to Your Questions



Protecting and promoting the health and safety of the people of Wisconsin



If You Need More Information or Have Questions

- Kevin Coughlin, DLTC
kevin.coughlin@wi.gov
(608) 266-6989
- Pat Benesh, DQA
patricia.benesh@wi.gov
(608) 264-9896
- WI Music & Memory mailbox
DHSMusicMemory@dhs.wisconsin.gov